



HEPHZIBAH FOOTBALL

~ June 2019 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 OFF	4 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	5 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	6 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	7 CAM NEWTON 7-ON-7 8:00 a.m.	8 CAM NEWTON 7-ON-7 8:00 a.m.
9	10 OFF	11 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	12 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	13 MONTGOMERY COUNTY 7-ON-7/LINEMEN CHALLENGE 9:00 a.m.	14 OFF	15
16	17 OFF	18 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	19 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	20 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	21 SINGLE WING COACHES SYMPOSIUM 8:00 a.m.	22 SINGLE WING COACHES SYMPOSIUM 8:00 a.m.
23	24 CSRA OL/DL MINI-CAMP 9:00 a.m.	25 EFFINGHAM COUNTY 7-ON-7/LINEMEN CHALLENGE 9:00 a.m.	26 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	27 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	28 OFF	29
30						

THE STANDARD IS SET; NOW WE MUST LIVE IT OUT EVERY DAY:
REPRESENT. EXCEL. BELIEVE. EXECUTE. LOVE.

#TIME2REBEL



HEPHZIBAH FOOTBALL

~ July 2019 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 OFF DEAD PERIOD	2 OFF DEAD PERIOD	3 OFF DEAD PERIOD	4 OFF DEAD PERIOD	5 OFF DEAD PERIOD	6
7	8 OFF	9 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	10 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	11 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	12 OFF	13
14	15 OFF	16 SUMMER PHASE TRAINING 5:00 p.m. - 7:30 p.m	17 BURKE COUNTY TEAM CONTACT CAMP 5:00 p.m.	18 BURKE COUNTY TEAM CONTACT CAMP 9:00 a.m.	19 OFF	20
21	22 OFF	23 OFF	24 OFF	25 TRAINING CAMP 5:00 p.m. - 7:30 p.m	26 TRAINING CAMP 5:00 p.m. - 7:30 p.m	27
28	29 TRAINING CAMP 5:00 p.m. - 7:30 p.m	30 TRAINING CAMP 5:00 p.m. - 7:30 p.m	31 TRAINING CAMP 5:00 p.m. - 7:30 p.m			

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