

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

Menu Name: LUNCH MIDDLE AND K8

Include Cost: No

Site:

Report Style: Detailed

Use Alternate Menu Name: No

Friday - 09/01/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	700	9	14.00	0.00	45	27.00	1.00	10.00
990802 PIZZA, BITES, PEPPERONI	6 PIECES	1	350	735	6	12.75	0.00	25	41.00	6.00	18.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000209 GREEN BEANS, FROZEN, 1/2 CUP	1/2 CUP	1	42	31	*0	0.07	*0.00	0	7.70	*2.14	2.21
990052 POTATO, FRENCH FRIES 1/2 CUP	1/2 CUP	1	96	24	0	3.60	0.00	0	15.21	1.60	1.60
001263 APPLESAUCE, ROSY	HALF CUP	1	74	20	16	0.00	0.00	0	19.49	0.99	0.32
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.00	0	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0.00	0	3.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			1362	2227	*100	35.64	*0.00	105	193.37	*14.40	65.13
% of Calories					*29.4%	23.6%	*0.0%		56.8%		19.1%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Monday - 09/04/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%		0%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Tuesday - 09/05/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%		0%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

Wednesday - 09/06/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	334	11	18.56	0.00	71	43.06	2.00	24.06
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	590	*27	16.93	*0.00	42	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	534	*25	16.00	*0.00	40	52.89	6.00	15.54
990783 GLAZED SWEET POTATOES, ES/K8/MIDDLE 1/2 CUPS	1/2 CUP	1	252	*111	*27	*5.09	*0.00	*0	*49.81	*3.28	*1.09
990121 SALAD, CUCUMBER & TOMATO	1/2 CUP	1	75	132	*6	4.58	*0.00	*0	9.23	*0.88	0.93
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990449 APPLES, CINNAMON	1/2 CUP	1	61	*5	16	*0.10	*0.00	*0	15.80	*1.12	*0.36
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2157	*2273	*176	*66.47	*0.00	*188	*304.67	*20.94	*90.87
% of Calories					*32.6%	*27.7%	*0.0%		*56.5%		*16.9%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Thursday - 09/07/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990316 NACHOS, BEEF SUPREME (BEEF AND CHEESE) ES/MS	1 SERVING	1	311	546	*0	18.21	*0.00	*62	19.88	2.71	19.46
990274 QUESADILLA, CHEESE, ELEM/MIDDLE	1 QUESADILLA	1	431	649	1	29.24	0.00	73	21.92	2.00	23.41
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	560	5	9.50	0.00	65	41.00	3.00	27.00
990085 LETTUCE SHRD, TOM. DICED, SOUR CREAM (TACOS, ETC.)	1 SERVING	1	77	22	*1	5.33	*0.00	20	4.54	1.20	1.83
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	238	368	3	8.92	0.00	22	30.41	9.54	13.03
990092 CORN, SEASONED, FROZEN	1/2 CUP	1	79	36	*4	4.02	0.00	*0	*9.23	*1.81	*1.81
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2001	2748	*79	80.44	*0.00	*277	*206.45	*22.93	*119.04
% of Calories					*15.8%	36.2%	*0.0%		*41.3%		*23.8%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Friday - 09/08/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001444 TURKEY, HOTDOG	2 oz	1	279	770	*5	10.00	0.00	50	34.00	2.00	13.00
990063 PIZZA, FOUR CHEESE	1 SLICE	1	370	490	9	16.00	0.00	35	35.00	3.00	21.00
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	566	755	18	26.00	0.00	*0	66.88	*6.80	20.80
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	210	*6	6.37	*0.00	5	13.10	3.02	1.76
990882 Potato, Curly Spiral Cut Fries 1/2 CUP	1/2 CUP	1	130	290	0	5.00	0.00	0	21.00	1.00	1.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	120	10	26	0.00	0.00	0	30.00	2.00	0.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.00	0	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0.00	0	3.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2132	3327	*131	72.60	*0.00	*130	282.95	*20.49	90.56
% of Calories					*24.6%	30.6%	*0.0%		53.1%		17.0%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Monday - 09/11/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990297 SHEPHERDS PIE	5 x 5	1	287	356	*0	15.52	*0.00	*41	*17.24	*1.24	*14.68
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4	3.00	0.00	*N/A*	29.00	3.00	7.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9	17.00	0.00	40	36.00	3.00	20.00
990070 SALAD, CRISP GARDEN	1 CUP	1	24	19	*1	0.37	*0.00	0	4.84	2.35	1.84
990060 POTATO, SWEET FRIES 1/2 CUP	1/2 CUP	1	145	196	7	4.35	0.00	0	24.65	2.90	0.72
990449 APPLES, CINNAMON	1/2 CUP	1	61	*5	16	*0.10	*0.00	*0	15.80	*1.12	*0.36
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0.00	0	3.00	0.00	0.00
Weighted Daily Average			1773	*2289	*135	*45.56	*0.00	*126	*241.99	*16.28	*93.11
% of Calories					*30.5%	*23.1%	*0.0%		*54.6%		*21.0%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

