

## AUGUST 2023 – BREAKFAST MIDDLE SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

Offer vs Serve - Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

This institution is an equal opportunity provider.

Menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Georgia grown and locally sourced products and ingredients are offered regularly.	Learn more about Richmond County's Wellness Plans & how to participate at: <a href="#">Nutrition Services / Wellness Policy (rcboe.org)</a>			
7 Chicken Biscuit Muffins Cereal	8 Mini Powdered Donuts Breakfast Snack Bag Poptarts	9 Ham & Cheese Croissant Cinni Minis Cereal Bar with Breakfast Cracker	10 Strawberry Lemonade Smoothie with Breakfast Cracker Honey Bun Cereal	11 Sausage Biscuit Managers Choice Poptarts
14 Chicken Biscuit Uncrustable Cereal	15 Mini Pancakes Breakfast Bento Box Poptarts	16 Breakfast Sausage Flatbread Pizza French Toast Sticks Cereal Bar with Breakfast Cracker	17 Watermelon Smoothie with Breakfast Cracker Cinnamon Toast Puff Pastry Cereal	18 Sausage Biscuit Managers Choice Poptarts
21 Chicken Biscuit Breakfast Scone Cereal	22 Mini Waffles Strawberry Bagels Poptarts	23 Pancake Sausage Wrap Frudel Cereal Bar with Breakfast Cracker	24 Peachy Parfait with Granola Cinnamon Roll Cereal	25 Sausage Biscuit Managers Choice Poptarts
28 Chicken Biscuit Muffins Cereal	29 Mini Powdered Donuts Breakfast Snack Bag Poptarts	30 Ham & Cheese Croissant Cinni Minis Cereal Bar with Breakfast Cracker	31 Strawberry Lemonade Smoothie with Breakfast Cracker Honey Bun Cereal	