

## SEPTEMBER 2022 – BREAKFAST ELEMENTARY MIDDLE AND K8 SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

Offer vs Serve - Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

This institution is an equal opportunity provider.

Menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Georgia grown and locally sourced products and ingredients are offered regularly.	Learn more about Richmond County's Wellness Plans & how to participate at: <a href="https://www.rcboe.org/WellnessPolicy">Nutrition Services / Wellness Policy (rcboe.org)</a>		1 Sausage Biscuit Cereal Bar w/ Breakfast Cracker	2 Honey Bun Poptart w/ Breakfast Cracker
5 Holiday	6 Learn from Home Day	7 Blue Raspberry Smoothie w/ Breakfast Cracker Pancake Wrap	8 Sausage Biscuit Cereal Bar w/ Breakfast Cracker	9 Mini Glazed Donuts Poptart w/ Breakfast Cracker
12 Breakfast Burrito Breakfast Kits	13 Chicken Biscuits Cereal w/ Breakfast Cracker	14 Watermelon Smoothie w/ Breakfast Cracker Cinni Minis	15 Sausage Biscuit Cereal Bar w/ Breakfast Cracker	16 Honey Bun Poptart w/ Breakfast Cracker
19 Cinnamon Bun Breakfast Snack Bag	20 Chicken Biscuit Cereal w/ Breakfast Cracker	21 Blue Raspberry Smoothie w/ Breakfast Cracker Pancake Wrap	22 Sausage Biscuit Cereal Bar w/ Breakfast Cracker	23 Mini Glazed Donuts Poptart w/ Breakfast Cracker
26 Breakfast Burrito Breakfast Kits	27 Chicken Biscuits Cereal w/ Breakfast Cracker	28 Watermelon Smoothie w/ Breakfast Cracker Cinni Minis	29 Sausage Biscuit Cereal Bar w/ Breakfast Cracker	30 Honey Bun Poptart w/ Breakfast Cracker