

SEPTEMBER 2023 – BREAKFAST ALL SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

Offer vs Serve - Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

This institution is an equal opportunity provider.

Menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Georgia grown and locally sourced products and ingredients are offered regularly.	Learn more about Richmond County's Wellness Plans & how to participate at: Nutrition Services / Wellness Policy (rcboe.org)			1 Sausage Biscuit Managers Choice Poptarts
4 Student Holiday	5 Asynchronous Learning Day	6 Breakfast Sausage Flatbread Pizza French Toast Sticks Cereal Bar with Breakfast Cracker	7 Watermelon Smoothie with Breakfast Cracker Cinnamon Toast Puff Pastry Cereal	8 Sausage Biscuit Managers Choice Poptarts
11 Chicken Biscuit Breakfast Scone Cereal	12 Mini Waffles Strawberry Bagels Poptarts	13 Pancake Sausage Wrap Frudel Cereal Bar with Breakfast Cracker	14 Peachy Parfait with Granola Cinnamon Roll Cereal	15 Sausage Biscuit Managers Choice Poptarts
18 Chicken Biscuit Muffins Cereal	19 Mini Powdered Donuts Breakfast Snack Bag Poptarts	20 Ham & Cheese Croissant Cinni Minis Cereal Bar with Breakfast Cracker	21 Strawberry Lemonade Smoothie with Breakfast Cracker Honey Bun Cereal	22 Sausage Biscuit Managers Choice Poptarts
25 Chicken Biscuit Uncrustable Cereal	26 Mini Pancakes Breakfast Bento Box Poptarts	27 Breakfast Sausage Flatbread Pizza French Toast Sticks Cereal Bar with Breakfast Cracker	28 Watermelon Smoothie with Breakfast Cracker Cinnamon Toast Puff Pastry Cereal	29 Sausage Biscuit Managers Choice Poptarts