

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

Menu Name: BREAKFAST ELEMENTARY, K8, & MIDDLE **Include Cost:** No
Site: **Report Style:** Detailed

Wednesday - 03/01/2023 Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990769 CROISSANT, HAM & CHEESE | 1 croissant | 1 | 255 | 591 | 4 | 10.03 | 27 | 31.01 | 2.00 | 13.52 |
| 990899 DONUT, CHOCOLATE, GLAZED IW | 1 DONUT | 1 | 310 | 300 | 25 | 13.00 | 15 | 45.00 | 2.00 | 3.00 |
| 990870 CEREAL, COCOA PUFFS, 2 OZ | 1 BOWL | 1 | 230 | 220 | 15 | 2.50 | 0 | 47.00 | 3.00 | 3.00 |
| 990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ | 1 BOWL | 1 | 210 | 320 | 11 | 5.00 | 0 | 44.00 | 7.00 | 3.00 |
| 990869 CEREAL, LUCKY CHARMS, 2 OZ | 1 BOWL | 1 | 200 | 360 | 19 | 2.50 | 0 | 46.00 | 4.00 | 5.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1861 | 2268 | *182 | 38.25 | 72 | 340.48 | *20.67 | 52.01 |
| % of Calories | | | | | *39.1% | 18.5% | | 73.2% | | 11.2% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Thursday - 03/02/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|-----------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990774 PIZZA, BREAKFAST BAGEL | 1 EACH | 1 | 204 | 362 | 2 | 7.75 | 18 | 24.80 | 2.32 | 10.08 |
| 990729 CINNAMON TOAST PUFF PASTRY | 1 BAR | 1 | 250 | 310 | 15 | 7.00 | *N/A* | 43.00 | 3.00 | 7.00 |
| 990852 BREAKFAST SNACK BAG- GOLDFISH W/ COOKIES & CREAM | 1 BAR 1 CRACKER | 1 | 250 | 172 | *9 | 7.50 | 6 | 43.00 | 5.00 | 5.00 |
| 990853 BREAKFAST SNACK BAG- GOLDFISH W/ CHOC CHIP | 1 BAR 1 CRACKER | 1 | 260 | 305 | *12 | 6.50 | 5 | 45.00 | 3.00 | 5.00 |
| 990792 BREAKFAST SNACK BAG- CHEEZ ITS W/ CHOCOLATE BAR | 1 BAR 1 CRACKER | 1 | 5 | 6 | 0 | 0.13 | *0 | 0.90 | 0.06 | 0.10 |
| 990791 BREAKFAST SNACK BAG- CHEEZ ITS W/ COOKIES & CREAM | 1 BAR 1 CRACKER | 1 | 152 | 4 | 9 | 4.07 | *1 | 29.28 | 4.02 | 2.06 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |

