NOVEMBER 2024 – BREAKFAST ELEMENTARY, MIDDLE AND K8 SCHOOLS

*Assorted milk and lactose-free milk are served daily. All students in Richmond County eat at no cost.

This institution is an equal opportunity provider.

Offer vs Serve - Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

The menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetarian options offered daily.	Learn more about Richmond County's Wellness Policy plans & how to participate at <u>Nutrition</u> <u>Services / Wellness Policy (rcboe.org)</u>	*Georgia-grown and locally sourced products and ingredients are offered regularly		1 Sausage Biscuit Muffin Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
4 Chicken Biscuit Cinni Minis Cereal *Assorted Fresh Fruit Assorted Chilled Fruit Juice	5 Belgian Waffles Strawberry Bagels Poptarts Chilled Peach Cup Assorted Chilled Fruit Juice	6 Ham & Cheese Croissant Honey Bun Cereal Bar w/ Breakfast Cracker [*] Fresh Pears Assorted Chilled Fruit Juice	7 Watermelon Smoothie w/ Breakfast Cracker Chocolate Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	8 Sausage Biscuit Muffin Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
11 VETERANS DAY <i>Student Holiday</i>	12 Cinnamon Toast Puff Pastry Breakfast Bento Box Poptarts Assorted Applesauce Cups Assorted Chilled Fruit Juice	13 Breakfast Flatbread Pizza French Toast Sticks Cereal Bar w/ Breakfast Cracker *Orange Wedges Assorted Chilled Fruit Juice	14 Strawberry & Peach Parfait w/ Granola Pull Apart Glazed Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	15 Steak Biscuit Muffin Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
18 Chicken Biscuit PBJ Uncrustable Cereal *Assorted Fresh Fruit Assorted Chilled Fruit Juice	19 Chocolate Chip French Toast Bites Breakfast Snack Bag Poptarts Rosy Pear Cup Assorted Chilled Fruit Juice	20 Pancake Sausage Wrap Frudel Cereal Bar w/ Breakfast Cracker *Apples Assorted Chilled Fruit Juice	21 Strawberry Banana Smoothie w/ Breakfast Cracker Powdered Sugar Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	22 Sausage Biscuit Muffin Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
25 THANKSGIVING BREAK	26 THANKSGIVING BREAK	27 THANKSGIVING BREAK	28 THANKSGIVING BREAK	29 THANKSGIVING BREAK