## **AUGUST 2025 – LUNCH HIGH SCHOOLS**

\*Assorted milk and lactose free milk is served daily. All students in Richmond County eat at no cost. Offer Vs Serve – Must have 3 different components, at least 1/2 cup fruit or vegetable. May have meat and grain, 2 veggies, 2 fruits, milk.

This institution is an equal opportunity provider.

The menu is subject to change due to product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5 Hamburger or Cheeseburger Chicken Sandwich Yogurt and Muffin Tray Baked Beans, French Fries, Fresh Strawberries, Diced Pears	6 Oven Roasted Chicken w/ Roll Pepperoni Pizza Sticks and Sauce Seasoned Broccoli, Squash Casserole, Fresh Cut Watermelon, Diced Peaches	7 Chicken Salad on Croissant Hot Italian Sub Grilled Cheese Sandwich Spinach and Romaine Salad, Sweet Potato Fries, Fresh Apples, Mixed Fruit	8 Zesty Cheese Nachos Nachos, Chicken and Salsa PBJ Mexican Corn, Seasoned Black Beans, Fresh Fruit Asst, Asst Chilled Fruit
11 Crispy Chicken Salad w/ Cracker Turkey Sub Cheese Pizza Seasoned Spiral Fries, Baby Carrots w Dip, Fresh Orange Wedges, Strawberry Delight	12 Beef Soft Tacos Cheese Quesadilla Bean Burrito Oven Roasted Zucchini and Bell Pepper Medley, Pinto Beans, Fresh Cut Honeydew, Mandarin Oranges	13 BBQ Sandwich Shredded Chicken Flatbread Yogurt Muffin Tray Coleslaw, Green Beans, Fresh Apples, Pineapple Tidbits	Ham Sub Buffalo Chicken Pizza Wild Mikes Cheese Bits w/	15 Brunswick Stew on Rice Hotdog on Bun PBJ Seasoned Fries, Garden Salad, Fresh Fruit Asst, Asst Chilled Fruit
18 Buffalo Chicken Dip w/ Chips Chef Salad w Bag Wheat Crackers PBJ Baked Potato, Fresh Veggie Sticks, Fresh Peaches, Applesauce	19 Hamburger or Cheeseburger Chicken Sandwich Yogurt and Muffin Tray Baked Beans, French Fries, Fresh Strawberries, Diced Pears	20 Oven Roasted Chicken w/ Roll Pepperoni Pizza Sticks and Sauce Seasoned Broccoli, Squash Casserole, Fresh Cut Watermelon, Diced Peaches	21 Chicken Salad on Croissant Hot Italian Sub Grilled Cheese Sandwich Spinach and Romaine Salad, Sweet Potato Fries, Fresh Apples, Mixed Fruit	22 Zesty Cheese Nachos Nachos, Chicken and Salsa PBJ Mexican Corn, Seasoned Black Beans, Fresh Fruit Asst, Asst Chilled Fruit
25 Crispy Chicken Salad w/ Cracker Turkey Sub Cheese Pizza Seasoned Spiral Fries, Baby Carrots w Dip, Fresh Orange Wedges, Strawberry Delight	26 Beef Soft Tacos Cheese Quesadilla Bean Burrito Oven Roasted Zucchini and Bell Pepper Medley, Pinto Beans, Fresh Cut Honeydew, Mandarin Oranges	BBQ Sandwich Shredded Chicken Flatbread Yogurt Muffin Tray Coleslaw, Green Beans, Fresh	Ham Sub Buffalo Chicken Pizza Wild Mikes Cheese Bits w/	29 Brunswick Stew on Rice Hotdog on Bun PBJ Seasoned Fries, Garden Salad, Fresh Fruit Asst, Asst Chilled Fruit
			*Georgia-grown and locally sourced products and ingredients are offered regularly Vegetarian options offered daily.	Learn more about Richmond County's Wellness Policy plans & how to participate at <u>Nutrition</u> <u>Services / Wellness Policy</u> <u>(rcboe.org)</u>