Tuesday - 09/12/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990273 TACO, BBQ	1 TACO	1	567	748	*3	28.03	*0.00	86	46.45	3.71	30.21
990326 SALAD, SOUTHWEST ES/MS	SALADS	1	*367	*693	*3	*21.72	*0.00	*40	*33.27	*4.69	*16.88
990721 ROLL, 2 OZ RICH'S DINNER	1 Roll	1	170	140	4	3.00	0.00	*N/A*	29.00	3.00	7.00
990134 PIZZA, 3 CHEESE GARLIC BREAD	1 EACH	1	335	802	*3	14.64	0.00	24	33.81	0.91	18.48
990068 BEANS, BAKED	1/2 CUP	1	111	266	11	0.00	0.00	0	23.30	4.44	3.33
990052 POTATO, FRENCH FRIES 1/2 CUP	1/2 CUP	1	96	24	0	3.60	0.00	0	15.21	1.60	1.60
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	0.00	0	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			*2321	*3372	*111	*76.22	*0.00	*190	*298.00	*22.34	*117.99
% of Calories					*19.1%	*29.6%	*0.0%		*51.4%		*20.3%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Wednesday - 09/13/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990912 ASIAN CHICKEN, TERIYAKI	2.8 oz	1	90	320	6	2.00	0.00	40	6.00	0.00	12.00
000145 CHEESEBURGER	EACH	1	320	512	5	12.54	0.00	43	29.01	3.00	25.54
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	*0.00	0	3.58	1.23	0.84
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	566	755	18	26.00	0.00	*0	66.88	*6.80	20.80
990356 VEGGIES, FRESH, RED PEPPERS/CARROTS AND CUCUMBER	1/2 CUP	1	133	150	*9	6.52	*0.00	5	18.77	4.02	2.29
990711 Manager's Choice Vegetable	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	5	0.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1797	2864	*123	56.55	*0.00	*133	226.21	*17.72	102.47
% of Calories					*27.4%	28.3%	*0.0%		50.4%		22.8%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Thursday - 09/14/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990877 CHICKEN, CURRY	1.5 cup	1	456	1069	*4	13.28	*0.00	*94	55.70	*4.08	29.58
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	0.00	0	11.67	0.83	1.67
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	590	*27	16.93	*0.00	42	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	534	*25	16.00	*0.00	40	52.89	6.00	15.54
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	370	631	*20	15.38	*0.00	40	49.73	5.00	16.67
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990122 CARROTS, SWEET GLAZED 1/2 CUP	1/2 CUP	1	57	66	*9	1.26	*0.00	*0	*11.44	*2.69	*0.64
990879 CUCUMBER SALAD	1/2 CUP	1	84	131	*7	4.58	*0.00	*0	11.43	*1.04	1.32
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	0.00	0	29.15	3.98	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2590	3796	*177	73.49	*0.00	*255	*374.89	*31.29	*122.30
% of Calories					*27.3%	25.5%	*0.0%		*57.9%		*18.9%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Friday - 09/15/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990279 SAUSAGE DOG	2 OZ; 1 PIECE	1	399	860	7	20.00	0.00	60	37.00	*2.00	18.00
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	1	344	808	7	13.68	0.00	43	37.16	4.85	17.80
990263 SUB FIXINS	EACH	1	18	858	*1	0.20	*0.00	*0	4.09	1.43	0.70
990077 PIZZA, PEPPERONI	1 SLICE	1	370	560	9	17.00	0.00	45	35.00	3.00	21.00
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*6	3.08	*0.00	*8	8.91	*0.94	0.89
990084 POTATO, SEASONED FRIES 1/2 CUP	1/2 CUP	1	127	335	0	4.07	0.00	0	20.80	1.81	1.81
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	1.00	0.00	0	39.17	2.01	1.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			2166	4480	*151	68.25	*0.00	*201	284.09	*18.72	102.20
% of Calories					*27.9%	28.4%	*0.0%		52.5%		18.9%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Monday - 09/18/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	280	370	4	9.50	0.00	35	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	*0.00	0	3.58	1.23	0.84
990784 MOZZARELLA CHEESE STICKS, CHEESE FILLED MAXSTIX	2 Sticks	1	314	830	8	12.35	0.00	10	36.31	4.46	14.46