Base Menu Spreadsheet

Portion Values

| ASST | | | | | | | | | | |
|-------------------------------|-------------|---|-----------|------|--------|-------|-----|--------|--------|-------|
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1776 | 1636 | *156 | 38.17 | *60 | 313.45 | *20.08 | 53.73 |
| % of Calories | | | | | *35.1% | 19.3% | | 70.6% | | 12.1% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Friday - 03/03/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990095 BISCUIT, SAUSAGE | 1 BISCUIT | 1 | 255 | 915 | 2 | 13.00 | 20 | 26.50 | 1.00 | 9.00 |
| 990875 POPTART, STRAWBERRY, 2 OZ | 1 PACK | 1 | 340 | 230 | 29 | 5.00 | 0 | 73.00 | 6.00 | 4.00 |
| 990874 POPTART, FUDGE, 2 OZ | 1 PACK | 1 | 350 | 240 | 29 | 6.00 | 0 | 73.00 | 6.00 | 5.00 |
| 990873 POPTART, BLUEBERRY, 2 OZ | 1 PACK | 1 | 340 | 230 | 29 | 5.00 | 0 | 73.00 | 6.00 | 4.00 |
| 990278 MANAGER'S CHOICE | 1 PIECE | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|-------------------------------|-------------|---|-----------|------|--------|-------|----|--------|--------|-------|
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1940 | 2093 | *198 | 34.22 | 50 | 372.97 | *21.67 | 46.50 |
| % of Calories | | | | | *40.8% | 15.9% | | 76.9% | | 9.6% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Monday - 03/06/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990093 BISCUIT, CHICKEN | 1 BISCUIT | 1 | 311 | 963 | 3 | 13.05 | 30 | 34.10 | 2.01 | 13.12 |
| 990897 WAFFLES, FUN & FRUITI, MINI | 1 pouch | 1 | 250 | 190 | 17 | 9.00 | 15 | 38.00 | 0.00 | 5.00 |
| 990898 WAFFLES, CHOCOLATE, MINI | 1 pouch | 1 | 232 | 176 | 16 | 8.34 | 14 | 35.21 | 0.00 | 4.63 |
| 990149 WAFFLES, BLUEBERRY, MINI | 1 POUCH | 1 | 241 | 201 | 12 | 9.03 | 15 | 33.10 | 2.01 | 5.02 |
| 990148 WAFFLES, MAPLE, MINI | 1 POUCH | 1 | 156 | 137 | 8 | 5.87 | 10 | 24.78 | 1.30 | 3.26 |
| 990150 WAFFLES, STRAWBERRY, MINI | 1 POUCH | 1 | 277 | 242 | 14 | 10.38 | 17 | 39.23 | 2.31 | 5.77 |
| 990154 CEREAL BAR, CINN TOAST CRUNCH | 1 BAR | 1 | 151 | 116 | 8 | 3.02 | 0 | 30.19 | 3.02 | 3.02 |
| 990155 CEREAL BAR, COCO PUFF | 1 BAR | 1 | 151 | 101 | 9 | 3.02 | 0 | 30.19 | 3.02 | 3.02 |
| 990768 CEREAL BAR, GOLDEN GRAHAM | 1 BAR | 1 | 150 | 105 | 9 | 3.50 | 0 | 30.00 | 3.00 | 2.00 |
| 990157 CEREAL BAR, TRIX | 1 BAR | 1 | 150 | 105 | 9 | 3.00 | 0 | 30.00 | 3.00 | 2.00 |
| 990046 CRACKERS, CHOCOLATE BEAR | PACKS | 1 | 110 | 100 | 7 | 3.00 | 0 | 20.00 | 2.00 | 2.00 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|--|-------------|---|-----------|------|--------|-------|-----|--------|--------|-------|
| GRAHAMS | | | | | | | | | | |
| 990047 CRACKERS, HONEY GRAHAMS 3CT | PACKS | 1 | 110 | 140 | 7 | 3.00 | 0 | 20.00 | 1.00 | 2.00 |
| 990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS | PACKS | 1 | 110 | 95 | 7 | 3.00 | 0 | 21.00 | 1.00 | 2.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| Weighted Daily Average | | | 3055 | 3148 | *235 | 82.43 | 131 | 513.27 | *26.34 | 77.34 |
| % of Calories | | | | | *30.8% | 24.3% | | 67.2% | | 10.1% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Tuesday - 03/07/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990763 SMOOTHIE, BLUE RASPBERRY | 8 oz. | 1 | 79 | 82 | *10 | 0.00 | 3 | 13.70 | 0.50 | 6.05 |
| 990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS | PACKS | 1 | 110 | 95 | 7 | 3.00 | 0 | 21.00 | 1.00 | 2.00 |
| 990046 CRACKERS, CHOCOLATE BEAR | PACKS | 1 | 110 | 100 | 7 | 3.00 | 0 | 20.00 | 2.00 | 2.00 |

