

Base Menu Spreadsheet

Portion Values

Aug 3, 2020 thru Aug 28, 2020

Menu Name: LUNCH HIGH

Include Cost: No

Site:

Report Style: Detailed

Monday - 08/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990563 QUESADILLA, CHEESE (DISTANT LEARNERS, COVID)	2 QUESADILLA	1	501	2	31.24	30.92	2.00	26.41
990579 BEANS, BAKED HS (DISTANT LEARNERS, COVID)	1 CUP	1	222	22	0.00	46.59	8.88	6.66
990592 BERRY FRZ CUP HS USDA (DISTANT LEARNERS, COVID)	2, 1/2 CUPS	1	201	36	0.00	44.65	4.46	0.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1623	121	59.97	204.33	*17.34	90.54
% of Calories				29.8%	33.3%	50.4%		22.3%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 08/04/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990581 POTATO, MASHED HS (DISTANT LEARNERS, COVID)	1 CUP	1	67	*0	4.45	*5.25	*0.22	*0.44
990597 STRAWBERRY DELIGHT HS (DISTANT LEARNERS, COVID)	1 cup	1	346	72	2.00	78.33	4.02	2.01
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
Weighted Daily Average			1123	*120	34.45	*174.59	*7.24	*54.45
% of Calories				*42.7%	27.6%	*62.2%		*19.4%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 08/05/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990568 SANDWICH, PBJ HIGH (DISTANT LEARNERS, COVID)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990583 CARROTS GLAZED HS (DISTANT LEARNERS, COVID)	1.25 CUP	1	158	*25	3.51	*31.78	*7.48	*1.79

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990590 FRUIT, FRESH ASST HS (DISTANT LEARNERS, COVID)	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
Weighted Daily Average			1600	*109	48.53	*228.67	*23.34	*66.47
% of Calories				*27.2%	27.3%	*57.2%		*16.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 08/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990556 TURKEY, CORN DOG (DISTANT LEARNERS, COVID)	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
990588 PIZZA 3 CH GARLIC BREAD (DISTANT LEARNERS, COVID)	1 EACH	1	312	3	14.64	29.28	0.00	17.57
990585 BROCCOLI HS (DISTANT LEARNERS, COVID)	1 cup	1	34	1	0.00	5.39	4.04	4.04
990590 FRUIT, FRESH ASST HS (DISTANT LEARNERS, COVID)	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE,	POUCH	1	10	2	0.00	3.00	0.00	0.00

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KETCHUP IND PKS								
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1092	*68	34.08	140.11	*10.39	57.10
% of Calories				*24.9%	28.1%	51.3%		20.9%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 08/07/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990561 SANDWICH, TURKEY (DISTANT LEARNERS, COVID)	SANDWICH	1	220	*4	3.40	31.40	2.00	17.19
990568 SANDWICH, PBJ HIGH (DISTANT LEARNERS, COVID)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990587 GREEN BEANS FROZEN HS (DISTANT LEARNERS, COVID)	1 CUP	1	84	*1	0.13	15.40	*4.27	4.42
990590 FRUIT, FRESH ASST HS (DISTANT LEARNERS, COVID)	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00

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Aug 3, 2020 thru Aug 28, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1534	*85	44.98	214.00	*19.61	69.10
% of Calories				*22.2%	26.4%	55.8%		18.0%
Weekly Nutrient Guideline			750 - 850		<=0			

Monday - 08/10/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00
990565 SANDWICH GRILLED CHEESE (DISTANT LEARNERS, COVID)	1 each	1	390	*6	21.78	34.12	2.00	20.19
990572 VEGETABLES MIXED HS (DISTANT LEARNERS, COVID)	1 CUP	1	133	*8	0.01	*29.33	*7.96	*5.32
990595 APPLES, CINN HS USDA (DISTANT LEARNERS, COVID)	1 CUP	1	135	27	0.01	32.85	2.81	0.04
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00

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Aug 3, 2020 thru Aug 28, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1373	*89	58.79	*177.81	*15.77	*69.05
% of Calories				*25.9%	38.5%	*51.8%		*20.1%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 08/11/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990552 CHICKEN, TENDERS (DISTANT LEARNERS, COVID)	3 TENDERS	1	287	2	10.50	25.11	2.50	21.90
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990566 BENTO BOX (DISTANT LEARNERS, COVID)	1 BOX	1	579	*43	22.36	81.41	6.00	15.78
990575 GLAZED YAMS, HS (DISTANT LEARNERS, COVID)	1.25 CUP	1	490	*52	*9.90	*96.85	*6.38	*2.13
990590 FRUIT, FRESH ASST HS (DISTANT LEARNERS, COVID)	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

