MAY 2023 – BREAKFAST HIGH SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

This institution is an equal opportunity provider.

Offer vs Serve - Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

Menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Biscuit Mini Pancakes Cereal Bar w/ Cracker	2 Fruit Sensation Parfait Cinnamon Roll Strawberry Bagels	3 Ham & Cheese Croissant Chocolate Glazed Donut Cereal	4 Breakfast Pizza Bagel Cinnamon Toast Puff Pastry Breakfast Snack Bag	5 Sausage Biscuit Poptarts Managers Choice
8 Chicken Biscuit Mini Waffles Cereal Bar w/ Cracker	9 Blue Raspberry Smoothie w/ Breakfast Cracker Apple Frudel Muffin	10 Pancake & Sausage Wrap Cinni Minis Cereal	11 Turkey & Cheese Hot Pocket Honey Bun Breakfast Snack Bag	12 Sausage Biscuit Poptarts Manager's Choice
15 Chicken Biscuit Managers Choice	16 Mini Pancakes or Mini Waffles Managers Choice	17 Chocolate Glazed Donut Managers Choice	18 Cinnamon Toast Puff Pastry Managers Choice	19 Poptarts Managers Choice
22 Managers Choice Managers Choice	23 Managers Choice Managers Choice	24 Managers Choice Managers Choice	**Georgia grown and locally sourced products and ingredients are offered regularly.**	Learn more about Richmond County's Wellness Plans & how to participate at: Nutrition Services / Wellness Policy (rcboe.org)