

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

Menu Name: LUNCH HIGH

Include Cost: No

Site:

Report Style: Detailed

Monday - 05/01/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990913 ASIAN CHICKEN	2.8 oz	1	90	320	6	2.00	40	6.00	0.00	12.00
990787 RICE, SEASONED, 1 CUP	1 cup	1	246	139	*1	5.84	*1	*43.27	*2.35	*5.62
990141 SUB, COMBO HS	1 SUB	1	336	1065	4	15.67	69	30.05	2.00	21.19
990263 SUB FIXINS	EACH	1	18	858	*1	0.20	*0	4.09	1.43	0.70
990815 BREADSTICK, PEPPERONI PIZZA	1 SQUARE	1	320	743	6	13.74	25	31.95	3.99	16.99
990914 CARROTS, BABY DOD, ROASTED, SEASONED 3/4 CUP	3/4 CUP	1	72	312	*6	3.19	*0	10.65	*3.60	0.81
990173 VEGETABLES, MIXED, FROZEN 1/2 CUP	1/2 CUP	1	99	88	*4	3.57	*0	*14.67	*3.98	*2.66
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	0	18.49	1.32	0.00
Weighted Daily Average			1855	4224	*115	49.44	*175	*257.64	*21.35	*100.45
% of Calories					*24.8%	24.0%		*55.6%		*21.7%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Tuesday - 05/02/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990270 BAKED SPAGHETTI	1 CUP	1	359	643	*4	18.19	*50	28.09	*4.00	62.08
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	0	11.67	0.83	1.67
990063 PIZZA, FOUR CHEESE	1 SLICE	1	370	490	9	16.00	35	35.00	3.00	21.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000434 PEAS, BLACKEYE USDA 1/2 CUP	1/2 CUP	1	142	270	*1	4.85	*0	*19.35	*4.14	*6.46
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	47	*5	0.45	0	9.18	3.20	1.87

Base Menu Spreadsheet

May 1, 2023 thru May 24, 2023

Portion Values

000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			1597	2226	*105	45.54	*125	*201.76	*17.85	*133.58
% of Calories					*26.3%	25.7%		*50.5%		*33.5%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Wednesday - 05/03/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990417 PIZZA, RANCHERO STYLE	pizza	1	321	542	7	14.04	35	30.09	4.01	20.06
990061 HOT HAM & CHEESE HS	1 each	1	311	682	4	11.55	55	30.01	2.00	23.04
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	590	*27	16.93	42	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	534	*25	16.00	40	52.89	6.00	15.54
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	370	631	*20	15.38	40	49.73	5.00	16.67
990190 POTATO, SEASONED FRIES 3/4 CUP	3/4 CUP	1	190	502	0	6.11	0	31.20	2.71	2.71
990070 SALAD, CRISP	1 CUP	1	24	19	*1	0.37	0	4.84	2.35	1.84

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

GARDEN										
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	0	29.15	3.98	0.00
Weighted Daily Average			2773	4192	*168	85.60	251	*380.79	*33.71	136.74
% of Calories					*24.2%	27.8%		*54.9%		19.7%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Thursday - 05/04/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990064 SANDWICH, PORK BBQ (USDA)	SANDWICH	1	439	333	*3	18.50	71	43.00	2.00	24.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	714	821	26	32.00	*0	87.76	*8.00	24.00
990280 SALAD, CRISPY CHICKEN HS	1 SALAD	1	244	510	4	11.75	43	20.95	4.19	20.44
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	0	11.67	0.83	1.67
990068 BEANS, BAKED	1/2 CUP	1	111	266	11	0.00	0	23.30	4.44	3.33
990524 SWEET POTATO SOUFFLE 3/4 CUP	3/4 CUP	1	245	116	*32	5.57	*0	*46.31	*2.36	*1.19

Base Menu Spreadsheet

Portion Values

000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			2435	2822	*161	73.87	*154	*331.46	*24.50	*115.12
% of Calories					*26.4%	27.3%		*54.4%		*18.9%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Friday - 05/05/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9	17.00	40	36.00	3.00	20.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990814 HS- MACARONI & CHEESE	6 OZ	1	362	481	*5	27.51	*57	*24.30	*1.82	*18.24
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	0	11.67	0.83	1.67
990711 Manager's Choice Vegetable	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990053 POTATO, FRENCH FRIES 3/4 CUP	.75 CUP	1	144	36	0	5.40	0	22.81	2.40	2.40
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49