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001441 SUB, HAM ES	SANDWICH	1	252	480	4	7.72	0.00	39	28.60	2.00	17.50
990263 SUB FIXINS	EACH	1	18	858	*1	0.20	*0.00	*0	4.09	1.43	0.70
990092 CORN, SEASONED, FROZEN	1/2 CUP	1	79	36	*4	4.02	0.00	*0	*9.23	*1.81	*1.81
990356 VEGGIES, FRESH, RED PEPPERS/CARROTS AND CUCUMBER	1/2 CUP	1	133	150	*9	6.52	*0.00	5	18.77	4.02	2.29
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	120	10	26	0.00	0.00	0	30.00	2.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1772	3736	*122	49.80	*0.00	*129	*241.55	*22.63	*92.60
% of Calories					*27.5%	25.3%	*0.0%		*54.5%		*20.9%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Tuesday - 09/19/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990868 CHICKEN ALFREDO WITH A TWIST (NEW)	5.13 OZ	1	345	1155	*1	18.25	*0.00	*93	19.61	*1.56	24.65
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	0.00	0	11.67	0.83	1.67
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	566	755	18	26.00	0.00	*0	66.88	*6.80	20.80
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	127	4	6.08	0.00	5	7.74	0.38	0.49
990884 CARROTS, BABY DOD, ROASTED, SEASONED	1/2 CUP	1	53	231	*4	2.36	*0.00	*0	7.88	*2.66	0.60
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			1618	2919	*94	58.75	*0.00	*133	193.26	*14.91	80.70
% of Calories					*23.2%	32.7%	*0.0%		47.8%		20.0%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Wednesday - 09/20/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990247 CHICKEN, WINGS, OVEN ROASTED, BONE-IN	3 WINGS	1	180	840	1	7.00	0.00	30	16.00	1.00	13.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3	2.50	0.00	0	24.00	5.00	6.00
990412 ES/MS MACARONI & CHEESE	4 oz	1	242	320	*3	18.34	*0.00	*38	*16.20	*1.21	*12.16
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	334	11	18.56	0.00	71	43.06	2.00	24.06
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	95	0	0.50	0.00	0	14.00	1.00	2.00
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	56	2	0.48	0.00	0	5.49	2.94	2.81
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	74	*21	3.56	*0.00	*0	*29.64	*1.51	*0.76
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	0.00	0	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			1824	2484	*110	56.17	*0.00	*174	*246.35	*18.66	*93.29
% of Calories					*24.1%	27.7%	*0.0%		*54.0%		*20.5%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Thursday - 09/21/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990779 CHICKEN, TENDERS	3 TENDERS	1	225	390	0	10.00	0.00	60	18.00	4.00	17.00
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	*N/A*	0	14.01	1.50	3.50
990063 PIZZA, FOUR CHEESE	1 SLICE	1	370	490	9	16.00	0.00	35	35.00	3.00	21.00
001440 SUB, TURKEY ES/MS	SANDWICH	1	416	682	7	9.67	0.00	32	57.88	5.85	24.74
990263 SUB FIXINS	EACH	1	18	858	*1	0.20	*0.00	*0	4.09	1.43	0.70
001075 POTATO, MASHED	1/2 CUP	1	92	137	*0	2.23	*0.00	*0	*14.29	*0.60	*1.19
001543 GRAVY, BROWN, PREPARED	1/4 CUP	1	28	197	*1	0.00	*0.00	0	4.06	0.00	1.62
990068 BEANS, BAKED	1/2 CUP	1	111	266	11	0.00	0.00	0	23.30	4.44	3.33
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	1.00	0.00	0	39.17	2.01	1.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0.00	0	3.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2033	3754	*134	45.82	*0.00	*162	*292.26	*25.50	*106.59
% of Calories					*26.4%	20.3%	*0.0%		*57.5%		*21.0%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

