

## MAY 2023 – LUNCH HIGH SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

Offer Vs Serve – Must have 3 different components, at least ½ cup fruit or vegetable. May have meat and grain, 2 veggies, fruit, milk

This institution is an equal opportunity provider.

Menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Manager's Choice Combi Sub w/ Fixins Pepperoni Cheesy Bread w/ Marina Roasted Carrots Veggie Blend Diced Peaches	2 Spaghetti w/ Breadstick Cheese Pizza Manager's Choice Black Eyed Peas Fresh Veggies w/ Dip Assorted Fruit	3 Ranchero Pizza Hot Ham and Cheese Sandwich Bento Box Seasoned Fries Crisp Garden Salad Diced Pears	4 BBQ Sandwich Crispy Chicken Salad w/ Breadstick PBJ Sandwich Baked Beans Sweet Potato Souffle Assorted Fruit	5 4 Meat Pizza Manager's Choice Mac & Cheese Bowl w/ Breadstick Assorted Veggies Crinkle Cut Fries Fresh Fruit
8 Cheeseburger w/ Fixins Turkey Sub w/ Fixins PBJ Sandwich Celery Sticks w/ Dip Assorted Veggies Fresh Fruit	9 Southwest Taco Salad Cheese Quesadilla w/ Toppings Ranchero Pizza Cheesy Bean Dip Assorted Veggies Pineapple Tidbits	10 Sloppy Joe Sandwich Boom Boom Chicken Tenders w/ Breadstick Manager's Choice Seasoned Broccoli Sweet Potato Fries Assorted Fruit	11 Kickin Chicken Sandwich w/ Fixins Beefaroni w/ Breadstick Pepperoni Pizza Curly Fries Fresh Veggies w/ Dip Strawberry Delight	12 Chicken Nuggets w/ Breadstick Hot Dog Manager's Choice Coleslaw Baby Carrots w/ Dip Mixed Fruit
15 Manager's Choice Manager's Choice Roasted Carrots Veggie Blend Diced Peaches	16 Manager's Choice Manager's Choice Black Eyed Peas Fresh Veggies w/ Dip Assorted Fruit	17 Manager's Choice Manager's Choice Seasoned Fries Crisp Garden Salad Diced Pears	18 Manager's Choice Manager's Choice Baked Beans Sweet Potato Souffle Assorted Fruit	19 Manager's Choice Manager's Choice Assorted Veggies Crinkle Cut Fries Fresh Fruit
22 Manager's Choice Manager's Choice Celery Sticks w/ Dip Assorted Veggies Fresh Fruit	23 Manager's Choice Manager's Choice Cheesy Bean Dip Assorted Veggies Pineapple Tidbits	24 Manager's Choice Manager's Choice Seasoned Broccoli Sweet Potato Fries Assorted Fruit	Georgia grown and locally sourced products and ingredients are offered regularly	Learn more about Richmond County's Wellness Plans & how to participate at <a href="https://www.rcboe.org/WellnessPolicy">Nutrition Services / Wellness Policy (rcboe.org)</a>