

MARCH 2023 – LUNCH HIGH SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

Offer Vs Serve – Must have 3 different components, at least ½ cup fruit or vegetable. May have meat and grain, 2 veggies, fruit, milk

This institution is an equal opportunity provider.

Menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Georgia grown and locally sourced products and ingredients are offered regularly	Learn more about Richmond County's Wellness Plans & how to participate at <u>Nutrition Services / Wellness Policy (rcboe.org)</u>	1 Beef Nachos Hot Ham and Cheese Sandwich Bento Box Seasoned Fries Crisp Garden Salad Diced Pears	2 BBQ Sandwich Crispy Chicken Salad w/ Breadstick PBJ Sandwich Baked Beans Sweet Potato Souffle Cinnamon Applesauce	3 4 Meat Pizza Fish Sandwich Mac & Cheese Bowl w/ Breadstick Celery Sticks w/ Dip Crinkle Cut Fries
6 Cheeseburger w/ Fixins Chicken Pot Pie w/ Biscuit Turkey Sub w/ Fixins PBJ Sandwich Celery Sticks w/ Dip Crinkle Cut Fries	7 Southwest Taco Salad Cheese Quesadilla w/ Toppings Ranchero Pizza Cheesy Bean Dip Seasoned Corn Pineapple Tidbits	8 Sloppy Joe Sandwich Chicken Tenders w/ Breadstick Manager's Choice Seasoned Broccoli Sweet Potato Fries Mandarin Oranges	9 Southern Style Chicken Sandwich Beefaroni w/ Breadstick Pepperoni Pizza Curly Fries Fresh Veggies w/ Dip Strawberry Delight	10 Cheesy Bread Sticks w/ Marinara Hot Dog Fish Tacos Coleslaw Baby Carrots w/ Dip Mixed Fruit
13 Student Holiday	14 Asynchronous Learning Day	15 Beef Nachos Hot Ham and Cheese Sandwich Bento Box Seasoned Fries Crisp Garden Salad Diced Pears	16 BBQ Sandwich Crispy Chicken Salad w/ Breadstick PBJ Sandwich Baked Beans Sweet Potato Souffle Cinnamon Applesauce	17 4 Meat Pizza Fish Sandwich Mac & Cheese Bowl w/ Breadstick Celery Sticks w/ Dip Crinkle Cut Fries
20 Cheeseburger w/ Fixins Chicken Pot Pie w/ Biscuit Turkey Sub w/ Fixins PBJ Sandwich Celery Sticks w/ Dip Crinkle Cut Fries	21 Southwest Taco Salad Cheese Quesadilla w/ Toppings Ranchero Pizza Cheesy Bean Dip Seasoned Corn Pineapple Tidbits	22 Sloppy Joe Sandwich Chicken Tenders w/ Breadstick Manager's Choice Seasoned Broccoli Sweet Potato Fries Mandarin Oranges	23 Southern Style Chicken Sandwich Beefaroni w/ Breadstick Pepperoni Pizza Curly Fries Fresh Veggies w/ Dip Strawberry Delight	24 Cheesy Bread Sticks w/ Marinara Hot Dog Fish Tacos Coleslaw Baby Carrots w/ Dip Mixed Fruit
27 Chicken Burrito Bowl Combi Sub w/ Fixins Pepperoni Cheesy Bread w/ Marina Roasted Carrots Veggie Blend Diced Peaches	28 Spaghetti w/ Breadstick Cheese Pizza Manager's Choice Seasoned Corn Fresh Veggies w/ Dip Granny Applesauce	29 Beef Nachos Hot Ham and Cheese Sandwich Bento Box Seasoned Fries Crisp Garden Salad Diced Pears	30 BBQ Sandwich Crispy Chicken Salad w/ Breadstick PBJ Sandwich Baked Beans Sweet Potato Souffle Cinnamon Applesauce	31 4 Meat Pizza Fish Sandwich Mac & Cheese Bowl w/ Breadstick Celery Sticks w/ Dip Crinkle Cut Fries