

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

Menu Name: BREAKFAST HS

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 03/01/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990769 CROISSANT, HAM & CHEESE	1 croissant	1	255	591	4	10.03	27	31.01	2.00	13.52
990899 DONUT, CHOCOLATE, GLAZED IW	1 DONUT	1	310	300	25	13.00	15	45.00	2.00	3.00
990870 CEREAL, COCOA PUFFS, 2 OZ	1 BOWL	1	230	220	15	2.50	0	47.00	3.00	3.00
990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ	1 BOWL	1	210	320	11	5.00	0	44.00	7.00	3.00
990869 CEREAL, LUCKY CHARMS, 2 OZ	1 BOWL	1	200	360	19	2.50	0	46.00	4.00	5.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1861	2268	*182	38.25	72	340.48	*20.67	52.01
% of Calories					*39.1%	18.5%		73.2%		11.2%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Thursday - 03/02/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990774 PIZZA, BREAKFAST BAGEL	1 EACH	1	204	362	2	7.75	18	24.80	2.32	10.08
990729 CINNAMON TOAST PUFF PASTRY	1 BAR	1	250	310	15	7.00	*N/A*	43.00	3.00	7.00
990852 BREAKFAST SNACK BAG- GOLDFISH W/ COOKIES & CREAM	1 BAR 1 CRACKER	1	250	172	*9	7.50	6	43.00	5.00	5.00
990853 BREAKFAST SNACK BAG- GOLDFISH W/ CHOC CHIP	1 BAR 1 CRACKER	1	260	305	*12	6.50	5	45.00	3.00	5.00
990792 BREAKFAST SNACK BAG- CHEEZ ITS W/ CHOCOLATE BAR	1 BAR 1 CRACKER	1	5	6	0	0.13	*0	0.90	0.06	0.10
990791 BREAKFAST SNACK BAG- CHEEZ ITS W/ COOKIES & CREAM	1 BAR 1 CRACKER	1	152	4	9	4.07	*1	29.28	4.02	2.06
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49

Base Menu Spreadsheet

Portion Values

ASST										
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1776	1636	*156	38.17	*60	313.45	*20.08	53.73
% of Calories					*35.1%	19.3%		70.6%		12.1%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Friday - 03/03/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990095 BISCUIT, SAUSAGE	1 BISCUIT	1	255	915	2	13.00	20	26.50	1.00	9.00
990875 POPTART, STRAWBERRY, 2 OZ	1 PACK	1	340	230	29	5.00	0	73.00	6.00	4.00
990874 POPTART, FUDGE, 2 OZ	1 PACK	1	350	240	29	6.00	0	73.00	6.00	5.00
990873 POPTART, BLUEBERRY, 2 OZ	1 PACK	1	340	230	29	5.00	0	73.00	6.00	4.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49

Base Menu Spreadsheet

Portion Values

000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1940	2093	*198	34.22	50	372.97	*21.67	46.50
% of Calories					*40.8%	15.9%		76.9%		9.6%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Monday - 03/06/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	311	963	3	13.05	30	34.10	2.01	13.12
990897 WAFFLES, FUN & FRUITI, MINI	1 pouch	1	250	190	17	9.00	15	38.00	0.00	5.00
990898 WAFFLES, CHOCOLATE, MINI	1 pouch	1	232	176	16	8.34	14	35.21	0.00	4.63
990149 WAFFLES, BLUEBERRY, MINI	1 POUCH	1	241	201	12	9.03	15	33.10	2.01	5.02
990148 WAFFLES, MAPLE, MINI	1 POUCH	1	156	137	8	5.87	10	24.78	1.30	3.26
990150 WAFFLES, STRAWBERRY, MINI	1 POUCH	1	277	242	14	10.38	17	39.23	2.31	5.77
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	0	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	0	30.19	3.02	3.02
990768 CEREAL BAR, GOLDEN GRAHAM	1 BAR	1	150	105	9	3.50	0	30.00	3.00	2.00
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	0	30.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR	PACKS	1	110	100	7	3.00	0	20.00	2.00	2.00

Base Menu Spreadsheet

Portion Values

GRAHAMS										
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	0	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	0	21.00	1.00	2.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
Weighted Daily Average			3055	3148	*235	82.43	131	513.27	*26.34	77.34
% of Calories					*30.8%	24.3%		67.2%		10.1%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Tuesday - 03/07/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990763 SMOOTHIE, BLUE RASPBERRY	8 oz.	1	79	82	*10	0.00	3	13.70	0.50	6.05
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	0	21.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR	PACKS	1	110	100	7	3.00	0	20.00	2.00	2.00

