

Physicals to Tryout/Participate in Sports

According to Richmond County School System, you are required to have a new physical each school year to tryout or participate in sports. In association with MedNow, Pine Hill Middle School will be offering physicals here on August 10, 2022 at 3:30 pm. The cost to get a physical is \$20. If you are insured by Amerigroup, CareSource or Peach State, physicals are free but, you will need your insurance card with you.

Date of Physical – August 10, 2022

Place – Pine Hill Middle School

Time – 3:30 pm

Cost – \$20

**If you are insured by Amerigroup, CareSource or, Peach State your physical is free but you have to have your insurance card with you.

Tryouts for Sports:

Football – Week of August 15, 2022

Softball – Week of August 15, 2022

Basketball – Around the last week of October 2022

Baseball, Track and Golf – The third week of January 2023

**Check with the Coaches around these times for more information on tryout dates and requirements.