Base Menu Spreadsheet

Portion Values

| GRAHAMS | | | | | | | | | | |
|--|-------------|---|-----------|-------|--------|-------|-------|--------|--------|-------|
| 990047 CRACKERS, HONEY GRAHAMS 3CT | PACKS | 1 | 110 | 140 | 7 | 3.00 | 0 | 20.00 | 1.00 | 2.00 |
| 990162 FRUDEL, APPLE | 1 FRUDEL | 1 | 210 | 260 | 11 | 6.00 | 0 | 36.00 | 2.00 | 5.00 |
| 990334 MUFFIN, CHERRY | 1 MUFFIN | 1 | 230 | 240 | 16 | 7.00 | 20 | 39.00 | 0.00 | 4.00 |
| 990854 MUFFIN, BLUEBERRY | 1 MUFFIN | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| 990781 MUFFIN, CHOCOLATE CHIP | 1 MUFFIN | 1 | 270 | 190 | 22 | 8.99 | 40 | 43.94 | 2.00 | 4.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1774 | 1584 | *188 | 36.21 | 92 | 321.12 | *11.17 | 49.54 |
| % of Calories | | | | | *42.4% | 18.4% | | 72.4% | | 11.2% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Wednesday - 03/08/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990165 PANCAKE & SAUSAGE WRAP | 1 EACH | 1 | 200 | 310 | 4 | 10.00 | 25 | 17.00 | 3.00 | 7.00 |
| 990127 CINNI MINI | 1 PACK | 1 | 240 | 300 | 15 | 8.00 | 0 | 40.00 | 2.00 | 5.00 |
| 990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ | 1 BOWL | 1 | 210 | 320 | 11 | 5.00 | 0 | 44.00 | 7.00 | 3.00 |
| 990869 CEREAL, LUCKY CHARMS, 2 OZ | 1 BOWL | 1 | 200 | 360 | 19 | 2.50 | 0 | 46.00 | 4.00 | 5.00 |
| 990870 CEREAL, COCOA PUFFS, 2 OZ | 1 BOWL | 1 | 230 | 220 | 15 | 2.50 | 0 | 47.00 | 3.00 | 3.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1735 | 1988 | *172 | 33.22 | 55 | 321.47 | *21.67 | 47.50 |
| % of Calories | | | | | *39.7% | 17.2% | | 74.1% | | 11.0% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Thursday - 03/09/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|-----------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990901 TURKEY AND CHEESE HOT POCKET | 1 HOT POCKET | 1 | 150 | 370 | 3 | 5.00 | 15 | 22.00 | 1.00 | 8.00 |
| 990836 HONEY BUN | 1 BUN | 1 | 240 | 250 | 9 | 10.00 | *N/A* | 34.00 | 3.00 | 5.00 |
| 990852 BREAKFAST SNACK BAG- GOLDFISH W/ COOKIES & CREAM | 1 BAR 1 CRACKER | 1 | 250 | 172 | *9 | 7.50 | 6 | 43.00 | 5.00 | 5.00 |
| 990853 BREAKFAST SNACK BAG- GOLDFISH W/ CHOC CHIP | 1 BAR 1 CRACKER | 1 | 260 | 305 | *12 | 6.50 | 5 | 45.00 | 3.00 | 5.00 |
| 990792 BREAKFAST SNACK BAG- CHEEZ ITS W/ CHOCOLATE BAR | 1 BAR 1 CRACKER | 1 | 5 | 6 | 0 | 0.13 | *0 | 0.90 | 0.06 | 0.10 |
| 990791 BREAKFAST SNACK BAG- CHEEZ ITS W/ COOKIES & CREAM | 1 BAR 1 CRACKER | 1 | 152 | 4 | 9 | 4.07 | *1 | 29.28 | 4.02 | 2.06 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1713 | 1584 | *151 | 38.42 | *57 | 301.65 | *18.75 | 49.66 |
| % of Calories | | | | | *35.3% | 20.2% | | 70.4% | | 11.6% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

Friday - 03/10/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990095 BISCUIT, SAUSAGE | 1 BISCUIT | 1 | 255 | 915 | 2 | 13.00 | 20 | 26.50 | 1.00 | 9.00 |
| 990874 POPTART, FUDGE, 2 OZ | 1 PACK | 1 | 350 | 240 | 29 | 6.00 | 0 | 73.00 | 6.00 | 5.00 |
| 990875 POPTART, STRAWBERRY, 2 OZ | 1 PACK | 1 | 340 | 230 | 29 | 5.00 | 0 | 73.00 | 6.00 | 4.00 |
| 990873 POPTART, BLUEBERRY, 2 OZ | 1 PACK | 1 | 340 | 230 | 29 | 5.00 | 0 | 73.00 | 6.00 | 4.00 |
| 990278 MANAGER'S CHOICE | 1 PIECE | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1940 | 2093 | *198 | 34.22 | 50 | 372.97 | *21.67 | 46.50 |
| % of Calories | | | | | *40.8% | 15.9% | | 76.9% | | 9.6% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