Friday - 09/22/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	700	9	14.00	0.00	45	27.00	1.00	10.00
990802 PIZZA, BITES, PEPPERONI	6 PIECES	1	350	735	6	12.75	0.00	25	41.00	6.00	18.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000209 GREEN BEANS, FROZEN, 1/2 CUP	1/2 CUP	1	42	31	*0	0.07	*0.00	0	7.70	*2.14	2.21
990052 POTATO, FRENCH FRIES 1/2 CUP	1/2 CUP	1	96	24	0	3.60	0.00	0	15.21	1.60	1.60
001263 APPLESAUCE, ROSY	HALF CUP	1	74	20	16	0.00	0.00	0	19.49	0.99	0.32
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.00	0	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0.00	0	3.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			1362	2227	*100	35.64	*0.00	105	193.37	*14.40	65.13
% of Calories					*29.4%	23.6%	*0.0%		56.8%		19.1%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Monday - 09/25/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990062 PIZZA, FRENCH BREAD, PEPPERONI	1 SLICE	1	310	680	4	12.00	0.00	25	34.00	3.00	17.00
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	566	755	18	26.00	0.00	*0	66.88	*6.80	20.80
990118 MEATBALLS, HAWAIIAN	5 MEATBALLS	1	339	677	23	20.07	0.60	21	28.51	0.86	10.57
001256 RICE, SEASONED	1/2 cup	1	123	70	*0	2.92	0.00	*0	*21.64	*1.18	*2.81
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	0.00	0	11.67	0.83	1.67
990084 POTATO, SEASONED FRIES 1/2 CUP	1/2 CUP	1	127	335	0	4.07	0.00	0	20.80	1.81	1.81
990356 VEGGIES, FRESH, RED PEPPERS/CARROTS AND CUCUMBER	1/2 CUP	1	133	150	*9	6.52	*0.00	5	18.77	4.02	2.29
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	0.00	0	18.87	0.96	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2242	3317	*138	77.73	*0.60	*86	*300.61	*22.13	*89.95
% of Calories					*24.6%	31.2%	*0.2%		*53.6%		*16.0%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Tuesday - 09/26/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990270 BAKED SPAGHETTI	1 CUP	1	293	893	*4	10.20	*0.00	*55	28.73	*4.33	21.54
990701 CHICKEN, NUGGETS	5	1	160	380	1	6.00	0.00	25	13.00	1.00	14.00
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	*N/A*	0	14.01	1.50	3.50
990294 HOT HAM & CHEESE ES/MS	1 each	1	311	682	4	11.55	0.00	55	30.01	2.00	23.04
990070 SALAD, CRISP GARDEN	1 CUP	1	24	19	*1	0.37	*0.00	0	4.84	2.35	1.84
990060 POTATO, SWEET FRIES 1/2 CUP	1/2 CUP	1	145	196	7	4.35	0.00	0	24.65	2.90	0.72
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	5	0.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.00	0	0.50	0.00	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			1578	3040	*87	43.19	*0.00	*175	198.22	*16.75	97.65
% of Calories					*22.1%	24.6%	*0.0%		50.2%		24.8%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