Base Menu Spreadsheet

Portion Values

GRAHAMS										
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	0	20.00	1.00	2.00
990162 FRUDEL, APPLE	1 FRUDEL	1	210	260	11	6.00	0	36.00	2.00	5.00
990334 MUFFIN, CHERRY	1 MUFFIN	1	230	240	16	7.00	20	39.00	0.00	4.00
990854 MUFFIN, BLUEBERRY	1 MUFFIN	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990781 MUFFIN, CHOCOLATE CHIP	1 MUFFIN	1	270	190	22	8.99	40	43.94	2.00	4.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1774	1584	*188	36.21	92	321.12	*11.17	49.54
% of Calories					*42.4%	18.4%		72.4%		11.2%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Wednesday - 03/08/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990165 PANCAKE & SAUSAGE WRAP	1 EACH	1	200	310	4	10.00	25	17.00	3.00	7.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	0	40.00	2.00	5.00
990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ	1 BOWL	1	210	320	11	5.00	0	44.00	7.00	3.00
990869 CEREAL, LUCKY CHARMS, 2 OZ	1 BOWL	1	200	360	19	2.50	0	46.00	4.00	5.00
990870 CEREAL, COCOA PUFFS, 2 OZ	1 BOWL	1	230	220	15	2.50	0	47.00	3.00	3.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1735	1988	*172	33.22	55	321.47	*21.67	47.50
% of Calories					*39.7%	17.2%		74.1%		11.0%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Thursday - 03/09/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990901 TURKEY AND CHEESE HOT POCKET	1 HOT POCKET	1	150	370	3	5.00	15	22.00	1.00	8.00
990836 HONEY BUN	1 BUN	1	240	250	9	10.00	*N/A*	34.00	3.00	5.00
990852 BREAKFAST SNACK BAG- GOLDFISH W/ COOKIES & CREAM	1 BAR 1 CRACKER	1	250	172	*9	7.50	6	43.00	5.00	5.00
990853 BREAKFAST SNACK BAG- GOLDFISH W/ CHOC CHIP	1 BAR 1 CRACKER	1	260	305	*12	6.50	5	45.00	3.00	5.00
990792 BREAKFAST SNACK BAG- CHEEZ ITS W/ CHOCOLATE BAR	1 BAR 1 CRACKER	1	5	6	0	0.13	*0	0.90	0.06	0.10
990791 BREAKFAST SNACK BAG- CHEEZ ITS W/ COOKIES & CREAM	1 BAR 1 CRACKER	1	152	4	9	4.07	*1	29.28	4.02	2.06
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1713	1584	*151	38.42	*57	301.65	*18.75	49.66
% of Calories					*35.3%	20.2%		70.4%		11.6%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

Friday - 03/10/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990095 BISCUIT, SAUSAGE	1 BISCUIT	1	255	915	2	13.00	20	26.50	1.00	9.00
990874 POPTART, FUDGE, 2 OZ	1 PACK	1	350	240	29	6.00	0	73.00	6.00	5.00
990875 POPTART, STRAWBERRY, 2 OZ	1 PACK	1	340	230	29	5.00	0	73.00	6.00	4.00
990873 POPTART, BLUEBERRY, 2 OZ	1 PACK	1	340	230	29	5.00	0	73.00	6.00	4.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1940	2093	*198	34.22	50	372.97	*21.67	46.50
% of Calories					*40.8%	15.9%		76.9%		9.6%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

Monday - 03/13/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0	0
% of Calories					0%	0%		0%		0%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Tuesday - 03/14/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0	0
% of Calories					0%	0%		0%		0%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Wednesday - 03/15/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990769 CROISSANT, HAM & CHEESE	1 croissant	1	255	591	4	10.03	27	31.01	2.00	13.52
990899 DONUT, CHOCOLATE, GLAZED IW	1 DONUT	1	310	300	25	13.00	15	45.00	2.00	3.00

