

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

Menu Name: AFTERSCHOOL SNACK
Site:
Use Alternate Menu Name: No

Include Cost: No
Report Style: Detailed

Wednesday - 05/01/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990966 TORTILLA CHIPS, SALSA, 4 OZ JUICE	1 PACK	1	300	362	18	0	12.00	0.00	0	47.20	3.72	3.50
Weighted Daily Average			300	362	18	0	12.00	0.00	0	47.20	3.72	3.50
% of Calories					24.0%	0%	36.0%	0.0%		62.9%		4.7%
Weekly Nutrient Guideline			0 - 0				<=0					

Thursday - 05/02/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990960 YOGURT AND GRANOLA	1 pack	1	242	162	24	0	4.25	0.00	5	42.10	2.20	8.30
990846 YOGURT AND FRUIT CUP	1 pack	1	183	64	*15	*N/A*	1.12	0.00	4	41.05	2.98	3.75
990925 YOGURT AND PINEAPPLES	1 pack	1	204	93	36	*N/A*	1.50	0.00	5	41.82	1.34	5.00
Weighted Daily Average			629	320	*74	*0	6.88	0.00	14	124.97	6.52	17.05
% of Calories					*47.1%	*0%	9.8%	0.0%		79.5%		10.8%
Weekly Nutrient Guideline			0 - 0				<=0					

Friday - 05/03/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990924 BLUEBERRY CRACKERS AND JUICE	1 pack	1	*202	*70	*26	*7	*3.50	*0.00	*0	*42.00	*2.00	*2.00
Weighted Daily Average			*202	*70	*26	*7	*3.50	*0.00	*0	*42.00	*2.00	*2.00
% of Calories					*51.5%	*13.9%	*15.6%	*0.0%		*83.2%		*4.0%
Weekly Nutrient Guideline			0 - 0				<=0					

Monday - 05/06/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990889 Doritos Chili & Juice	Pack	1	232	212	*23	*N/A*	5.06	0.00	0	45.25	2.02	2.02
990887 Doritos Nacho & Juice	Pack	1	232	212	*23	*N/A*	5.06	0.00	0	45.25	2.02	2.02
990888 Doritos Ranch & Juice	Pack	1	230	160	23	*N/A*	5.00	0.00	0	45.00	2.00	2.00
Weighted Daily Average			693	585	*69	*0	15.12	0.00	0	135.50	6.05	6.05
% of Calories					*39.8%	*0%	19.6%	0.0%		78.2%		3.5%
Weekly Nutrient Guideline			0 - 0				<=0					

Tuesday - 05/07/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990775 Nutrigrain Bar and Juice (Snack)	1 pack	1	259	142	*24	*N/A*	3.96	0.04	0	55.77	2.97	2.16

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May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990967 BLUEBERRY OAT BAR AND JUICE	1 pack	1	*222	*85	*28	*8	*4.50	*0.00	*5	*44.00	*1.00	*2.00
Weighted Daily Average			*482	*227	*52	*8	*8.46	*0.04	*5	*99.77	*3.97	*4.16
% of Calories					*43.2%	*6.6%	*15.8%	*0.1%		*82.8%		*3.5%
Weekly Nutrient Guideline			0 - 0				<=0					

Wednesday - 05/08/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990974 PEANUT BUTTER, CRACKERS, MILK	1 pack	1	*257	*251	*23	*N/A*	*6.55	*0.00	*12	*36.75	*1.01	*10.02
Weighted Daily Average			*257	*251	*23	*N/A*	*6.55	*0.00	*12	*36.75	*1.01	*10.02
% of Calories					*35.8%	*N/A*	*22.9%	*0.0%		*57.2%		*15.6%
Weekly Nutrient Guideline			0 - 0				<=0					

Thursday - 05/09/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990927 CHEESE STICK AND FRUIT	1 pack	1	150	203	*10	*0	7.05	*0.00	*23	*16.46	1.77	6.74
Weighted Daily Average			150	203	*10	*0	7.05	*0.00	*23	*16.46	1.77	6.74
% of Calories					*26.7%	*0%	42.3%	*0.0%		*43.9%		18.0%
Weekly Nutrient Guideline			0 - 0				<=0					

Friday - 05/10/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990893 COOKIE AND JUICE	1 pack	1	252	162	35	*N/A*	5.93	0.00	5	50.37	0.99	1.98
Weighted Daily Average			252	162	35	0	5.93	0.00	5	50.37	0.99	1.98
% of Calories					55.6%	0%	21.2%	0.0%		80.0%		3.1%
Weekly Nutrient Guideline			0 - 0				<=0					

