

# ALLERGIC REACTION EMERGENCY HEALTH CARE PLAN

ALLERGY TO: \_\_\_\_\_

Student's Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_

Teacher: \_\_\_\_\_ Classroom: \_\_\_\_\_

Is child asthmatic? Yes \_\_\_\_\_ (Higher risk of severe reaction!) No \_\_\_\_\_

## Signs of an Allergic Reaction Include (Circle student's usual symptoms):

**MOUTH:** itching and swelling of the lips, tongue or mouth

**THROAT:** itching and/or a sense of tightness in the throat, hoarseness and hacking cough

**SKIN:** hives, itchy rash and/or swelling about the face or extremities

**GI TRACT:** (uncommonly) nausea, abdominal cramps, vomiting and/or diarrhea

**LUNGS:** shortness of breath, repetitive coughing and/or wheezing

**HEART:** weak and "thready" pulse, "passing out"

The severity of symptoms can change quickly. All of the above symptoms can potentially progress to a life-threatening situation.

## ACTION:

1. If ingestion, exposure or sting is suspected, give \_\_\_\_\_  
(medication, dose, route)  
and \_\_\_\_\_ immediately.

(other actions to be taken)

2. Call 911 or local Emergency Medical Services.

3. Call: Mother/Guardian:ph# \_\_\_\_\_ Father:ph# \_\_\_\_\_  
Pgr/cell# \_\_\_\_\_ Pgr/cell # \_\_\_\_\_

Other emergency contacts \_\_\_\_\_

4. Or call Dr. \_\_\_\_\_ at \_\_\_\_\_

**DO NOT HESITATE TO ADMINISTER MEDICATION OR CALL EMS EVEN IF PARENTS OR DOCTOR CANNOT BE REACHED.**

\_\_\_\_\_  
Parent/Guardian Signature Date

\_\_\_\_\_  
Healthcare Provider's Signature Date

### Staff members trained to give EpiPen® as listed above (name and room #)

- 1.
- 2.
- 3.

**Authorization for Student to Carry a Prescription  
Inhaler, EpiPen® or Insulin**

\_\_\_\_\_ needs to carry the following prescription labeled inhaler, EpiPen® or insulin with him/her. The above named student has been instructed in the proper use of the medication and fully understands how to administer this medication. (It is preferable that a second prescription labeled inhaler, EpiPen® or additional insulin be kept in the clinic in case the first is lost or left at home.)

Medication

Dosage and Directions

Physician's Signature or Stamp

Date

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I have been instructed in the proper use of my prescription labeled medication and fully understand how to administer this medication. I will not allow another student to use my medication under any circumstances. I also understand that should another student use my prescription, the privilege of carrying my medication may be revoked. I also accept the responsibility for checking in with the school nurse to keep her informed of use of my medication in case I start having problems.

Student's Signature

Date

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I hereby request that the above named student, over whom I have legal control, be allowed to carry and use the prescription medication described above, at school. I accept legal responsibility should the above medication be lost, given or taken by a person other than the above named student. I understand that if this should happen, the privilege of carrying the medication may be revoked. I release the RCBOE school district and its employees of Any legal responsibility when the above named student administers his/her own medication.

Parent/Guardian Signature

Date

\* All signatures must be provided for form to be valid.