

Base Menu Spreadsheet

Portion Values

Aug 4, 2025 thru Aug 31, 2025

Menu Name:

AFTERSCHOOL SNACK

Include Cost:

No

Site:

Use Alternate Menu Name:

No

Monday - 08/04/2025Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991196 CHIPS, DORITOS COOL	1oz	1	2	2	0	*N/A*	0.07	0.00	0	0.28	0.03	0.03
991189 PEACHES, DICED 3/4C	3/4 cup	1	59	7	4	*N/A*	0.00	0.00	0	18.49	1.32	0.00
Weighted Daily Average			61	9	4	*N/A*	0.07	0.00	0	18.77	1.35	0.03
% of Calories					26.2%	*N/A*	1.0%	0.0%		123.1%		0.2%
Weekly Nutrient Guideline			0 - 0				<=0					

Tuesday - 08/05/2025Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991193 Peanut Butter Cup 1oz	1oz	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6	6	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			*115	*115	*6	*6	*3.18	*0.00	*0	*21.64	*1.27	*1.27
% of Calories					*20.9%	*20.9%	*24.9%	*0.0%		*75.3%		*4.4%
Weekly Nutrient Guideline			0 - 0				<=0					

Wednesday - 08/06/2025Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 4, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991199 CHEESE, STRING CHEDDAR	1oz	1	1	1	0	*N/A*	0.05	0.00	0	*N/A*	0.00	0.04
991201 PEAR, DICED	3/4 cup	1	4	0	*N/A*	*N/A*	0.00	0.00	0	1.07	0.15	0.00
Weighted Daily Average			5	1	*0	*N/A*	0.05	0.00	0	*1.07	0.15	0.04
% of Calories					*0%	*N/A*	9.0%	0.0%		*85.6%		3.2%
Weekly Nutrient Guideline			0 - 0				<=0					

Thursday - 08/07/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990106 YOGURT, DANIMALS STRAWBERRY	4 OZ CUP	1	80	65	13	*N/A*	0.00	0.00	5	16.00	0.00	4.00
991190 PINEAPPLE, DICED 3/4C	3/4 cup	1	3	0	1	*N/A*	0.00	0.00	0	0.71	0.04	0.00
Weighted Daily Average			83	65	14	*N/A*	0.00	0.00	5	16.71	0.04	4.00
% of Calories					67.5%	*N/A*	0.0%	0.0%		80.5%		19.3%
Weekly Nutrient Guideline			0 - 0				<=0					

Friday - 08/08/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991195 CHIPS, FANTASTIX	1oz	1	130	200	*N/A*	*N/A*	5.00	0.00	0	19.00	2.00	2.00

Base Menu Spreadsheet

Portion Values

Aug 4, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991081 ORANGES, WEDGES	EACH	1	76	0	15	*N/A*	0.19	0.00	0	18.99	3.88	1.52
Weighted Daily Average			206	200	*15	*N/A*	5.19	0.00	0	37.99	5.88	3.52
% of Calories					*29.1%	*N/A*	22.7%	0.0%		73.8%		6.8%
Weekly Nutrient Guideline			0 - 0				<=0					

Monday - 08/11/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991087 GRAPES, FRESH, CHILLED	1/2 CUP	1	56	2	13	*N/A*	0.13	0.00	0	14.78	0.74	0.59
991197 CHIPS, DORITOS NACHOS	1oz	1	2	3	*N/A*	*N/A*	0.07	0.00	0	0.28	0.03	0.03
Weighted Daily Average			58	4	*13	*N/A*	0.20	0.00	0	15.06	0.76	0.62
% of Calories					*89.7%	*N/A*	3.1%	0.0%		103.9%		4.3%
Weekly Nutrient Guideline			0 - 0				<=0					

Tuesday - 08/12/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991206 CRACKERS, CHEE-ZIT	Pack	1	100	150	0	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00

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Portion Values

Aug 4, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991120 APPLESAUCE 3/4 CUP	3/4 cup	1	90	15	*N/A*	*N/A*	0.00	0.00	0	22.50	3.00	0.00
Weighted Daily Average			190	165	*0	*N/A*	3.50	0.00	*0	36.50	4.00	3.00
% of Calories					*0%	*N/A*	16.6%	0.0%		76.8%		6.3%
Weekly Nutrient Guideline			0 - 0				<=0					

Wednesday - 08/13/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990525 CARROTS, BABY, DOD 3/4 CUP	3/4 cup	1	40	88	5	*N/A*	0.15	0.00	0	9.34	3.29	0.73
991073 DRESSING, RANCH 1 OZ SERVINGS	1oz PORTION	1	79	264	1	*N/A*	7.80	0.12	6	1.87	0.09	0.60
991198 CHEESE STRING MOZ	1oz	1	0	1	0	*N/A*	0.04	0.00	0	0.01	0.00	0.04
Weighted Daily Average			119	354	7	*N/A*	7.98	0.12	6	11.23	3.38	1.36
% of Calories					23.5%	*N/A*	60.4%	0.9%		37.7%		4.6%
Weekly Nutrient Guideline			0 - 0				<=0					

Thursday - 08/14/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990276 CHIPS, TORTILLA IND. BAGS	1 BAG	1	210	170	0	*N/A*	12.00	0.00	0	25.00	2.00	3.00

