

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

Menu Name: LUNCH HIGH
Site:
Use Alternate Menu Name: No

Include Cost: No
Report Style: Detailed

Wednesday - 05/01/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990270 BAKED SPAGHETTI WITH TACO FILLING	1 CUP	1	293	893	*4	*0	10.20	*0.00	*55	28.73	*4.33	21.54
990779 CHICKEN, TENDERS	3 TENDERS	1	225	390	0	*N/A*	10.00	0.00	60	18.00	4.00	17.00
990066 BREADSTICK	BREADSTICK	1	67	83	2	*N/A*	0.83	0.00	0	11.67	0.83	1.67
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	714	821	26	*N/A*	32.00	0.00	*0	87.76	*8.00	24.00
990053 POTATO, FRENCH FRIES 3/4 CUP	.75 CUP	1	144	36	0	*N/A*	5.40	0.00	0	22.81	2.40	2.40
000209 GREEN BEANS, FROZEN, 1/2 CUP	1/2 CUP	1	42	31	*0	*N/A*	0.07	*0.00	0	7.70	*2.14	2.21
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
990917 FRUIT, MANAGER'S CHOICE, CHILLED	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	*N/A*	0.00	0.00	5	20.00	0.00	8.00

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May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	*N/A*	0.00	0.00	0	3.00	0.00	0.00
Weighted Daily Average			2100	3107	*111	*0	63.73	*0.00	*155	273.15	*24.37	109.32
% of Calories					*21.1%	*0%	27.3%	*0.0%		52.0%		20.8%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Thursday - 05/02/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000550 SUB, TURKEY HS	SANDWICH	1	294	617	4	*N/A*	10.24	0.00	45	28.69	2.00	23.75
990263 SUB FIXINS	EACH	1	18	858	*1	*N/A*	0.20	*0.00	*0	4.09	1.43	0.70
100007 BBQ, TROPICAL RICE BOWL	3 oz BBQ	1	261	316	*8	*8	12.92	0.00	54	21.56	0.00	13.68
100008 RICE, PINEAPPLE AND CORN	1 CUP	1	271	169	*3	*N/A*	5.46	*0.00	*0	*50.65	*1.61	*4.90
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990612 CARROTS, SWEET GLAZED 3/4 CUP	3/4 CUP	1	86	100	*13	*N/A*	1.91	*0.00	*0	*17.33	*4.08	*0.97
990053 POTATO, FRENCH FRIES 3/4 CUP	.75 CUP	1	144	36	0	*N/A*	5.40	0.00	0	22.81	2.40	2.40
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	*N/A*	0.00	0.00	0	29.15	3.98	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00

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Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1834	2928	*107	*8	45.36	*0.00	*144	*267.25	*18.18	*87.40
% of Calories					*23.3%	*1.7%	22.3%	*0.0%		*58.3%		*19.1%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Friday - 05/03/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990956 CHEESE POCKET, WILD MIKE'S	1 POCKET	1	310	655	6	1	10.75	0.00	35	33.00	1.00	20.00
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	560	5	*N/A*	9.50	0.00	65	41.00	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990131 TACOS, FISH	2 TACOS	1	467	643	*3	*N/A*	17.82	*0.00	65	54.93	5.17	25.34
990905 LETTUCE SHRD, TOM. DICED, CHEESE (FISH TACO)	1 SERVING	1	57	103	*0	*N/A*	4.82	*0.00	15	3.93	1.17	4.34
000442 BROCCOLI, SEASONED	1/2 c.	1	18	24	*1	*N/A*	0.00	0.00	0	2.92	*2.03	2.03

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Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990344 POTATO, SWEET CHOPPED WEDGES 3/4 CUP	3/4 CUP	1	211	246	12	*N/A*	7.92	0.00	0	33.44	3.52	0.88
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	*N/A*	0.00	0.00	0	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	*N/A*	0.00	0.00	0	0.50	0.00	0.50
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990392 SAUCE, TARTAR INDV	POUCH	1	25	85	1	*N/A*	2.50	*N/A*	5	1.00	0.00	0.00
Weighted Daily Average			2084	3137	*100	*1	62.80	*0.00	225	275.26	*21.11	113.42
% of Calories					*19.2%	*0.2%	27.1%	*0.0%		52.8%		21.8%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Monday - 05/06/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990078 BURRITO BOWL, CHICKEN (HS)	1 SERVING	1	433	1096	*2	*N/A*	12.89	*0.00	*107	47.13	*4.42	31.33