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Aug 3, 2020 thru Aug 28, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
Weighted Daily Average			1902	*153	*49.70	*295.32	*21.72	*68.31
% of Calories				*32.2%	*23.5%	*62.1%		*14.4%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 08/12/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990558 NACHOS, BEEF HS (DISTANT LEARNERS, COVID)	1 SERVING	1	633	*0	42.08	25.72	2.42	30.18
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990577 BEANS, DIP HS (DISTANT LEARNERS, COVID)	1 CUP	1	264	6	0.00	46.70	18.25	14.29
990600 MANDARIN SALAD HS (DISTANT LEARNERS, COVID)	1 cup	1	127	25	0.00	29.56	2.56	*0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1364	*73	47.08	147.99	*23.23	*68.48
% of Calories				*21.4%	31.1%	43.4%		*20.1%
Weekly Nutrient Guideline			750 - 850		<=0			

Base Menu Spreadsheet

Portion Values

Aug 3, 2020 thru Aug 28, 2020

Thursday - 08/13/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990564 SAUSAGE DOG (DISTANT LEARNERS, COVID)	2 OZ; 1 PIECE	1	380	6	19.50	34.00	*2.00	19.00
990567 YOGURT & MUFFIN PLATE (DISTANT LEARNERS, COVID)	SERVING	1	409	35	12.92	60.92	2.00	13.92
990570 SALAD, GARDEN HIGH (DISTANT LEARNERS, COVID-19)	2 CUP	1	70	*4	1.11	13.80	7.33	5.22
990590 FRUIT, FRESH ASST HS (DISTANT LEARNERS, COVID)	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1324	*99	38.97	187.15	*16.67	63.64
% of Calories				*29.9%	26.5%	56.5%		19.2%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 08/14/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 3, 2020 thru Aug 28, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990562 CHICKEN SANDWICH KICKIN (DISTANT LEARNERS, COVID)	1 EACH	1	370	4	23.00	46.00	4.00	28.00
990568 SANDWICH, PBJ HIGH (DISTANT LEARNERS, COVID)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990602 CORN, FROZEN HS (DISTANT LEARNERS, COVID)	1 CUP	1	242	*0	8.11	*39.35	*5.86	*5.86
990592 BERRY FRZ CUP HS USDA (DISTANT LEARNERS, COVID)	2, 1/2 CUPS	1	201	36	0.00	44.65	4.46	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
Weighted Daily Average			1597	*69	67.11	*224.76	*22.32	*55.86
% of Calories				*17.3%	37.8%	*56.3%		*14.0%
Weekly Nutrient Guideline			750 - 850		<=0			

Monday - 08/17/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990563 QUESADILLA, CHEESE (DISTANT LEARNERS, COVID)	2 QUESADILLA	1	501	2	31.24	30.92	2.00	26.41
990579 BEANS, BAKED HS (DISTANT LEARNERS, COVID)	1 CUP	1	222	22	0.00	46.59	8.88	6.66
990592 BERRY FRZ CUP HS USDA (DISTANT LEARNERS, COVID)	2, 1/2 CUPS	1	201	36	0.00	44.65	4.46	0.00
990331 MILK,	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

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CHOCOLATE, 1%								
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1623	121	59.97	204.33	*17.34	90.54
% of Calories				29.8%	33.3%	50.4%		22.3%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 08/18/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990581 POTATO, MASHED HS (DISTANT LEARNERS, COVID)	1 CUP	1	67	*0	4.45	*5.25	*0.22	*0.44
990597 STRAWBERRY DELIGHT HS (DISTANT LEARNERS, COVID)	1 cup	1	346	72	2.00	78.33	4.02	2.01
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
Weighted Daily Average			1123	*120	34.45	*174.59	*7.24	*54.45
% of Calories				*42.7%	27.6%	*62.2%		*19.4%
Weekly Nutrient Guideline			750 - 850		<=0			

Base Menu Spreadsheet

Portion Values

Aug 3, 2020 thru Aug 28, 2020

Wednesday - 08/19/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990568 SANDWICH, PBJ HIGH (DISTANT LEARNERS, COVID)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990583 CARROTS GLAZED HS (DISTANT LEARNERS, COVID)	1.25 CUP	1	158	*25	3.51	*31.78	*7.48	*1.79
990590 FRUIT, FRESH ASST HS (DISTANT LEARNERS, COVID)	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
Weighted Daily Average			1600	*109	48.53	*228.67	*23.34	*66.47
% of Calories				*27.2%	27.3%	*57.2%		*16.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 08/20/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 3, 2020 thru Aug 28, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990556 TURKEY, CORN DOG (DISTANT LEARNERS, COVID)	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
990588 PIZZA 3 CH GARLIC BREAD (DISTANT LEARNERS, COVID)	1 EACH	1	312	3	14.64	29.28	0.00	17.57
990585 BROCCOLI HS (DISTANT LEARNERS, COVID)	1 cup	1	34	1	0.00	5.39	4.04	4.04
990590 FRUIT, FRESH ASST HS (DISTANT LEARNERS, COVID)	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1092	*68	34.08	140.11	*10.39	57.10
% of Calories				*24.9%	28.1%	51.3%		20.9%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 08/21/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990561 SANDWICH, TURKEY (DISTANT LEARNERS, COVID)	SANDWICH	1	220	*4	3.40	31.40	2.00	17.19
990568 SANDWICH, PBH HIGH (DISTANT LEARNERS, COVID)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00