Base Menu Spreadsheet

Portion Values

990870 CEREAL, COCOA PUFFS, 2 OZ	1 BOWL	1	230	220	15	2.50	0	47.00	3.00	3.00
990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ	1 BOWL	1	210	320	11	5.00	0	44.00	7.00	3.00
990869 CEREAL, LUCKY CHARMS, 2 OZ	1 BOWL	1	200	360	19	2.50	0	46.00	4.00	5.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1861	2268	*182	38.25	72	340.48	*20.67	52.01
% of Calories					*39.1%	18.5%		73.2%		11.2%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Thursday - 03/16/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990774 PIZZA, BREAKFAST BAGEL	1 EACH	1	204	362	2	7.75	18	24.80	2.32	10.08
990729 CINNAMON TOAST PUFF PASTRY	1 BAR	1	250	310	15	7.00	*N/A*	43.00	3.00	7.00
990852 BREAKFAST	1 BAR 1	1	250	172	*9	7.50	6	43.00	5.00	5.00

Base Menu Spreadsheet

Portion Values

SNACK BAG- GOLDFISH W/ COOKIES & CREAM	CRACKER										
990853 BREAKFAST SNACK BAG- GOLDFISH W/ CHOC CHIP	1 BAR 1 CRACKER	1	260	305	*12	6.50	5	45.00	3.00	5.00	
990792 BREAKFAST SNACK BAG- CHEEZ ITS W/ CHOCOLATE BAR	1 BAR 1 CRACKER	1	5	6	0	0.13	*0	0.90	0.06	0.10	
990791 BREAKFAST SNACK BAG- CHEEZ ITS W/ COOKIES & CREAM	1 BAR 1 CRACKER	1	152	4	9	4.07	*1	29.28	4.02	2.06	
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00	
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00	
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00	
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00	
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49	
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00	
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00	
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00	
Weighted Daily Average			1776	1636	*156	38.17	*60	313.45	*20.08	53.73	
% of Calories					*35.1%	19.3%		70.6%		12.1%	
Weekly Nutrient Guideline			450 - 600	640		<=0					

Friday - 03/17/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990095 BISCUIT, SAUSAGE	1 BISCUIT	1	255	915	2	13.00	20	26.50	1.00	9.00

Base Menu Spreadsheet

Portion Values

990875 POPTART, STRAWBERRY, 2 OZ	1 PACK	1	340	230	29	5.00	0	73.00	6.00	4.00
990874 POPTART, FUDGE, 2 OZ	1 PACK	1	350	240	29	6.00	0	73.00	6.00	5.00
990873 POPTART, BLUEBERRY, 2 OZ	1 PACK	1	340	230	29	5.00	0	73.00	6.00	4.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1940	2093	*198	34.22	50	372.97	*21.67	46.50
% of Calories					*40.8%	15.9%		76.9%		9.6%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Monday - 03/20/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	311	963	3	13.05	30	34.10	2.01	13.12
990897 WAFFLES, FUN &	1 pouch	1	250	190	17	9.00	15	38.00	0.00	5.00

Base Menu Spreadsheet

Portion Values

FRUITI, MINI										
990898 WAFFLES, CHOCOLATE, MINI	1 pouch	1	232	176	16	8.34	14	35.21	0.00	4.63
990149 WAFFLES, BLUEBERRY, MINI	1 POUCH	1	241	201	12	9.03	15	33.10	2.01	5.02
990148 WAFFLES, MAPLE, MINI	1 POUCH	1	156	137	8	5.87	10	24.78	1.30	3.26
990150 WAFFLES, STRAWBERRY, MINI	1 POUCH	1	277	242	14	10.38	17	39.23	2.31	5.77
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	0	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	0	30.19	3.02	3.02
990768 CEREAL BAR, GOLDEN GRAHAM	1 BAR	1	150	105	9	3.50	0	30.00	3.00	2.00
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	0	30.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	0	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	0	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	0	21.00	1.00	2.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

Weighted Daily Average		3055	3148	*235	82.43	131	513.27	*26.34	77.34
% of Calories				*30.8%	24.3%		67.2%		10.1%
Weekly Nutrient Guideline		450 - 600	640		<=0				

Tuesday - 03/21/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990763 SMOOTHIE, BLUE RASPBERRY	8 oz.	1	79	82	*10	0.00	3	13.70	0.50	6.05
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	0	21.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	0	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	0	20.00	1.00	2.00
990162 FRUDEL, APPLE	1 FRUDEL	1	210	260	11	6.00	0	36.00	2.00	5.00
990334 MUFFIN, CHERRY	1 MUFFIN	1	230	240	16	7.00	20	39.00	0.00	4.00
990854 MUFFIN, BLUEBERRY	1 MUFFIN	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990781 MUFFIN, CHOCOLATE CHIP	1 MUFFIN	1	270	190	22	8.99	40	43.94	2.00	4.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49