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May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990079 RICE, SPANISH, SIMPLE- HIGH SCHOOL	1 CUP	1	220	240	*2	*N/A*	1.77	*0.00	*0	44.97	*4.42	5.57
990085 LETTUCE SHRD, TOM. DICED, SOUR CREAM (TACOS, ETC.)	1 SERVING	1	77	22	*1	*N/A*	5.33	*0.00	20	4.54	1.20	1.83
990141 SUB, COMBO HS	1 SUB	1	336	1065	4	*N/A*	15.67	0.00	69	30.05	2.00	21.19
990263 SUB FIXINS	EACH	1	18	858	*1	*N/A*	0.20	*0.00	*0	4.09	1.43	0.70
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	714	821	26	*N/A*	32.00	0.00	*0	87.76	*8.00	24.00
000209 GREEN BEANS, FROZEN, 1/2 CUP	1/2 CUP	1	42	31	*0	*N/A*	0.07	*0.00	0	7.70	*2.14	2.21
990092 CORN, SEASONED, FROZEN	1/2 CUP	1	79	36	*4	*0	4.02	0.00	*0	*9.23	*1.81	*1.81
990917 FRUIT, MANAGER'S CHOICE, CHILLED	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2514	4867	*117	*0	77.17	*0.00	*237	*327.93	*28.10	*129.13
% of Calories					*18.6%	*0%	27.6%	*0.0%		*52.2%		*20.5%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Tuesday - 05/07/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990938 WALKING TACO, BEEF AND DORITOS	1 SERVING	1	355	721	1	1	16.63	0.00	59	31.48	3.49	19.51
990061 HOT HAM & CHEESE HS	1 each	1	311	682	4	*N/A*	11.55	0.00	55	30.01	2.00	23.04
990070 SALAD, CRISP GARDEN	1 CUP	1	24	19	*1	*N/A*	0.37	*0.00	0	4.84	2.35	1.84
990053 POTATO, FRENCH FRIES 3/4 CUP	.75 CUP	1	144	36	0	*N/A*	5.40	0.00	0	22.81	2.40	2.40
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	*N/A*	1.00	0.00	0	39.17	2.01	1.00
990951 COOKIE, FROSTED BIRTHDAY CAKE, CLASSIC DELIGHT, IW	1 COOKIE	1	180	60	15	15	7.00	0.00	5	27.00	1.00	2.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			1782	2216	*135	*16	47.18	*0.00	159	247.79	*15.92	90.29
% of Calories					*30.3%	*3.6%	23.8%	*0.0%		55.6%		20.3%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Wednesday - 05/08/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990814 HS- MACARONI & CHEESE	6 OZ	1	362	481	*5	*N/A*	27.51	*0.00	*57	*24.30	*1.82	*18.24
990066 BREADSTICK	BREADSTICK	1	67	83	2	*N/A*	0.83	0.00	0	11.67	0.83	1.67
990068 BEANS, BAKED	1/2 CUP	1	111	266	11	*N/A*	0.00	0.00	0	23.30	4.44	3.33
990524 SWEET POTATO SOUFFLE 3/4 CUP	3/4 CUP	1	245	116	*32	*N/A*	5.57	*0.00	*0	*46.31	*2.36	*1.19
990866 APPLESAUCE, GRANNY	HALF CUP	1	74	20	16	*N/A*	0.00	0.00	0	19.49	0.99	0.32
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	*N/A*	0.00	0.00	5	20.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	*N/A*	0.00	0.00	0	0.50	0.00	0.50

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May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990780 DRESSING, RANCH 1oz CUPS	1 oz cup	1	70	125	3	*N/A*	6.01	0.00	5	5.01	0.00	0.00
Weighted Daily Average			1660	2119	*166	*0	45.14	*0.00	*107	*246.05	*13.12	*73.74
% of Calories					*40.0%	*0%	24.5%	*0.0%		*59.3%		*17.8%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Thursday - 05/09/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9	*N/A*	17.00	0.00	40	36.00	3.00	20.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990916 CARROTS, BABY DOD, ROASTED, SEASONED 3/4 CUP	3/4 CUP	1	72	312	*6	*N/A*	3.19	*0.00	*0	10.65	*3.60	0.81
990711 Manager's Choice Vegetable	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990196 ORANGES, MANDARIN CN	1/2 CUP	1	46	6	10	*N/A*	0.05	0.00	0	11.31	1.44	0.90
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00

