

	Monday, January 11 <sup>th</sup>	Tuesday, January 12 <sup>th</sup>	Wednesday, January 13 <sup>th</sup>	Thursday, January 14 <sup>th</sup>	Friday, January 15 <sup>th</sup>
Literacy	<p><b><u>Eric Carle's Opposites</u></b> <b><u>Spot's Opposites</u></b> Assist your child in writing some of the words from the books one word per piece of paper/index card. Ask her to find places around your home where the words "fit." Example: Light switch: On and Off.</p>	<p><b><u>Stick and Stone</u></b> Ask your child to find toys that are opposites: Large toy, small toy. Front of the toy and back of the toy. Help him label the toys with the correct opposite word.</p>	<p><b><u>Good Bye, Friend! Hello, Friend!</u></b> Ask your child, "Who is your friend?" and "What makes that person your friend?" Write her answers on paper saying the words as you write them.</p>	<p><b><u>New Friends Old Friends</u></b> Talk with your child about ways the character in the book could stay in touch with friends when she cannot see them each day. Help your child write a letter and mail it to a relative or a friend.</p>	<p><b><u>Rosie's Walk</u></b> <b><u>Animal Opposites</u></b> Using a stuffed animal or other toy ask your child to have her toy do the same movements as Rosie in the story: walk around the pond, over the haystack, etc.</p>
Phonological Awareness	<p>While saying the poem below, ask your child to move as the rhyme indicates: <i>The itsy-bitsy spider went <u>up</u> the waterspout. <u>Down</u> came the rain and washed the spider out. Out came the <u>sun</u> and dried up all the <u>rain</u>. And the itsy-bitsy spider went up the spout again.</i> Ask your child, "What opposite words did you hear in the poem? What rhyming words did you hear?"</p>	<p>As you are walking or driving with your child, point out objects or places and say the name of the object or place and then add a rhyming word. This will help him begin to "hear" rhyme. For example, "There is a dog. Dog-hog, dog-hog, dog-hog...those words rhyme."</p>	<p>Identify beginning letter sounds with your child by singing this song to the tune of London Bridge. <i>What's the first sound that you hear? That you hear? That you hear? What's the first sound that you hear? In turtle, Tom, and toy?</i> Your child should answer "/t/" (with the sound of T, not the letter name). Repeat using words that start with another letter sound, such as boat, boy, and ball; or kite, candy and kitchen.</p>	<p>Place a collection of four small objects from around the house on a tray, three that start with the same sound and one that begins with a different sound (ex: ball, button, banana, and apple). Sing this <u>song</u> and ask your child to identify the one that "doesn't belong": <i>One of these things is not like the others. One of these things just doesn't belong. Can you tell me which thing is not like the other? When I finish my song?</i></p>	<p>Ask your child to listen for rhyming words as you read this poem: <i>The sun comes up to start the day There's time to learn and time to play We eat our meals and do our chores There's family time and so much more! At night, the moon comes out to shine It's nice to get ready for bedtime We rest our heads and close our eyes The stars, they twinkle in the sky.</i> Ask your child to tell you the things she heard in the poem that happen during the day. Which things happen at night?</p>
Music & Movement	<p><b><u>Body Bop Bop Dance</u></b> <b><u>The Opposites Song</u></b> <b><u>Days of the Week with Chica &amp; Carly</u></b></p>	<p><b><u>Freeze Dance Along With Paw Patrol</u></b> <b><u>Do You Like Lasagna Milkshakes?</u></b> <b><u>Be a Good Friend</u></b></p>	<p><b><u>Fruit Juice</u></b> <b><u>Opposites Songs for Children</u></b> <b><u>Usher's ABC Song</u></b></p>	<p><b><u>Simon Says Song for Children</u></b> <b><u>Head Shoulders Knees and Toes</u></b> <b><u>Bruno Mars: Don't Give Up</u></b></p>	<p><b><u>Get Up to Get Down</u></b> <b><u>Opposite Song for Children</u></b> <b><u>Stand Up, Sit Down Children's Song</u></b></p>
Math & Science	<p>With your child, pour water into a paper or plastic cup or bowl. Explain that the water is a liquid/fluid now. Then place the water filled cup/bowl in the freezer. Ask your child, "What do you think will happen to the liquid water in the freezer overnight?" Discuss his predictions.</p>	<p>Take the cup/bowl of water placed in the freezer yesterday out for your child to see. Ask him, "What happened to the liquid water?" (The water froze into ice because of the very cold temperature in the freezer. It changed from a liquid to a solid). Ask, "Is it possible for the solid ice to change back to liquid water? How?" (Leave the container out for your child to see the ice melt).</p>	<p>Using one of your child's toys, place the item in the positions as stated below and ask her where the toy is: Above your head Below the table Behind the chair In front of the couch On your shoulder Off your shoulder</p>	<p>Take a walk with your child and discuss if today's temperature is hot or cold. Look at the current weather report for today. Discuss the expected temperature for tomorrow: Hot or Cold?  Give your child a cup of warm water and a cup of cold water and ask him to feel and describe each cup and the water in each.</p>	<p>Discuss with your child the ages of her family members. Then ask, "Who is the oldest? Who is the youngest?" Make a chart of each family member's age and discuss how old they will be on their next birthday.</p>
Motor Skills	<p>Take a walk with your child and discuss items outside that are tall and short, light and dark, above the ground and below the ground, etc.</p>	<p>Ask your child to run and walk, jump up and down, dance in place fast and slow.</p>	<p>Pass a ball or pillow with your child back and forth slowly and faster, over her head and under her legs.</p>	<p>March in place with your child, then have him touch his right hand to his left knee. Next, tell him to touch his left hand to his right knee. Repeat.</p>	<p>Ask your child to wipe the table with a cloth with one hand and then the other until the entire table has been wiped.</p>
Social Emotional	<p>Play charades with your child, acting out opposite emotions. Ask her to guess how you are feeling based on your facial expressions. Next, allow your child to act out emotions while you guess how she is feeling.</p>	<p>Role play sharing with your child as you act out opposite choices. Ask, "Should you snatch a toy away that you really want or ask, "May I play with that toy when you are finished?" Discuss how each choice makes him feel, as well as how it would make others feel.</p>	<p>Talk to your child about feelings (anger, happiness, sadness, frustration, or nervousness). Role play different scenarios and practice appropriate ways to deal with the feelings. Example, "You seem to be frustrated that you can't get the toy to work. Let's talk about it and see if we can figure out how to solve the problem."</p>	<p>Create an acts of kindness list with your child, emphasizing ways to practice kindness at home. Write down your child's responses and pick an act of kindness to do each day with him.</p>	<p>Practice listening and self-regulation with your child by playing "Red Light ,Green Light." Your child will move when you say Green Light and stop when you say Red Light. Model turn taking by allowing her to be the leader of the game.</p>