Base Menu Spreadsheet

Portion Values

000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1774	1584	*188	36.21	92	321.12	*11.17	49.54
% of Calories					*42.4%	18.4%		72.4%		11.2%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Wednesday - 03/22/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990165 PANCAKE & SAUSAGE WRAP	1 EACH	1	200	310	4	10.00	25	17.00	3.00	7.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	0	40.00	2.00	5.00
990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ	1 BOWL	1	210	320	11	5.00	0	44.00	7.00	3.00
990869 CEREAL, LUCKY CHARMS, 2 OZ	1 BOWL	1	200	360	19	2.50	0	46.00	4.00	5.00
990870 CEREAL, COCOA PUFFS, 2 OZ	1 BOWL	1	230	220	15	2.50	0	47.00	3.00	3.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1%	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

LOWFAT										
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1735	1988	*172	33.22	55	321.47	*21.67	47.50
% of Calories					*39.7%	17.2%		74.1%		11.0%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Thursday - 03/23/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990901 TURKEY AND CHEESE HOT POCKET	1 HOT POCKET	1	150	370	3	5.00	15	22.00	1.00	8.00
990836 HONEY BUN	1 BUN	1	240	250	9	10.00	*N/A*	34.00	3.00	5.00
990852 BREAKFAST SNACK BAG- GOLDFISH W/ COOKIES & CREAM	1 BAR 1 CRACKER	1	250	172	*9	7.50	6	43.00	5.00	5.00
990853 BREAKFAST SNACK BAG- GOLDFISH W/ CHOC CHIP	1 BAR 1 CRACKER	1	260	305	*12	6.50	5	45.00	3.00	5.00
990792 BREAKFAST SNACK BAG- CHEEZ ITS W/ CHOCOLATE BAR	1 BAR 1 CRACKER	1	5	6	0	0.13	*0	0.90	0.06	0.10
990791 BREAKFAST SNACK BAG- CHEEZ ITS W/ COOKIES & CREAM	1 BAR 1 CRACKER	1	152	4	9	4.07	*1	29.28	4.02	2.06
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1713	1584	*151	38.42	*57	301.65	*18.75	49.66
% of Calories					*35.3%	20.2%		70.4%		11.6%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Friday - 03/24/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990095 BISCUIT, SAUSAGE	1 BISCUIT	1	255	915	2	13.00	20	26.50	1.00	9.00
990874 POPTART, FUDGE, 2 OZ	1 PACK	1	350	240	29	6.00	0	73.00	6.00	5.00
990875 POPTART, STRAWBERRY, 2 OZ	1 PACK	1	340	230	29	5.00	0	73.00	6.00	4.00
990873 POPTART, BLUEBERRY, 2 OZ	1 PACK	1	340	230	29	5.00	0	73.00	6.00	4.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
000229 FRUIT, FRESH	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49

Base Menu Spreadsheet

Portion Values

ASST										
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1940	2093	*198	34.22	50	372.97	*21.67	46.50
% of Calories					*40.8%	15.9%		76.9%		9.6%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Monday - 03/27/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	311	963	3	13.05	30	34.10	2.01	13.12
990255 PANCAKES, MINI BLUEBERRY	POUCH	1	230	330	16	6.00	5	38.00	3.00	5.00
990256 PANCAKES, MINI CINNAMON	POUCH	1	180	270	12	3.00	5	34.00	4.00	5.00
990257 PANCAKES, MINI MAPLE	POUCH	1	220	340	15	7.00	5	36.00	3.00	5.00
990255 PANCAKES, MINI BLUEBERRY	POUCH	1	230	330	16	6.00	5	38.00	3.00	5.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	0	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	0	20.00	1.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	0	20.00	2.00	2.00
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	0	30.00	3.00	2.00
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	0	30.19	3.02	3.02