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May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			1083	1666	*102	*0	25.46	*0.00	*80	150.43	*10.71	62.20
% of Calories					*37.7%	*0%	21.2%	*0.0%		55.6%		23.0%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Friday - 05/10/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990448 PIZZA, CHEESE, NARDONE	1 SLICE	1	460	840	5	*N/A*	18.00	0.00	35	50.00	5.00	25.00
990279 SAUSAGE DOG	2 OZ; 1 PIECE	1	399	860	7	*N/A*	20.00	0.00	60	37.00	*2.00	18.00
990881 Potato, Curly Spiral Cut Fries 3/4 CUP	3/4 CUP	1	130	290	0	*N/A*	5.00	0.00	0	21.00	1.00	1.00
990121 SALAD, CUCUMBER & TOMATO	1/2 CUP	1	75	132	*6	*N/A*	4.58	*0.00	*0	9.23	*0.88	0.93
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	*N/A*	0.10	0.00	0	18.87	0.96	0.50
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1787	3055	*114	*0	56.89	*0.00	*140	232.07	*12.51	86.43
% of Calories					*25.5%	*0%	28.7%	*0.0%		51.9%		19.3%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Monday - 05/13/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000145 CHEESEBURGER	EACH	1	320	512	5	*N/A*	12.54	0.00	43	29.01	3.00	25.54
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990408 CHICKEN (DICED) TETRAZZINI	5 x 5	1	272	488	*2	*N/A*	11.15	*0.00	*55	*27.02	*2.93	*17.71
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3	*N/A*	2.50	0.00	0	24.00	5.00	6.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	714	821	26	*N/A*	32.00	0.00	*0	87.76	*8.00	24.00
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	127	4	*N/A*	6.08	0.00	5	7.74	0.38	0.49
990205 POTATO, SWEET FRIES 3/4 CUP	3/4 CUP	1	217	294	11	*N/A*	6.52	0.00	0	36.97	4.35	1.09
991028 BLUEBERRY DELIGHT, FARM FRESH BLUEBERRIES	1/2 cup	1	43	1	8	0	0.26	0.00	0	11.07	1.84	0.56

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	*N/A*	0.00	0.00	0	0.50	0.00	0.50
990780 DRESSING, RANCH 1oz CUPS	1 oz cup	1	70	125	3	*N/A*	6.01	0.00	5	5.01	0.00	0.00
Weighted Daily Average			2526	3689	*140	*0	86.56	*0.00	*153	*328.14	*29.40	*117.23
% of Calories					*22.2%	*0%	30.8%	*0.0%		*52.0%		*18.6%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Tuesday - 05/14/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990273 TACO, BBQ	1 TACO	1	567	748	*3	*N/A*	28.03	*0.00	86	46.45	3.71	30.21
990327 SALAD, SOUTHWEST HS	SALADS	1	*392	*852	*3	*N/A*	*22.39	*0.00	*49	*34.88	*5.36	*20.68

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990063 PIZZA, FOUR CHEESE	1 SLICE	1	370	490	9	*N/A*	16.00	0.00	35	35.00	3.00	21.00
990068 BEANS, BAKED	1/2 CUP	1	111	266	11	*N/A*	0.00	0.00	0	23.30	4.44	3.33
990202 BROCCOLI, RANCH	1/2 CUP	1	28	121	*1	*N/A*	0.00	0.00	0	4.67	*3.20	3.20
990917 FRUIT, MANAGER'S CHOICE, CHILLED	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
990182 COOKIE DOUGH, CHOCOLATE CHIP	1 COOKIE	1	5	100	12	*N/A*	1.50	0.00	10	26.00	2.00	2.00
990780 DRESSING, RANCH 1oz CUPS	1 oz cup	1	70	125	3	*N/A*	6.01	0.00	5	5.01	0.00	0.00
Weighted Daily Average			*1599	*2705	*48	*0	*74.15	*0.00	*186	*189.77	*24.38	*80.92
% of Calories					*12.0%	*0%	*41.7%	*0.0%		*47.5%		*20.2%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Wednesday - 05/15/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	328	553	1	*N/A*	20.28	*0.00	69	19.81	4.00	17.00
990066 BREADSTICK	BREADSTICK	1	67	83	2	*N/A*	0.83	0.00	0	11.67	0.83	1.67
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
001530 SUB, HAM HS	EACH	1	311	682	4	*N/A*	11.55	0.00	55	30.01	2.00	23.04
990263 SUB FIXINS	EACH	1	18	858	*1	*N/A*	0.20	*0.00	*0	4.09	1.43	0.70