Base Menu Spreadsheet

Portion Values

000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	1.00	0	39.17	2.01	1.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0	3.00	0.00	0.00
Weighted Daily Average			1742	2043	*137	56.97	*137	*235.43	*12.73	*83.80
% of Calories					*31.5%	29.4%		*54.1%		*19.2%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Monday - 05/08/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
000145 CHEESEBURGER	EACH	1	320	512	5	12.54	43	29.01	3.00	25.54
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	0	3.58	1.23	0.84
000550 SUB, TURKEY HS	SANDWICH	1	294	617	4	10.24	45	28.69	2.00	23.75
990263 SUB FIXINS	EACH	1	18	858	*1	0.20	*0	4.09	1.43	0.70
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	714	821	26	32.00	*0	87.76	*8.00	24.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0	0.50	0.00	0.50

Base Menu Spreadsheet

Portion Values

990711 Manager's Choice Vegetable	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	210	*6	6.37	5	13.10	3.02	1.76
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	5	0.00	0.00	0.00
Weighted Daily Average			2141	4145	*127	70.85	*138	268.20	*21.36	117.59
% of Calories					*23.7%	29.8%		50.1%		22.0%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Tuesday - 05/09/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990462 SALAD, TACO	3.5 OZ SALAD	1	465	515	*2	28.15	48	40.85	7.14	50.74
990460 QUESADILLA, CHEESE, HIGH	2 QUESADILLA	1	501	804	2	31.24	73	30.92	2.00	26.41
990417 PIZZA, RANCHERO STYLE	pizza	1	321	542	7	14.04	35	30.09	4.01	20.06

Base Menu Spreadsheet

Portion Values

990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	238	368	3	8.92	22	30.41	9.54	13.03
990711 Manager's Choice Vegetable	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	0	18.87	0.96	0.50
Weighted Daily Average			2212	2922	*114	87.67	218	249.60	*26.32	151.24
% of Calories					*20.6%	35.7%		45.1%		27.3%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Wednesday - 05/10/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990816 SANDWICH, SLOPPY JOE	1 SANDWICH	1	325	360	*6	13.27	35	33.77	3.17	50.09
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	328	553	1	20.28	69	19.81	4.00	17.00
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	0	11.67	0.83	1.67
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990202 BROCCOLI, RANCH	1/2 CUP	1	28	121	*1	0.00	0	4.67	*3.20	3.20

Base Menu Spreadsheet

Portion Values

990205 POTATO, SWEET FRIES 3/4 CUP	3/4 CUP	1	217	294	11	6.52	0	36.97	4.35	1.09
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0	3.00	0.00	0.00
Weighted Daily Average			1596	2253	*107	46.14	144	208.86	*18.23	114.04
% of Calories					*26.8%	26.0%		52.3%		28.6%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Thursday - 05/11/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	360	460	3	9.50	60	42.00	4.00	27.00
990057 PASTA, BAKED PENNE WITH MEAT SAUCE	1 CUP	1	466	1004	*7	20.22	55	43.14	4.71	23.69
990077 PIZZA, PEPPERONI	1 SLICE	1	370	560	9	17.00	45	35.00	3.00	21.00
990881 Potato, Curly	3/4 CUP	1	130	290	0	5.00	0	21.00	1.00	1.00

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

Spiral Cut Fries 3/4 CUP										
990356 VEGGIES, FRESH, RED PEPPERS/CARROTS AND CUCUMBER	1/2 CUP	1	133	150	*9	6.52	5	18.77	4.02	2.29
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	1.00	0	39.17	2.01	1.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0	0.50	0.00	0.50
990179 COOKIE DOUGH, SUGAR	1 COOKIE	1	150	120	12	4.50	10	26.00	2.00	2.00
Weighted Daily Average			2442	3412	*160	72.96	220	324.04	*23.41	118.98
% of Calories					*26.2%	26.9%		53.1%		19.5%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Friday - 05/12/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990784 MOZZARELLA CHEESE STICKS, CHEESE FILLED MAXSTIX	2 Sticks	1	314	830	8	12.35	10	36.31	4.46	14.46