Monday - 03/13/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|----------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990114 HOLIDAY - NO SCHOOL | 1 | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| % of Calories | | | | | 0% | 0% | | 0% | | 0% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Tuesday - 03/14/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|----------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990114 HOLIDAY - NO SCHOOL | 1 | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| % of Calories | | | | | 0% | 0% | | 0% | | 0% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Wednesday - 03/15/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990899 DONUT, CHOCOLATE, GLAZED IW | 1 DONUT | 1 | 310 | 300 | 25 | 13.00 | 15 | 45.00 | 2.00 | 3.00 |
| 990870 CEREAL, COCOA PUFFS, 2 OZ | 1 BOWL | 1 | 230 | 220 | 15 | 2.50 | 0 | 47.00 | 3.00 | 3.00 |
| | | | | | | | | | | |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|--|-------------|---|-----------|------|--------|-------|----|--------|--------|-------|
| 990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ | 1 BOWL | 1 | 210 | 320 | 11 | 5.00 | 0 | 44.00 | 7.00 | 3.00 |
| 990869 CEREAL, LUCKY CHARMS, 2 OZ | 1 BOWL | 1 | 200 | 360 | 19 | 2.50 | 0 | 46.00 | 4.00 | 5.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1605 | 1678 | *178 | 28.22 | 45 | 309.47 | *18.67 | 38.50 |
| % of Calories | | | | | *44.4% | 15.8% | | 77.1% | | 9.6% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Thursday - 03/16/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|-----------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990774 PIZZA, BREAKFAST BAGEL | 1 EACH | 1 | 204 | 362 | 2 | 7.75 | 18 | 24.80 | 2.32 | 10.08 |
| 990852 BREAKFAST SNACK BAG- GOLDFISH W/ COOKIES & CREAM | 1 BAR 1 CRACKER | 1 | 250 | 172 | *9 | 7.50 | 6 | 43.00 | 5.00 | 5.00 |
| 990853 BREAKFAST SNACK BAG- GOLDFISH W/ CHOC CHIP | 1 BAR 1 CRACKER | 1 | 260 | 305 | *12 | 6.50 | 5 | 45.00 | 3.00 | 5.00 |

Base Menu Spreadsheet

Mar 1, 2023 thru Mar 31, 2023

Portion Values

| | | | | | | | | | | |
|--|-----------------|---|-----------|------|--------|-------|-----|--------|--------|-------|
| 990792 BREAKFAST SNACK BAG- CHEEZ ITS W/ CHOCOLATE BAR | 1 BAR 1 CRACKER | 1 | 5 | 6 | 0 | 0.13 | *0 | 0.90 | 0.06 | 0.10 |
| 990791 BREAKFAST SNACK BAG- CHEEZ ITS W/ COOKIES & CREAM | 1 BAR 1 CRACKER | 1 | 152 | 4 | 9 | 4.07 | *1 | 29.28 | 4.02 | 2.06 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1526 | 1326 | *141 | 31.17 | *60 | 270.45 | *17.08 | 46.73 |
| % of Calories | | | | | *37.0% | 18.4% | | 70.9% | | 12.2% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Friday - 03/17/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|----------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990875 POPTART, STRAWBERRY, 2 OZ | 1 PACK | 1 | 340 | 230 | 29 | 5.00 | 0 | 73.00 | 6.00 | 4.00 |
| 990874 POPTART, FUDGE, 2 OZ | 1 PACK | 1 | 350 | 240 | 29 | 6.00 | 0 | 73.00 | 6.00 | 5.00 |
| 990873 POPTART, BLUEBERRY, 2 OZ | 1 PACK | 1 | 340 | 230 | 29 | 5.00 | 0 | 73.00 | 6.00 | 4.00 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|--|-------------|---|-----------|-------|--------|-------|-------|--------|--------|-------|
| 990278 MANAGER'S CHOICE | 1 PIECE | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1685 | 1178 | *195 | 21.22 | 30 | 346.47 | *20.67 | 37.50 |
| % of Calories | | | | | *46.3% | 11.3% | | 82.2% | | 8.9% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Monday - 03/20/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990093 BISCUIT, CHICKEN | 1 BISCUIT | 1 | 311 | 963 | 3 | 13.05 | 30 | 34.10 | 2.01 | 13.12 |
| 990897 WAFFLES, FUN & FRUITI, MINI | 1 pouch | 1 | 250 | 190 | 17 | 9.00 | 15 | 38.00 | 0.00 | 5.00 |
| 990898 WAFFLES, CHOCOLATE, MINI | 1 pouch | 1 | 232 | 176 | 16 | 8.34 | 14 | 35.21 | 0.00 | 4.63 |
| 990149 WAFFLES, BLUEBERRY, MINI | 1 POUCH | 1 | 241 | 201 | 12 | 9.03 | 15 | 33.10 | 2.01 | 5.02 |
| 990148 WAFFLES, | 1 POUCH | 1 | 156 | 137 | 8 | 5.87 | 10 | 24.78 | 1.30 | 3.26 |

