

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

Menu Name: AFTERSCHOOL SNACK

Include Cost: No

Site:

Report Style: Detailed

Monday - 05/01/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990775 Nutrigrain Bar and Juice (Snack) | 1 pack | 1 | 259 | 142 | *24 | 3.96 | 0 | 55.77 | 2.97 | 2.16 |
| Weighted Daily Average | | | 259 | 142 | *24 | 3.96 | 0 | 55.77 | 2.97 | 2.16 |
| % of Calories | | | | | *37.1% | 13.8% | | 86.1% | | 3.3% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Tuesday - 05/02/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990892 Crackers, Peanut Butter, Milk | 1 pack | 1 | *250 | *320 | *25 | *5.50 | *15 | *40.00 | *1.00 | *10.00 |
| Weighted Daily Average | | | *250 | *320 | *25 | *5.50 | *15 | *40.00 | *1.00 | *10.00 |
| % of Calories | | | | | *40.0% | *19.8% | | *64.0% | | *16.0% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Wednesday - 05/03/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|----------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990890 Sun Chips Ched & Carrots | Pack | 1 | 239 | 322 | *0 | 14.17 | 5 | 29.20 | 5.72 | 2.93 |
| 990891 Sun Chips Salsa & Carrots | Pack | 1 | 239 | 272 | *2 | 12.17 | 5 | 28.20 | 4.72 | 2.93 |
| Weighted Daily Average | | | 478 | 594 | *2 | 26.34 | 10 | 57.40 | 10.44 | 5.87 |
| % of Calories | | | | | *1.7% | 49.6% | | 48.0% | | 4.9% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Thursday - 05/04/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990848 Chex Mix & Fruit Cup Chocolate | 1 pack | 1 | 231 | 69 | *10 | 4.00 | 0 | 48.80 | 4.98 | 2.00 |
| 990861 Chex Mix & Fruit Cup Strawberry | 1 pack | 1 | 221 | 59 | *8 | 3.00 | 0 | 49.80 | 4.98 | 2.00 |
| Weighted Daily Average | | | 451 | 127 | *18 | 7.00 | 0 | 98.60 | 9.96 | 4.00 |
| % of Calories | | | | | *16.0% | 14.0% | | 87.5% | | 3.5% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Friday - 05/05/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990887 Doritos Nacho & Juice | Pack | 1 | 232 | 212 | *23 | 5.06 | 0 | 45.25 | 2.02 | 2.02 |
| 990889 Doritos Chili & Juice | Pack | 1 | 232 | 212 | *23 | 5.06 | 0 | 45.25 | 2.02 | 2.02 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | | | | |
|------------------------------|------|---|-------|-----|--------|-------|---|--------|------|------|
| 990888 Doritos Ranch & Juice | Pack | 1 | 230 | 160 | 23 | 5.00 | 0 | 45.00 | 2.00 | 2.00 |
| Weighted Daily Average | | | 693 | 585 | *69 | 15.12 | 0 | 135.50 | 6.05 | 6.05 |
| % of Calories | | | | | *39.8% | 19.6% | | 78.2% | | 3.5% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Monday - 05/08/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990857 Granola Bar & Juice, Chocolate | 1 pack | 1 | 250 | 145 | 33 | 3.00 | 0 | 54.00 | 2.00 | 2.00 |
| 990777 Granola Bar & Juice, Cookies | 1 pack | 1 | 240 | 12 | 30 | 4.00 | 1 | 52.00 | 4.00 | 2.00 |
| Weighted Daily Average | | | 490 | 156 | 63 | 7.00 | 1 | 106.00 | 6.00 | 4.00 |
| % of Calories | | | | | 51.4% | 12.9% | | 86.5% | | 3.3% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Tuesday - 05/09/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990893 Cookies and Milk | 1 pack | 1 | 272 | 295 | 28 | 7.60 | 10 | 42.03 | *0.99 | 9.98 |
| Weighted Daily Average | | | 272 | 295 | 28 | 7.60 | 10 | 42.03 | *0.99 | 9.98 |
| % of Calories | | | | | 41.2% | 25.1% | | 61.8% | | 14.7% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

Wednesday - 05/10/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990639 Cheese Crackers and Juice (SNACK) | 1 pack | 1 | 200 | 160 | 24 | 3.50 | *0 | 40.00 | 1.00 | 3.00 |
| Weighted Daily Average | | | 200 | 160 | 24 | 3.50 | *0 | 40.00 | 1.00 | 3.00 |
| % of Calories | | | | | 48.0% | 15.8% | | 80.0% | | 6.0% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Thursday - 05/11/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990861 Chex Mix & Fruit Cup Strawberry | 1 pack | 1 | 221 | 59 | *8 | 3.00 | 0 | 49.80 | 4.98 | 2.00 |
| 990848 Chex Mix & Fruit Cup Chocolate | 1 pack | 1 | 231 | 69 | *10 | 4.00 | 0 | 48.80 | 4.98 | 2.00 |
| Weighted Daily Average | | | 451 | 127 | *18 | 7.00 | 0 | 98.60 | 9.96 | 4.00 |
| % of Calories | | | | | *16.0% | 14.0% | | 87.5% | | 3.5% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Friday - 05/12/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990888 Doritos Ranch & Juice | Pack | 1 | 230 | 160 | 23 | 5.00 | 0 | 45.00 | 2.00 | 2.00 |
| 990889 Doritos Chili & | Pack | 1 | 232 | 212 | *23 | 5.06 | 0 | 45.25 | 2.02 | 2.02 |

