FEBRUARY 2023 – BREAKFAST ELEMENTARY, MIDDLE, AND K8 SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

Offer vs Serve - Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

This institution is an equal opportunity provider.

Menu is subject to change due to product availability

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| | | 1 Bacon Grilled Cheese Sandwich Cinni Minis Cereal | 2 Very Berry Parfait w/ Granola Mini Waffles Managers Choice | 3 Sausage Biscuit Poptarts Grits |
| 6 Chicken Biscuit Cinnamon Bun Cereal Bar w/ Breakfast Cracker | 7 Strawberry Banana Smoothie w/ Breakfast Cracker Mini Glazed Donuts Breakfast Bread | 8 Bacon, Egg, & Cheese Croissant Cinnamon Toast Puff Pastry Cereal | 9 Breakfast Flatbread Pizza Breakfast Snack Bag Managers Choice | 10 Sausage Biscuit Poptarts Grits |
| 13 Chicken Biscuit Mini Pancakes Cereal Bar w/ Cracker | 14 Fruit Sensation Parfait Cinnamon Roll Strawberry Bagels | 15 Ham & Cheese Croissant Chocolate Glazed Donut Cereal | 16 Breakfast Pizza Bagel Cinnamon Toast Puff Pastry Breakfast Snack Bag | 17 Student Holiday |
| 20 Student Holiday | 21 Asynchronous Learning Day | 22 Pancake & Sausage Wrap Cinni Minis Cereal | 23 Turkey & Cheese Hot Pocket Honey Bun Breakfast Snack Bag | 24 Sausage Biscuit Poptarts Manager's Choice |
| 27 Chicken Biscuit Mini Pancakes Cereal Bar w/ Cracker | 28 Fruit Sensation Parfait Cinnamon Roll Strawberry Bagels | | Georgia grown and locally sourced products and ingredients are offered regularly. | Learn more about Richmond County's Wellness Plans & how to participate at: <u>Nutrition Services /</u> <u>Wellness Policy (rcboe.org)</u> |