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

| | | | | | | | | | | |
|--|-------------|---|-----|-----|----|-------|----|-------|------|------|
| MAPLE, MINI | | | | | | | | | | |
| 990150 WAFFLES, STRAWBERRY, MINI | 1 POUCH | 1 | 277 | 242 | 14 | 10.38 | 17 | 39.23 | 2.31 | 5.77 |
| 990154 CEREAL BAR, CINN TOAST CRUNCH | 1 BAR | 1 | 151 | 116 | 8 | 3.02 | 0 | 30.19 | 3.02 | 3.02 |
| 990155 CEREAL BAR, COCO PUFF | 1 BAR | 1 | 151 | 101 | 9 | 3.02 | 0 | 30.19 | 3.02 | 3.02 |
| 990768 CEREAL BAR, GOLDEN GRAHAM | 1 BAR | 1 | 150 | 105 | 9 | 3.50 | 0 | 30.00 | 3.00 | 2.00 |
| 990157 CEREAL BAR, TRIX | 1 BAR | 1 | 150 | 105 | 9 | 3.00 | 0 | 30.00 | 3.00 | 2.00 |
| 990046 CRACKERS, CHOCOLATE BEAR GRAHAMS | PACKS | 1 | 110 | 100 | 7 | 3.00 | 0 | 20.00 | 2.00 | 2.00 |
| 990047 CRACKERS, HONEY GRAHAMS 3CT | PACKS | 1 | 110 | 140 | 7 | 3.00 | 0 | 20.00 | 1.00 | 2.00 |
| 990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS | PACKS | 1 | 110 | 95 | 7 | 3.00 | 0 | 21.00 | 1.00 | 2.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|----------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| Weighted Daily Average | | | 3055 | 3148 | *235 | 82.43 | 131 | 513.27 | *26.34 | 77.34 |
| % of Calories | | | | | *30.8% | 24.3% | | 67.2% | | 10.1% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Tuesday - 03/21/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990763 SMOOTHIE, BLUE RASPBERRY | 8 oz. | 1 | 79 | 82 | *10 | 0.00 | 3 | 13.70 | 0.50 | 6.05 |
| 990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS | PACKS | 1 | 110 | 95 | 7 | 3.00 | 0 | 21.00 | 1.00 | 2.00 |
| 990046 CRACKERS, CHOCOLATE BEAR GRAHAMS | PACKS | 1 | 110 | 100 | 7 | 3.00 | 0 | 20.00 | 2.00 | 2.00 |
| 990047 CRACKERS, HONEY GRAHAMS 3CT | PACKS | 1 | 110 | 140 | 7 | 3.00 | 0 | 20.00 | 1.00 | 2.00 |
| 990162 FRUDEL, APPLE | 1 FRUDEL | 1 | 210 | 260 | 11 | 6.00 | 0 | 36.00 | 2.00 | 5.00 |
| 990334 MUFFIN, CHERRY | 1 MUFFIN | 1 | 230 | 240 | 16 | 7.00 | 20 | 39.00 | 0.00 | 4.00 |
| 990854 MUFFIN, BLUEBERRY | 1 MUFFIN | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| 990781 MUFFIN, CHOCOLATE CHIP | 1 MUFFIN | 1 | 270 | 190 | 22 | 8.99 | 40 | 43.94 | 2.00 | 4.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|--|-------------|---|-----------|------|--------|-------|----|--------|--------|-------|
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1774 | 1584 | *188 | 36.21 | 92 | 321.12 | *11.17 | 49.54 |
| % of Calories | | | | | *42.4% | 18.4% | | 72.4% | | 11.2% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Wednesday - 03/22/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990165 PANCAKE & SAUSAGE WRAP | 1 EACH | 1 | 200 | 310 | 4 | 10.00 | 25 | 17.00 | 3.00 | 7.00 |
| 990127 CINNI MINI | 1 PACK | 1 | 240 | 300 | 15 | 8.00 | 0 | 40.00 | 2.00 | 5.00 |
| 990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ | 1 BOWL | 1 | 210 | 320 | 11 | 5.00 | 0 | 44.00 | 7.00 | 3.00 |
| 990869 CEREAL, LUCKY CHARMS, 2 OZ | 1 BOWL | 1 | 200 | 360 | 19 | 2.50 | 0 | 46.00 | 4.00 | 5.00 |
| 990870 CEREAL, COCOA PUFFS, 2 OZ | 1 BOWL | 1 | 230 | 220 | 15 | 2.50 | 0 | 47.00 | 3.00 | 3.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|-------------------------------|-------------|---|-----------|------|--------|-------|----|--------|--------|-------|
