

## MAY 2024 – LUNCH HIGH SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk is served daily.

Offer Vs Serve – Must have 3 different components, at least ½ cup fruit or vegetable. May have meat and grain, 2 veggies, fruit, milk

This institution is an equal opportunity provider.

The menu is subject to change due to product availability

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|---|---|--|---|
|   |   | 1<br>Spaghetti w/ Breadstick<br>Chicken Tenders w/ Breadstick<br>PBJ Sandwich<br>French Fries<br>Seasoned Green Beans               | 2<br>Turkey Sub w/ Fixins<br>Tropical BBQ Rice Bowl<br>Manager's Choice<br>Glazed Carrots<br>Crinkle Fries | 3<br>Cheese Pocket<br>Southern Style Chicken Sandwich w/ Fixins<br>Fish Tacos w/ Fixins<br>Seasoned Broccoli<br>Sweet Potato Wedges   |
| 6<br>Chicken Burrito Bowl<br>Combi Sub w/ Fixins<br>PBJ Sandwich<br>Seasoned Green Beans<br>Seasoned Corn       | 7<br>Walking Taco<br>Hot Ham and Cheese Sandwich<br>Crinkle Cut Fries<br>Crisp Garden Salad       | 8<br>Managers Choice<br>Mac and Cheese Bowl w/<br>Breadstick<br>Baked Beans<br>Sweet Potato Souffle                                 | 9<br>Managers Choice<br>4 Meat Pizza<br>Roasted Carrots<br>Manager's Choice Vegetable<br>Mandarin Oranges  | 10<br>Cheese Pizza<br>Sausage Dog<br>Curly Cut Fries<br>Cucumber Tomato Salad   |
| 13<br>Cheeseburger w/ Fixins<br>Managers Choice<br>PBJ Sandwich<br>Sliced Cucumber w/ Dip<br>Sweet Potato Fries | 14<br>Manager's Choice<br>Cheese Pizza<br>Baked Beans<br>Ranch Broccoli                           | 15<br>Manager's Choice<br>Ham Sub w/ Fixins<br>Manager's Choice Vegetable<br>Roasted Carrots  | 16<br>Manager's Choice<br>Pepperoni Pizza<br>Seasoned Fries<br>Fresh Veggies w/ Dip                        | 17<br>Manager's Choice<br>Hot Dog<br>Coleslaw<br>Curly Fries  |
| 20<br>Manager's Choice<br>Hamburger w/ Fixins<br>Fresh Veggies w/ Dip<br>Cheesy Tater Tots                      | 21<br>Turkey Sub w/ Fixins<br>PBJ Sandwich<br>Carrot sticks with Dip<br>Manger's Choice Vegetable | 22<br>Cheese Pocket w/ Marinara<br>Southern Style Chicken Sandwich w/ Fixins<br>Fresh Broccoli w/ Dip<br>Manager's Choice Vegetable |  |   |
|   |   |   | Georgia-grown and locally sourced products and ingredients are offered regularly                           | Learn more about Richmond County's Wellness Plans & how to participate at <a href="https://www.rcboe.org/nutrition-services/wellness-policy">Nutrition Services / Wellness Policy (rcboe.org)</a> |