Monday - 05/13/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990963 VANILLA WAFER AND JUICE	1 pack	1	*202	*60	*26	*7	*4.00	*0.00	*0	*42.00	*2.00	*2.00
Weighted Daily Average			*202	*60	*26	*7	*4.00	*0.00	*0	*42.00	*2.00	*2.00
% of Calories					*51.5%	*13.9%	*17.8%	*0.0%		*83.2%		*4.0%
Weekly Nutrient Guideline			0 - 0				<=0					

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

Tuesday - 05/14/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990929 Chex Mix (Choc) and Juice	1 pack	1	*2080	*1040	*128	*N/A*	*64.00	*0.00	*0	*352.00	*32.00	*32.00
990928 Chex Mix (Straw) and Juice	1 pack	1	*120	*55	*6	*N/A*	*3.00	*0.00	*0	*23.00	*2.00	*2.00
Weighted Daily Average			*2200	*1095	*134	*N/A*	*67.00	*0.00	*0	*375.00	*34.00	*34.00
% of Calories					*24.4%	*N/A*	*27.4%	*0.0%		*68.2%		*6.2%
Weekly Nutrient Guideline			0 - 0				<=0					

Wednesday - 05/15/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990974 PEANUT BUTTER, CRACKERS, MILK	1 pack	1	*257	*251	*23	*N/A*	*6.55	*0.00	*12	*36.75	*1.01	*10.02
Weighted Daily Average			*257	*251	*23	*N/A*	*6.55	*0.00	*12	*36.75	*1.01	*10.02
% of Calories					*35.8%	*N/A*	*22.9%	*0.0%		*57.2%		*15.6%
Weekly Nutrient Guideline			0 - 0				<=0					

Thursday - 05/16/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990860 CHEESE CRACKERS AND FRUIT CUP	1 pack	1	194	183	*19	*N/A*	3.50	0.00	5	36.82	2.34	3.00
991013 CHEESE CRACKERS AND FOUR WAY FRUIT CUP	1 pack	1	180	170	*16	*0	3.50	0.00	5	33.00	2.00	4.00
Weighted Daily Average			374	353	*35	*0	7.00	0.00	10	69.82	4.34	7.00
% of Calories					*37.4%	*0%	16.8%	0.0%		74.7%		7.5%
Weekly Nutrient Guideline			0 - 0				<=0					

Friday - 05/17/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990889 Doritos Chili & Juice	Pack	1	232	212	*23	*N/A*	5.06	0.00	0	45.25	2.02	2.02
990887 Doritos Nacho & Juice	Pack	1	232	212	*23	*N/A*	5.06	0.00	0	45.25	2.02	2.02
990888 Doritos Ranch & Juice	Pack	1	230	160	23	*N/A*	5.00	0.00	0	45.00	2.00	2.00
Weighted Daily Average			693	585	*69	*0	15.12	0.00	0	135.50	6.05	6.05
% of Calories					*39.8%	*0%	19.6%	0.0%		78.2%		3.5%
Weekly Nutrient Guideline			0 - 0				<=0					

Monday - 05/20/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990844 Sun Chips Ched & Juice	Pack	1	240	220	25	*N/A*	6.00	0.00	0	43.00	2.00	2.00
990845 Sun Chips Salsa & Juice	Pack	1	240	160	25	*N/A*	6.00	0.00	0	43.00	2.00	2.00
Weighted Daily Average			480	380	50	0	12.00	0.00	0	86.00	4.00	4.00
% of Calories					41.7%	0%	22.5%	0.0%		71.7%		3.3%
Weekly Nutrient Guideline			0 - 0				<=0					

Tuesday - 05/21/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990975 BLUEBERRY LEMON BAR AND JUICE	1 pack	1	*336	*86	*60	*14	*8.46	*0.00	*0	*61.62	*3.38	*3.38
990849 ANIMAL CRACKERS AND JUICE	Pack	1	*198	*103	*24	*N/A*	*4.05	*0.00	*0	*37.25	*1.01	*2.02
Weighted Daily Average			*535	*189	*84	*14	*12.51	*0.00	*0	*98.86	*4.40	*5.41
% of Calories					*62.8%	*10.5%	*21.0%	*0.0%		*73.9%		*4.0%
Weekly Nutrient Guideline			0 - 0				<=0					

Wednesday - 05/22/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 22, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990966 TORTILLA CHIPS, SALSA, 4 OZ JUICE	1 PACK	1	300	362	18	0	12.00	0.00	0	47.20	3.72	3.50
Weighted Daily Average			300	362	18	0	12.00	0.00	0	47.20	3.72	3.50
% of Calories					24.0%	0%	36.0%	0.0%		62.9%		4.7%
Weekly Nutrient Guideline			0 - 0				<=0					

	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	*500	*341	*47	*2	*12.60	*0.00	*5	*90.26	*5.35	*7.72
% of Calories			*37.6%	*1.6%	*22.7%	*0.0%		*72.2%		*6.2%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.