

## December 2022 – BREAKFAST ELEMENTARY, MIDDLE, AND K8 SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

Offer vs Serve - Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

This institution is an equal opportunity provider.

Menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Georgia grown and locally sourced products and ingredients are offered regularly.	Learn more about Richmond County's Wellness Plans & how to participate at: <a href="https://rcboe.org">Nutrition Services / Wellness Policy (rcboe.org)</a>		1 Very Berry Parfait w/ Granola Mini Waffles Managers Choice	2 Sausage Biscuit Poptarts Grits
5 Chicken Biscuit Cinnamon Bun Cereal Bar w/ Breakfast Cracker	6 Strawberry Banana Smoothie w/ Breakfast Cracker Mini Glazed Donuts Breakfast Bread	7 Bacon, Egg, & Cheese Croissant Cinnamon Toast Puff Pastry Cereal	8 Breakfast Flatbread Pizza Breakfast Snack Bag Managers Choice	9 Sausage Biscuit Poptarts Grits
12 Chicken Biscuit Honey Bun Cereal Bar w/ Breakfast Cracker	13 Pancake & Sausage Wrap Sausage, Egg & Cheese Uncrustable Muffin	14 Bacon Grilled Cheese Sandwich Cinni Minis Cereal	15 Very Berry Parfait w/ Granola Mini Waffles Managers Choice	16 Sausage Biscuit Poptarts Grits
19 Chicken Biscuit Cinnamon Bun Cereal Bar w/ Breakfast Cracker	20 Strawberry Banana Smoothie w/ Breakfast Cracker Mini Glazed Donuts Breakfast Bread	21 Student Holiday	22 Student Holiday	23 Student Holiday
26 Student Holiday	27 Student Holiday	28 Student Holiday	29 Student Holiday	30 Student Holiday