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

| | | | | | | | | | | |
|------------------------------|------|---|-------|-----|--------|-------|---|--------|-------|-------|
| Juice | | | | | | | | | | |
| 990887 Doritos Nacho & Juice | Pack | 1 | 232 | 212 | *23 | 5.06 | 0 | 45.25 | 2.02 | 2.02 |
| 990889 Doritos Chili & Juice | Pack | 1 | 232 | 212 | *23 | 5.06 | 0 | 45.25 | 2.02 | 2.02 |
| 990888 Doritos Ranch & Juice | Pack | 1 | 230 | 160 | 23 | 5.00 | 0 | 45.00 | 2.00 | 2.00 |
| Weighted Daily Average | | | 1155 | 957 | *115 | 25.19 | 0 | 225.75 | 10.08 | 10.08 |
| % of Calories | | | | | *39.8% | 19.6% | | 78.2% | | 3.5% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Monday - 05/15/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990640 Pretzels and Juice | 1 pack | 1 | *162 | *210 | *20 | *1.00 | *0 | *37.00 | *2.00 | *2.00 |
| Weighted Daily Average | | | *162 | *210 | *20 | *1.00 | *0 | *37.00 | *2.00 | *2.00 |
| % of Calories | | | | | *49.4% | *5.6% | | *91.4% | | *4.9% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Tuesday - 05/16/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990847 Peanut Butter and Jelly Sandwich - Snack | 1 EACH | 1 | *155 | *155 | *6 | *8.00 | *0 | *17.50 | *2.00 | *5.00 |
| Weighted Daily Average | | | *155 | *155 | *6 | *8.00 | *0 | *17.50 | *2.00 | *5.00 |
| % of Calories | | | | | *15.5% | *46.5% | | *45.2% | | *12.9% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Wednesday - 05/17/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|----------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990708 String Cheese & Fruit Cup | 1 pack | 1 | 222 | 190 | *4 | 9.15 | 30 | *29.62 | 4.25 | 7.24 |
| Weighted Daily Average | | | 222 | 190 | *4 | 9.15 | 30 | *29.62 | 4.25 | 7.24 |
| % of Calories | | | | | *7.2% | 37.1% | | *53.4% | | 13.0% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Thursday - 05/18/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|----------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990708 String Cheese & Fruit Cup | 1 pack | 1 | 222 | 190 | *4 | 9.15 | 30 | *29.62 | 4.25 | 7.24 |
| Weighted Daily Average | | | 222 | 190 | *4 | 9.15 | 30 | *29.62 | 4.25 | 7.24 |
| % of Calories | | | | | *7.2% | 37.1% | | *53.4% | | 13.0% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

Friday - 05/19/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990888 Doritos Ranch & Juice | Pack | 1 | 230 | 160 | 23 | 5.00 | 0 | 45.00 | 2.00 | 2.00 |
| 990889 Doritos Chili & Juice | Pack | 1 | 232 | 212 | *23 | 5.06 | 0 | 45.25 | 2.02 | 2.02 |
| Weighted Daily Average | | | 462 | 372 | *46 | 10.06 | 0 | 90.25 | 4.02 | 4.02 |
| % of Calories | | | | | *39.8% | 19.6% | | 78.1% | | 3.5% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Monday - 05/22/2023

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990714 Manager's Choice - Snack | 1 pack | 1 | 158 | 128 | *14 | 9.43 | *3 | *31.74 | *3.98 | 3.24 |
| Weighted Daily Average | | | 158 | 128 | *14 | 9.43 | *3 | *31.74 | *3.98 | 3.24 |
| % of Calories | | | | | *35.4% | 53.7% | | *80.4% | | 8.2% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

Tuesday - 05/23/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru May 24, 2023

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| 990714 Manager's Choice - Snack | 1 pack | 1 | 158 | 128 | *14 | 9.43 | *3 | *31.74 | *3.98 | 3.24 |
| Weighted Daily Average | | | 158 | 128 | *14 | 9.43 | *3 | *31.74 | *3.98 | 3.24 |
| % of Calories | | | | | *35.4% | 53.7% | | *80.4% | | 8.2% |
| Weekly Nutrient Guideline | | | 0 - 0 | | | <=0 | | | | |

| | Cals ¹ (kcal) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|-------------------|--------------------------|------------------------|------------|-----------|-------------|----------|-----------|-----------|
| Weighted Averages | *367 | *284 | *29 | *9.67 | *6 | *68.65 | *4.88 | *5.36 |
| % of Calories | | | *31.6% | *23.7% | | *74.8% | | *5.8% |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.