Base Menu Spreadsheet

Portion Values

990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	0	30.19	3.02	3.02
990768 CEREAL BAR, GOLDEN GRAHAM	1 BAR	1	150	105	9	3.50	0	30.00	3.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			2759	3472	*226	61.81	80	488.95	*33.72	73.66
% of Calories					*32.8%	20.2%		70.9%		10.7%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Tuesday - 03/28/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990900 PARFAIT, FRUIT SENSATION	1 PARFAIT	1	280	123	*34	2.42	2	60.44	*3.55	6.06
990827 CINNAMON ROLL	1 CINNAMON ROLL	1	300	230	22	11.00	45	52.00	4.00	7.00
990725 MINI BAGEL, PILLSBURY, STAWBERRY CREAM	1 PACKAGE	1	230	180	13	6.00	10	41.00	2.00	6.00

Base Menu Spreadsheet

Portion Values

990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1465	1010	*177	24.64	88	280.91	*12.22	43.56
% of Calories					*48.3%	15.1%		76.7%		11.9%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Wednesday - 03/29/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990769 CROISSANT, HAM & CHEESE	1 croissant	1	255	591	4	10.03	27	31.01	2.00	13.52
990899 DONUT, CHOCOLATE, GLAZED IW	1 DONUT	1	310	300	25	13.00	15	45.00	2.00	3.00
990870 CEREAL, COCOA PUFFS, 2 OZ	1 BOWL	1	230	220	15	2.50	0	47.00	3.00	3.00
990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ	1 BOWL	1	210	320	11	5.00	0	44.00	7.00	3.00
990869 CEREAL, LUCKY CHARMS, 2 OZ	1 BOWL	1	200	360	19	2.50	0	46.00	4.00	5.00

Base Menu Spreadsheet

Portion Values

990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1861	2268	*182	38.25	72	340.48	*20.67	52.01
% of Calories					*39.1%	18.5%		73.2%		11.2%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Thursday - 03/30/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990774 PIZZA, BREAKFAST BAGEL	1 EACH	1	204	362	2	7.75	18	24.80	2.32	10.08
990729 CINNAMON TOAST PUFF PASTRY	1 BAR	1	250	310	15	7.00	*N/A*	43.00	3.00	7.00
990852 BREAKFAST SNACK BAG- GOLDFISH W/ COOKIES & CREAM	1 BAR 1 CRACKER	1	250	172	*9	7.50	6	43.00	5.00	5.00
990853 BREAKFAST SNACK BAG- GOLDFISH W/ CHOC CHIP	1 BAR 1 CRACKER	1	260	305	*12	6.50	5	45.00	3.00	5.00
990792 BREAKFAST SNACK BAG- CHEEZ ITS W/ CHOCOLATE BAR	1 BAR 1 CRACKER	1	5	6	0	0.13	*0	0.90	0.06	0.10

Base Menu Spreadsheet

Portion Values

990791 BREAKFAST SNACK BAG- CHEEZ ITS W/ COOKIES & CREAM	1 BAR 1 CRACKER	1	152	4	9	4.07	*1	29.28	4.02	2.06
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
Weighted Daily Average			1776	1636	*156	38.17	*60	313.45	*20.08	53.73
% of Calories					*35.1%	19.3%		70.6%		12.1%
Weekly Nutrient Guideline			450 - 600	640		<=0				

Friday - 03/31/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990095 BISCUIT, SAUSAGE	1 BISCUIT	1	255	915	2	13.00	20	26.50	1.00	9.00
990875 POPTART, STRAWBERRY, 2 OZ	1 PACK	1	340	230	29	5.00	0	73.00	6.00	4.00
990874 POPTART, FUDGE, 2 OZ	1 PACK	1	350	240	29	6.00	0	73.00	6.00	5.00
990873 POPTART, BLUEBERRY, 2 OZ	1 PACK	1	340	230	29	5.00	0	73.00	6.00	4.00
990278 MANAGER'S	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

CHOICE											
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	0	17.00	0.00	0.00	
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	0	15.00	0.00	0.00	
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	0	20.00	0.00	0.00	
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	0	15.00	0.00	0.00	
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49	
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00	
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00	
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00	
Weighted Daily Average			1940	2093	*198	34.22	50	372.97	*21.67	46.50	
% of Calories					*40.8%	15.9%		76.9%		9.6%	
Weekly Nutrient Guideline			450 - 600	640		<=0					

			Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			1800	1881	*170	37.71	*65	326.59	*18.80	48.48
% of Calories					*37.8%	18.9%		72.6%		10.8%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.