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990711 Manager's Choice Vegetable	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990914 CARROTS, BABY DOD, ROASTED, SEASONED 3/4 CUP	3/4 CUP	1	72	312	*6	*N/A*	3.19	*0.00	*0	10.65	*3.60	0.81
000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	*N/A*	1.00	0.00	0	39.17	2.01	1.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1618	3421	*129	*0	46.28	*0.00	*169	211.37	*16.55	85.20
% of Calories					*31.9%	*0%	25.7%	*0.0%		52.3%		21.1%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Thursday - 05/16/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990880 PORK, BBQ RIBLET ON BUN	1 SANDWICH	1	362	1056	20	*N/A*	26.10	*0.00	38	49.40	2.40	16.40
990877 CHICKEN, CURRY	1.5 cup	1	456	1069	*4	*N/A*	13.28	*0.00	*94	55.70	*4.08	29.58
990066 BREADSTICK	BREADSTICK	1	67	83	2	*N/A*	0.83	0.00	0	11.67	0.83	1.67
990077 PIZZA, PEPPERONI	1 SLICE	1	370	560	9	*N/A*	17.00	0.00	45	35.00	3.00	21.00
990190 POTATO, SEASONED FRIES 3/4 CUP	3/4 CUP	1	190	502	0	*N/A*	6.11	0.00	0	31.20	2.71	2.71
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	47	*5	*N/A*	0.45	*0.00	0	9.18	3.20	1.87
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	*N/A*	0.10	0.00	0	18.87	0.96	0.50
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990780 DRESSING, RANCH 1oz CUPS	1 oz cup	1	70	125	3	*N/A*	6.01	0.00	5	5.01	0.00	0.00
Weighted Daily Average			2236	4242	*140	*0	75.10	*0.00	*222	311.50	*19.87	114.23
% of Calories					*25.0%	*0%	30.2%	*0.0%		55.7%		20.4%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

Friday - 05/17/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990701 CHICKEN, NUGGETS	5	1	160	380	1	*N/A*	6.00	0.00	25	13.00	1.00	14.00
990066 BREADSTICK	BREADSTICK	1	67	83	2	*N/A*	0.83	0.00	0	11.67	0.83	1.67
990132 SANDWICH, FISH	1 SANDWICH	1	300	380	4	*N/A*	7.50	0.00	50	42.00	4.00	20.00
001444 TURKEY, HOTDOG	2 oz	1	279	770	*5	*N/A*	10.00	0.00	50	34.00	2.00	13.00
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*6	*N/A*	3.08	*0.00	*8	8.90	*0.94	0.89
990881 Potato, Curly Spiral Cut Fries 3/4 CUP	3/4 CUP	1	130	290	0	*N/A*	5.00	0.00	0	21.00	1.00	1.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	*N/A*	0.00	0.00	0	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	*N/A*	0.00	0.00	0	0.50	0.00	0.50