| TANGERINE, SHELF STABLE | | | | | | | | | | |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1735 | 1988 | *172 | 33.22 | 55 | 321.47 | *21.67 | 47.50 |
| % of Calories | | | | | *39.7% | 17.2% | | 74.1% | | 11.0% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Thursday - 03/23/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|-----------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990901 TURKEY AND CHEESE HOT POCKET | 1 HOT POCKET | 1 | 150 | 370 | 3 | 5.00 | 15 | 22.00 | 1.00 | 8.00 |
| 990836 HONEY BUN | 1 BUN | 1 | 240 | 250 | 9 | 10.00 | *N/A* | 34.00 | 3.00 | 5.00 |
| 990852 BREAKFAST SNACK BAG- GOLDFISH W/ COOKIES & CREAM | 1 BAR 1 CRACKER | 1 | 250 | 172 | *9 | 7.50 | 6 | 43.00 | 5.00 | 5.00 |
| 990853 BREAKFAST SNACK BAG- GOLDFISH W/ CHOC CHIP | 1 BAR 1 CRACKER | 1 | 260 | 305 | *12 | 6.50 | 5 | 45.00 | 3.00 | 5.00 |
| 990792 BREAKFAST SNACK BAG- CHEEZ ITS W/ CHOCOLATE BAR | 1 BAR 1 CRACKER | 1 | 5 | 6 | 0 | 0.13 | *0 | 0.90 | 0.06 | 0.10 |
| 990791 BREAKFAST SNACK BAG- CHEEZ ITS W/ COOKIES & CREAM | 1 BAR 1 CRACKER | 1 | 152 | 4 | 9 | 4.07 | *1 | 29.28 | 4.02 | 2.06 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|--|-------------|---|-----------|------|--------|-------|-----|--------|--------|-------|
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1713 | 1584 | *151 | 38.42 | *57 | 301.65 | *18.75 | 49.66 |
| % of Calories | | | | | *35.3% | 20.2% | | 70.4% | | 11.6% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Friday - 03/24/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990095 BISCUIT, SAUSAGE | 1 BISCUIT | 1 | 255 | 915 | 2 | 13.00 | 20 | 26.50 | 1.00 | 9.00 |
| 990874 POPTART, FUDGE, 2 OZ | 1 PACK | 1 | 350 | 240 | 29 | 6.00 | 0 | 73.00 | 6.00 | 5.00 |
| 990875 POPTART, STRAWBERRY, 2 OZ | 1 PACK | 1 | 340 | 230 | 29 | 5.00 | 0 | 73.00 | 6.00 | 4.00 |
| 990873 POPTART, BLUEBERRY, 2 OZ | 1 PACK | 1 | 340 | 230 | 29 | 5.00 | 0 | 73.00 | 6.00 | 4.00 |
| 990278 MANAGER'S CHOICE | 1 PIECE | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|--|-------------|---|-----------|------|--------|-------|----|--------|--------|-------|
| TANGERINE, SHELF STABLE | | | | | | | | | | |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1940 | 2093 | *198 | 34.22 | 50 | 372.97 | *21.67 | 46.50 |
| % of Calories | | | | | *40.8% | 15.9% | | 76.9% | | 9.6% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Monday - 03/27/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990093 BISCUIT, CHICKEN | 1 BISCUIT | 1 | 311 | 963 | 3 | 13.05 | 30 | 34.10 | 2.01 | 13.12 |
| 990255 PANCAKES, MINI BLUEBERRY | POUCH | 1 | 230 | 330 | 16 | 6.00 | 5 | 38.00 | 3.00 | 5.00 |
| 990256 PANCAKES, MINI CINNAMON | POUCH | 1 | 180 | 270 | 12 | 3.00 | 5 | 34.00 | 4.00 | 5.00 |
| 990257 PANCAKES, MINI MAPLE | POUCH | 1 | 220 | 340 | 15 | 7.00 | 5 | 36.00 | 3.00 | 5.00 |
| 990255 PANCAKES, MINI BLUEBERRY | POUCH | 1 | 230 | 330 | 16 | 6.00 | 5 | 38.00 | 3.00 | 5.00 |
| 990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS | PACKS | 1 | 110 | 95 | 7 | 3.00 | 0 | 21.00 | 1.00 | 2.00 |
| 990047 CRACKERS, HONEY GRAHAMS 3CT | PACKS | 1 | 110 | 140 | 7 | 3.00 | 0 | 20.00 | 1.00 | 2.00 |
| 990046 CRACKERS, CHOCOLATE BEAR | PACKS | 1 | 110 | 100 | 7 | 3.00 | 0 | 20.00 | 2.00 | 2.00 |