Wednesday - 09/27/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	334	11	18.56	0.00	71	43.06	2.00	24.06
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	590	*27	16.93	*0.00	42	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	534	*25	16.00	*0.00	40	52.89	6.00	15.54
990783 GLAZED SWEET POTATOES, ES/K8/MIDDLE 1/2 CUPS	1/2 CUP	1	252	*111	*27	*5.09	*0.00	*0	*49.81	*3.28	*1.09
990121 SALAD, CUCUMBER & TOMATO	1/2 CUP	1	75	132	*6	4.58	*0.00	*0	9.23	*0.88	0.93
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990449 APPLES, CINNAMON	1/2 CUP	1	61	*5	16	*0.10	*0.00	*0	15.80	*1.12	*0.36
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2157	*2273	*176	*66.47	*0.00	*188	*304.67	*20.94	*90.87
% of Calories					*32.6%	*27.7%	*0.0%		*56.5%		*16.9%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Thursday - 09/28/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990316 NACHOS, BEEF SUPREME (BEEF AND CHEESE) ES/MS	1 SERVING	1	311	546	*0	18.21	*0.00	*62	19.88	2.71	19.46
990274 QUESADILLA, CHEESE, ELEM/MIDDLE	1 QUESADILLA	1	431	649	1	29.24	0.00	73	21.92	2.00	23.41
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	560	5	9.50	0.00	65	41.00	3.00	27.00
990085 LETTUCE SHRD, TOM. DICED, SOUR CREAM (TACOS, ETC.)	1 SERVING	1	77	22	*1	5.33	*0.00	20	4.54	1.20	1.83
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	238	368	3	8.92	0.00	22	30.41	9.54	13.03
990092 CORN, SEASONED, FROZEN	1/2 CUP	1	79	36	*4	4.02	0.00	*0	*9.23	*1.81	*1.81
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2001	2748	*79	80.44	*0.00	*277	*206.45	*22.93	*119.04
% of Calories					*15.8%	36.2%	*0.0%		*41.3%		*23.8%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

Friday - 09/29/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001444 TURKEY, HOTDOG	2 oz	1	279	770	*5	10.00	0.00	50	34.00	2.00	13.00
990063 PIZZA, FOUR CHEESE	1 SLICE	1	370	490	9	16.00	0.00	35	35.00	3.00	21.00
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	566	755	18	26.00	0.00	*0	66.88	*6.80	20.80
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	210	*6	6.37	*0.00	5	13.10	3.02	1.76
990882 Potato, Curly Spiral Cut Fries 1/2 CUP	1/2 CUP	1	130	290	0	5.00	0.00	0	21.00	1.00	1.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	*0.00	0	14.46	2.67	0.49
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	120	10	26	0.00	0.00	0	30.00	2.00	0.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.00	0	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	0.00	0	3.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2132	3327	*131	72.60	*0.00	*130	282.95	*20.49	90.56
% of Calories					*24.6%	30.6%	*0.0%		53.1%		17.0%
Weekly Nutrient Guideline			600 - 650	1110		<=0					

	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)

Base Menu Spreadsheet

Portion Values

Sep 1, 2023 thru Sep 29, 2023

Weighted Averages		*1763	*2724	*112	*55.33	*0.03	*151	*232.01	*18.31	*87.15
% of Calories				*25.4%	*28.2%	*0.0%		*52.6%		*19.8%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.