

## MARCH 2023 – BREAKFAST HIGH SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

Offer vs Serve - Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

This institution is an equal opportunity provider.

Menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Georgia grown and locally sourced products and ingredients are offered regularly.	Learn more about Richmond County's Wellness Plans & how to participate at: <a href="#">Nutrition Services / Wellness Policy (rcboe.org)</a>	1 Ham & Cheese Croissant Chocolate Glazed Donut Cereal	2 Breakfast Pizza Bagel Cinnamon Toast Puff Pastry Breakfast Snack Bag	3 Sausage Biscuit Poptarts Managers Choice
6 Chicken Biscuit Mini Waffles Cereal Bar w/ Breakfast Cracker	7 Blue Raspberry Smoothie w/ Breakfast Cracker Apple Frudel Muffin	8 Pancake & Sausage Wrap Cinni Minis Cereal	9 Turkey & Cheese Hot Pocket Honey Bun Breakfast Snack Bag	10 Sausage Biscuit Poptarts Manager's Choice
13 Student Holiday	14 Asynchronous Learning Day	15 Ham & Cheese Croissant Chocolate Glazed Donut Cereal National School Breakfast Week Specialty Item	16 Breakfast Pizza Bagel Cinnamon Toast Puff Pastry Breakfast Snack Bag National School Breakfast Week Specialty Item	17 Sausage Biscuit Poptarts Managers Choice National School Breakfast Week Specialty Item
20 Chicken Biscuit Mini Waffles Cereal Bar w/ Breakfast Cracker	21 Blue Raspberry Smoothie w/ Breakfast Cracker Apple Frudel Muffin	22 Pancake & Sausage Wrap Cinni Minis Cereal	23 Turkey & Cheese Hot Pocket Honey Bun Breakfast Snack Bag	24 Sausage Biscuit Poptarts Manager's Choice
27 Chicken Biscuit Mini Pancakes Cereal Bar w/ Cracker	28 Fruit Sensation Parfait Cinnamon Roll Strawberry Bagels	29 Ham & Cheese Croissant Chocolate Glazed Donut Cereal	30 Breakfast Pizza Bagel Cinnamon Toast Puff Pastry Breakfast Snack Bag	31 Sausage Biscuit Poptarts Managers Choice