Base Menu Spreadsheet

Portion Values

| GRAHAMS | | | | | | | | | | |
|--|-------------|---|-----------|------|--------|-------|----|--------|--------|-------|
| 990157 CEREAL BAR, TRIX | 1 BAR | 1 | 150 | 105 | 9 | 3.00 | 0 | 30.00 | 3.00 | 2.00 |
| 990154 CEREAL BAR, CINN TOAST CRUNCH | 1 BAR | 1 | 151 | 116 | 8 | 3.02 | 0 | 30.19 | 3.02 | 3.02 |
| 990155 CEREAL BAR, COCO PUFF | 1 BAR | 1 | 151 | 101 | 9 | 3.02 | 0 | 30.19 | 3.02 | 3.02 |
| 990768 CEREAL BAR, GOLDEN GRAHAM | 1 BAR | 1 | 150 | 105 | 9 | 3.50 | 0 | 30.00 | 3.00 | 2.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 2759 | 3472 | *226 | 61.81 | 80 | 488.95 | *33.72 | 73.66 |
| % of Calories | | | | | *32.8% | 20.2% | | 70.9% | | 10.7% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Tuesday - 03/28/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990900 PARFAIT, FRUIT SENSATION | 1 PARFAIT | 1 | 280 | 123 | *34 | 2.42 | 2 | 60.44 | *3.55 | 6.06 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|---|-----------------|---|-----------|------|--------|-------|----|--------|--------|-------|
| 990827 CINNAMON ROLL | 1 CINNAMON ROLL | 1 | 300 | 230 | 22 | 11.00 | 45 | 52.00 | 4.00 | 7.00 |
| 990725 MINI BAGEL, PILLSBURY, STAWBERRY CREAM | 1 PACKAGE | 1 | 230 | 180 | 13 | 6.00 | 10 | 41.00 | 2.00 | 6.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1465 | 1010 | *177 | 24.64 | 88 | 280.91 | *12.22 | 43.56 |
| % of Calories | | | | | *48.3% | 15.1% | | 76.7% | | 11.9% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Wednesday - 03/29/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990769 CROISSANT, HAM & CHEESE | 1 croissant | 1 | 255 | 591 | 4 | 10.03 | 27 | 31.01 | 2.00 | 13.52 |
| 990899 DONUT, CHOCOLATE, GLAZED IW | 1 DONUT | 1 | 310 | 300 | 25 | 13.00 | 15 | 45.00 | 2.00 | 3.00 |
| 990870 CEREAL, COCOA PUFFS, 2 OZ | 1 BOWL | 1 | 230 | 220 | 15 | 2.50 | 0 | 47.00 | 3.00 | 3.00 |

