

Resources for Immediate Response

- [Georgia Crisis & Access Line](#) For immediate **access** to routine or **crisis** services, please call the **Georgia Crisis and Access Line** (GCAL) at 1-800-715-4225. GCAL is available 24 hours a day, 7 days a week and 365 days a year to help you or someone you care for in a **crisis**.
- [Disaster Distress Helpline](#) Call 1-800-985-5990 or text TalkWithUs to 66746. The Disaster Distress Helpline (DDH) provides crisis counseling and support for anyone in the U.S. experiencing distress or other behavioral health concerns related to any natural or human-caused disaster, including public health emergencies.
- [Crisis Text Line](#) Text MHA to 741741 and you'll be connected to a trained Crisis Counselor. Crisis Text Line provides free, text-based support 24/7
- [The Trevor Project](#) Call 1-866-488-7386 or text START to 678678. A national 24-hour, toll free confidential suicide hotline for LGBTQ youth.
- [Dial 2-1-1](#) If you need assistance finding food, paying for housing bills, accessing free childcare, or other essential services, visit 211.org or dial 211 to speak to someone who can help. Run by the United Way.
- [National Domestic Violence Hotline](#) For any victims and survivors who need support, call 1-800-799-7233 or 1-800-799-7233 for TTY, or if you're unable to speak safely, you can log onto theline.org or text LOVEIS to 22522.