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990587 GREEN BEANS FROZEN HS (DISTANT LEARNERS, COVID)	1 CUP	1	84	*1	0.13	15.40	*4.27	4.42
990590 FRUIT, FRESH ASST HS (DISTANT LEARNERS, COVID)	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1534	*85	44.98	214.00	*19.61	69.10
% of Calories				*22.2%	26.4%	55.8%		18.0%
Weekly Nutrient Guideline			750 - 850		<=0			

Monday - 08/24/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00
990565 SANDWICH GRILLED CHEESE (DISTANT LEARNERS, COVID)	1 each	1	390	*6	21.78	34.12	2.00	20.19
990572 VEGETABLES MIXED HS (DISTANT LEARNERS, COVID)	1 CUP	1	133	*8	0.01	*29.33	*7.96	*5.32
990595 APPLES, CINN HS USDA (DISTANT LEARNERS, COVID)	1 CUP	1	135	27	0.01	32.85	2.81	0.04
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00

Base Menu Spreadsheet

Aug 3, 2020 thru Aug 28, 2020

Portion Values

990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1373	*89	58.79	*177.81	*15.77	*69.05
% of Calories				*25.9%	38.5%	*51.8%		*20.1%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 08/25/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990552 CHICKEN, TENDERS (DISTANT LEARNERS, COVID)	3 TENDERS	1	287	2	10.50	25.11	2.50	21.90
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990566 BENTO BOX (DISTANT LEARNERS, COVID)	1 BOX	1	579	*43	22.36	81.41	6.00	15.78
990575 GLAZED YAMS, HS (DISTANT LEARNERS, COVID)	1.25 CUP	1	490	*52	*9.90	*96.85	*6.38	*2.13
990590 FRUIT, FRESH ASST HS (DISTANT LEARNERS, COVID)	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

Base Menu Spreadsheet

Portion Values

990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
Weighted Daily Average			1902	*153	*49.70	*295.32	*21.72	*68.31
% of Calories				*32.2%	*23.5%	*62.1%		*14.4%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 08/26/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990558 NACHOS, BEEF HS (DISTANT LEARNERS, COVID)	1 SERVING	1	633	*0	42.08	25.72	2.42	30.18
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990577 BEANS, DIP HS (DISTANT LEARNERS, COVID)	1 CUP	1	264	6	0.00	46.70	18.25	14.29
990600 MANDARIN SALAD HS (DISTANT LEARNERS, COVID)	1 cup	1	127	25	0.00	29.56	2.56	*0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1364	*73	47.08	147.99	*23.23	*68.48
% of Calories				*21.4%	31.1%	43.4%		*20.1%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 08/27/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 3, 2020 thru Aug 28, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990564 SAUSAGE DOG (DISTANT LEARNERS, COVID)	2 OZ; 1 PIECE	1	380	6	19.50	34.00	*2.00	19.00
990567 YOGURT & MUFFIN PLATE (DISTANT LEARNERS, COVID)	SERVING	1	409	35	12.92	60.92	2.00	13.92
990570 SALAD, GARDEN HIGH (DISTANT LEARNERS, COVID-19)	2 CUP	1	70	*4	1.11	13.80	7.33	5.22
990590 FRUIT, FRESH ASST HS (DISTANT LEARNERS, COVID)	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1324	*99	38.97	187.15	*16.67	63.64
% of Calories				*29.9%	26.5%	56.5%		19.2%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 08/28/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990562 CHICKEN SANDWICH KICKIN (DISTANT LEARNERS, COVID)	1 EACH	1	370	4	23.00	46.00	4.00	28.00
990568 SANDWICH, PBJ HIGH (DISTANT LEARNERS, COVID)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00

Base Menu Spreadsheet

Portion Values

990602 CORN, FROZEN HS (DISTANT LEARNERS, COVID)	1 CUP	1	242	*0	8.11	*39.35	*5.86	*5.86
990592 BERRY FRZ CUP HS USDA (DISTANT LEARNERS, COVID)	2, 1/2 CUPS	1	201	36	0.00	44.65	4.46	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
Weighted Daily Average			1597	*69	67.11	*224.76	*22.32	*55.86
% of Calories				*17.3%	37.8%	*56.3%		*14.0%
Weekly Nutrient Guideline			750 - 850		<=0			

			Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			1453	*99	*48.37	*199.47	*17.76	*66.30
% of Calories				*27.3%	*30.0%	*54.9%		*18.3%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.