Base Menu Spreadsheet

May 1, 2023 thru May 24, 2023

Portion Values

990701 CHICKEN, NUGGETS	5	1	160	380	1	6.00	25	13.00	1.00	14.00
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	0	11.67	0.83	1.67
001444 TURKEY, HOTDOG	2 oz	1	279	770	*5	10.00	50	34.00	2.00	13.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990525 CARROTS, BABY, DOD 3/4 CUP	3/4 cup	1	110	213	8	6.15	5	14.34	3.29	0.73
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*6	3.08	*8	8.91	*0.94	0.89
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	120	10	26	0.00	0	30.00	2.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1744	3261	*141	43.63	*138	250.20	*17.20	85.74
% of Calories					*32.3%	22.5%		57.4%		19.7%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Monday - 05/15/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990916 CARROTS, BABY DOD, ROASTED, SEASONED 3/4 CUP	3/4 CUP	1	72	312	*6	3.19	*0	10.65	*3.60	0.81
990173 VEGETABLES, MIXED, FROZEN 1/2 CUP	1/2 CUP	1	99	88	*4	3.57	*0	*14.67	*3.98	*2.66
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	0	18.49	1.32	0.00
Weighted Daily Average			845	1099	*97	11.98	*40	*142.28	*11.57	*43.96
% of Calories					*45.9%	12.8%		*67.4%		*20.8%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Tuesday - 05/16/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990278 MANAGER'S	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

CHOICE										
000434 PEAS, BLACKEYE USDA 1/2 CUP	1/2 CUP	1	142	270	*1	4.85	*0	*19.35	*4.14	*6.46
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	47	*5	0.45	0	9.18	3.20	1.87
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			801	1009	*90	10.52	*40	*127.00	*10.02	*48.83
% of Calories					*44.9%	11.8%		*63.4%		*24.4%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Wednesday - 05/17/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990190 POTATO, SEASONED FRIES 3/4 CUP	3/4 CUP	1	190	502	0	6.11	0	31.20	2.71	2.71
990070 SALAD, CRISP GARDEN	1 CUP	1	24	19	*1	0.37	0	4.84	2.35	1.84

Base Menu Spreadsheet

Portion Values

000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	0	29.15	3.98	0.00
Weighted Daily Average			949	1214	*84	11.69	40	163.66	*11.71	45.05
% of Calories					*35.4%	11.1%		69.0%		19.0%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Thursday - 05/18/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990068 BEANS, BAKED	1/2 CUP	1	111	266	11	0.00	0	23.30	4.44	3.33
990524 SWEET POTATO SOUFFLE 3/4 CUP	3/4 CUP	1	245	116	*32	5.57	*0	*46.31	*2.36	*1.19
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			972	1075	*127	10.79	*40	*168.08	*9.47	*45.01
% of Calories					*52.3%	10.0%		*69.2%		*18.5%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Friday - 05/19/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990711 Manager's Choice Vegetable	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990053 POTATO, FRENCH FRIES 3/4 CUP	.75 CUP	1	144	36	0	5.40	0	22.81	2.40	2.40
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	0	14.46	2.67	0.49
000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	1.00	0	39.17	2.01	1.00
990390 SAUCE,	POUCH	1	10	100	2	0.00	0	3.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

KETCHUP IND PKS										
Weighted Daily Average			943	829	*122	11.63	40	163.45	*7.08	43.90
% of Calories					*51.7%	11.1%		69.3%		18.6%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Monday - 05/22/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990173 VEGETABLES, MIXED, FROZEN 1/2 CUP	1/2 CUP	1	99	88	*4	3.57	*0	*14.67	*3.98	*2.66
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	74	*21	3.56	*0	*29.64	*1.51	*0.76
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			816	852	*102	12.13	*40	*128.31	*5.49	*43.42
% of Calories					*50.0%	13.4%		*62.9%		*21.3%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Tuesday - 05/23/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	238	368	3	8.92	22	30.41	9.54	13.03
000434 PEAS, BLACKEYE USDA 1/2 CUP	1/2 CUP	1	142	270	*1	4.85	*0	*19.35	*4.14	*6.46
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			940	1327	*82	18.77	*62	*133.77	*13.68	*59.50
% of Calories					*34.9%	18.0%		*56.9%		*25.3%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

Wednesday - 05/24/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	10	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	5	19.00	0.00	8.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990202 BROCCOLI, RANCH	1/2 CUP	1	28	121	*1	0.00	0	4.67	*3.20	3.20
990205 POTATO, SWEET FRIES 3/4 CUP	3/4 CUP	1	217	294	11	6.52	0	36.97	4.35	1.09
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990390 SAUCE,	POUCH	1	10	100	2	0.00	0	3.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

KETCHUP IND PKS										
Weighted Daily Average			816	1204	*92	11.52	40	128.64	*7.55	44.29
% of Calories					*45.1%	12.7%		63.1%		21.7%
Weekly Nutrient Guideline			750 - 850	1420		<=0				

			Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			1534	2228	*118	40.65	*113	*214.62	*16.29	*85.07
% of Calories					*30.8%	23.8%		*56.0%		*22.2%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.