Base Menu Spreadsheet

Mar 1, 2023 thru Mar 31, 2023

Portion Values

| | | | | | | | | | | |
|--|-------------|---|-----------|------|--------|-------|----|--------|--------|-------|
| 990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ | 1 BOWL | 1 | 210 | 320 | 11 | 5.00 | 0 | 44.00 | 7.00 | 3.00 |
| 990869 CEREAL, LUCKY CHARMS, 2 OZ | 1 BOWL | 1 | 200 | 360 | 19 | 2.50 | 0 | 46.00 | 4.00 | 5.00 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1861 | 2268 | *182 | 38.25 | 72 | 340.48 | *20.67 | 52.01 |
| % of Calories | | | | | *39.1% | 18.5% | | 73.2% | | 11.2% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Thursday - 03/30/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|-----------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990774 PIZZA, BREAKFAST BAGEL | 1 EACH | 1 | 204 | 362 | 2 | 7.75 | 18 | 24.80 | 2.32 | 10.08 |
| 990729 CINNAMON TOAST PUFF PASTRY | 1 BAR | 1 | 250 | 310 | 15 | 7.00 | *N/A* | 43.00 | 3.00 | 7.00 |
| 990852 BREAKFAST SNACK BAG- GOLDFISH W/ COOKIES & CREAM | 1 BAR 1 CRACKER | 1 | 250 | 172 | *9 | 7.50 | 6 | 43.00 | 5.00 | 5.00 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|--|-----------------|---|-----------|------|--------|-------|-----|--------|--------|-------|
| 990853 BREAKFAST SNACK BAG- GOLDFISH W/ CHOC CHIP | 1 BAR 1 CRACKER | 1 | 260 | 305 | *12 | 6.50 | 5 | 45.00 | 3.00 | 5.00 |
| 990792 BREAKFAST SNACK BAG- CHEEZ ITS W/ CHOCOLATE BAR | 1 BAR 1 CRACKER | 1 | 5 | 6 | 0 | 0.13 | *0 | 0.90 | 0.06 | 0.10 |
| 990791 BREAKFAST SNACK BAG- CHEEZ ITS W/ COOKIES & CREAM | 1 BAR 1 CRACKER | 1 | 152 | 4 | 9 | 4.07 | *1 | 29.28 | 4.02 | 2.06 |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1776 | 1636 | *156 | 38.17 | *60 | 313.45 | *20.08 | 53.73 |
| % of Calories | | | | | *35.1% | 19.3% | | 70.6% | | 12.1% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

Friday - 03/31/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|----------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990095 BISCUIT, SAUSAGE | 1 BISCUIT | 1 | 255 | 915 | 2 | 13.00 | 20 | 26.50 | 1.00 | 9.00 |
| 990875 POPTART, STRAWBERRY, 2 OZ | 1 PACK | 1 | 340 | 230 | 29 | 5.00 | 0 | 73.00 | 6.00 | 4.00 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|--|-------------|---|-----------|-------|--------|-------|-------|--------|--------|-------|
| 990874 POPTART, FUDGE, 2 OZ | 1 PACK | 1 | 350 | 240 | 29 | 6.00 | 0 | 73.00 | 6.00 | 5.00 |
| 990873 POPTART, BLUEBERRY, 2 OZ | 1 PACK | 1 | 340 | 230 | 29 | 5.00 | 0 | 73.00 | 6.00 | 4.00 |
| 990278 MANAGER'S CHOICE | 1 PIECE | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| 990487 JUICE, VERY BERRY, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 15 | 0.00 | 0 | 17.00 | 0.00 | 0.00 |
| 990484 JUICE, FRUIT PUNCH, SHELF STABLE | 1/2 CUP | 1 | 60 | 5 | 14 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 990486 JUICE, GRAPE, SHELF STABLE | 1/2 CUP | 1 | 80 | 10 | 19 | 0.00 | 0 | 20.00 | 0.00 | 0.00 |
| 990485 JUICE, ORANGE TANGERINE, SHELF STABLE | 1/2 CUP | 1 | 60 | 10 | 13 | 0.00 | 0 | 15.00 | 0.00 | 0.00 |
| 000229 FRUIT, FRESH ASST | 1/2 cup | 1 | 55 | 2 | *5 | 0.22 | 0 | 14.46 | 2.67 | 0.49 |
| 000026 MILK - 1% LOWFAT | HALF PINT | 1 | 110 | 130 | 12 | 2.50 | 10 | 13.00 | 0.00 | 8.00 |
| 990331 MILK, CHOCOLATE, 1% | 1/2 PINT | 1 | 140 | 180 | 18 | 2.50 | 15 | 20.00 | *N/A* | 8.00 |
| 990166 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1940 | 2093 | *198 | 34.22 | 50 | 372.97 | *21.67 | 46.50 |
| % of Calories | | | | | *40.8% | 15.9% | | 76.9% | | 9.6% |
| Weekly Nutrient Guideline | | | 400 - 500 | 540 | | <=0 | | | | |

| | | | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|-------------------|--|--|-----------------------------|---------------------------|---------------|--------------|----------------|-------------|--------------|--------------|
| Weighted Averages | | | 1766 | 1802 | *169 | 36.41 | *62 | 322.22 | *18.54 | 47.20 |
| % of Calories | | | | | *38.3% | 18.6% | | 73.0% | | 10.7% |

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*