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990392 SAUCE, TARTAR INDV	POUCH	1	25	85	1	*N/A*	2.50	*N/A*	5	1.00	0.00	0.00
Weighted Daily Average			1735	3059	*102	*0	44.13	*0.00	*183	246.04	*13.77	91.55
% of Calories					*23.5%	*0%	22.9%	*0.0%		56.7%		21.1%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Monday - 05/20/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990409 CHICKEN N WAFFLES (TENDERS)	1 EACH	1	525	740	12	*N/A*	23.00	0.00	80	61.00	7.00	21.00
990204 HAMBURGER	EACH	1	280	370	4	*N/A*	9.50	0.00	35	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
900060 PARFAIT, BLUEBERRY GA GROWN LUNCH	1 PARFAIT	1	460	278	65	0	3.63	*0.00	5	94.79	4.60	15.66
990356 VEGGIES, FRESH, RED PEPPERS/CARROTS AND CUCUMBER	1/2 CUP	1	133	150	*9	*N/A*	6.52	*0.00	5	18.77	4.02	2.29
100006 TATER TOTS, CHEESY	1/2 CUP	1	253	895	0	*N/A*	15.27	0.00	*22	20.36	2.05	8.35
000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	*N/A*	1.00	0.00	0	39.17	2.01	1.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	*N/A*	0.00	0.00	0	0.50	0.00	0.50
990780 DRESSING, RANCH 1oz CUPS	1 oz cup	1	70	125	3	*N/A*	6.01	0.00	5	5.01	0.00	0.00
000509 SYRUP, IND PK	1.5 oz	1	160	45	16	*N/A*	0.00	0.00	0	31.00	0.00	0.00
Weighted Daily Average			2611	3606	*213	*0	71.93	*0.00	*187	384.64	*26.58	104.14
% of Calories					*32.6%	*0%	24.8%	*0.0%		58.9%		16.0%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Tuesday - 05/21/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000550 SUB, TURKEY HS	SANDWICH	1	294	617	4	*N/A*	10.24	0.00	45	28.69	2.00	23.75
990263 SUB FIXINS	EACH	1	18	858	*1	*N/A*	0.20	*0.00	*0	4.09	1.43	0.70
100007 BBQ, TROPICAL RICE BOWL	3 oz BBQ	1	261	316	*8	*8	12.92	0.00	54	21.56	0.00	13.68
100008 RICE, PINEAPPLE AND CORN	1 CUP	1	271	169	*3	*N/A*	5.46	*0.00	*0	*50.65	*1.61	*4.90
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990612 CARROTS, SWEET GLAZED 3/4 CUP	3/4 CUP	1	86	100	*13	*N/A*	1.91	*0.00	*0	*17.33	*4.08	*0.97
990053 POTATO, FRENCH FRIES 3/4 CUP	.75 CUP	1	144	36	0	*N/A*	5.40	0.00	0	22.81	2.40	2.40
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	*N/A*	0.00	0.00	0	29.15	3.98	0.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	*N/A*	0.00	0.00	0	0.50	0.00	0.50
Weighted Daily Average			1834	2928	*107	*8	45.36	*0.00	*144	*267.25	*18.18	*87.40
% of Calories					*23.3%	*1.7%	22.3%	*0.0%		*58.3%		*19.1%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

Wednesday - 05/22/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990956 CHEESE POCKET, WILD MIKE'S	1 POCKET	1	310	655	6	1	10.75	0.00	35	33.00	1.00	20.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	560	5	*N/A*	9.50	0.00	65	41.00	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990131 TACOS, FISH	2 TACOS	1	467	643	*3	*N/A*	17.82	*0.00	65	54.93	5.17	25.34
990905 LETTUCE SHRD, TOM. DICED, CHEESE (FISH TACO)	1 SERVING	1	57	103	*0	*N/A*	4.82	*0.00	15	3.93	1.17	4.34
000442 BROCCOLI, SEASONED	1/2 c.	1	18	24	*1	*N/A*	0.00	0.00	0	2.92	*2.03	2.03
990344 POTATO, SWEET CHOPPED WEDGES 3/4 CUP	3/4 CUP	1	211	246	12	*N/A*	7.92	0.00	0	33.44	3.52	0.88
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	*N/A*	0.22	*0.00	0	14.46	2.67	0.49
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	*N/A*	0.00	0.00	0	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	*N/A*	0.00	0.00	5	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	*N/A*	0.00	0.00	5	19.00	0.00	8.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	*N/A*	0.00	0.00	0	0.50	0.00	0.50
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	*N/A*	0.00	0.00	0	3.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990392 SAUCE,TARTAR INDV	POUCH	1	25	85	1	*N/A*	2.50	*N/A*	5	1.00	0.00	0.00
Weighted Daily Average			2084	3137	*100	*1	62.80	*0.00	225	275.26	*21.11	113.42
% of Calories					*19.2%	*0.2%	27.1%	*0.0%		52.8%		21.8%
Weekly Nutrient Guideline			750 - 850	1280			<=0					

	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	*1943	*3118	*121	*2	*58.13	*0.00	*170	*264.62	*19.62	*96.63
% of Calories			*24.9%	*0.4%	*26.9%	*0.0%		*54.5%		*19.9%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.