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Aug 4, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991189 PEACHES, DICED 3/4C	3/4 cup	1	59	7	4	*N/A*	0.00	0.00	0	18.49	1.32	0.00
Weighted Daily Average			269	177	4	*N/A*	12.00	0.00	0	43.49	3.32	3.00
% of Calories					5.9%	*N/A*	40.1%	0.0%		64.7%		4.5%
Weekly Nutrient Guideline			0 - 0				<=0					

Friday - 08/15/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991207 MUNCHIES, SNACK MIX	1oz	1	121	200	*1	*N/A*	4.50	0.00	0	17.21	1.02	2.01
991208 FRUIT COCKTAIL 3/4C	3/4 cup	1	1	0	0	*N/A*	0.00	0.00	0	0.32	0.02	0.00
Weighted Daily Average			122	200	*1	*N/A*	4.50	0.00	0	17.53	1.04	2.01
% of Calories					*3.3%	*N/A*	33.2%	0.0%		57.5%		6.6%
Weekly Nutrient Guideline			0 - 0				<=0					

Monday - 08/18/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991196 CHIPS, DORITOS COOL	1oz	1	2	2	0	*N/A*	0.07	0.00	0	0.28	0.03	0.03

Base Menu Spreadsheet

Portion Values

Aug 4, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991189 PEACHES, DICED 3/4C	3/4 cup	1	59	7	4	*N/A*	0.00	0.00	0	18.49	1.32	0.00
Weighted Daily Average			61	9	4	*N/A*	0.07	0.00	0	18.77	1.35	0.03
% of Calories					26.2%	*N/A*	1.0%	0.0%		123.1%		0.2%
Weekly Nutrient Guideline			0 - 0				<=0					

Tuesday - 08/19/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991193 Peanut Butter Cup 1oz	1oz	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6	6	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			*115	*115	*6	*6	*3.18	*0.00	*0	*21.64	*1.27	*1.27
% of Calories					*20.9%	*20.9%	*24.9%	*0.0%		*75.3%		*4.4%
Weekly Nutrient Guideline			0 - 0				<=0					

Wednesday - 08/20/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991199 CHEESE, STRING CHEDDAR	1oz	1	1	1	0	*N/A*	0.05	0.00	0	*N/A*	0.00	0.04

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Aug 4, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991201 PEAR, DICED	3/4 cup	1	4	0	*N/A*	*N/A*	0.00	0.00	0	1.07	0.15	0.00
Weighted Daily Average			5	1	*0	*N/A*	0.05	0.00	0	*1.07	0.15	0.04
% of Calories					*0%	*N/A*	9.0%	0.0%		*85.6%		3.2%
Weekly Nutrient Guideline			0 - 0				<=0					

Thursday - 08/21/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990106 YOGURT, DANIMALS STRAWBERRY	4 OZ CUP	1	80	65	13	*N/A*	0.00	0.00	5	16.00	0.00	4.00
991190 PINEAPPLE, DICED 3/4C	3/4 cup	1	3	0	1	*N/A*	0.00	0.00	0	0.71	0.04	0.00
Weighted Daily Average			83	65	14	*N/A*	0.00	0.00	5	16.71	0.04	4.00
% of Calories					67.5%	*N/A*	0.0%	0.0%		80.5%		19.3%
Weekly Nutrient Guideline			0 - 0				<=0					

Friday - 08/22/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991195 CHIPS, FANTASTIX	1oz	1	130	200	*N/A*	*N/A*	5.00	0.00	0	19.00	2.00	2.00

Base Menu Spreadsheet

Portion Values

Aug 4, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991081 ORANGES, WEDGES	EACH	1	76	0	15	*N/A*	0.19	0.00	0	18.99	3.88	1.52
Weighted Daily Average			206	200	*15	*N/A*	5.19	0.00	0	37.99	5.88	3.52
% of Calories					*29.1%	*N/A*	22.7%	0.0%		73.8%		6.8%
Weekly Nutrient Guideline			0 - 0				<=0					

Monday - 08/25/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991087 GRAPES, FRESH, CHILLED	1/2 CUP	1	56	2	13	*N/A*	0.13	0.00	0	14.78	0.74	0.59
991197 CHIPS, DORITOS NACHOS	1oz	1	2	3	*N/A*	*N/A*	0.07	0.00	0	0.28	0.03	0.03
Weighted Daily Average			58	4	*13	*N/A*	0.20	0.00	0	15.06	0.76	0.62
% of Calories					*89.7%	*N/A*	3.1%	0.0%		103.9%		4.3%
Weekly Nutrient Guideline			0 - 0				<=0					

Tuesday - 08/26/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991206 CRACKERS, CHEE-ZIT	Pack	1	100	150	0	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00

Portion Values

Aug 4, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991120 APPLESAUCE 3/4 CUP	3/4 cup	1	90	15	*N/A*	*N/A*	0.00	0.00	0	22.50	3.00	0.00
Weighted Daily Average			190	165	*0	*N/A*	3.50	0.00	*0	36.50	4.00	3.00
% of Calories					*0%	*N/A*	16.6%	0.0%		76.8%		6.3%
Weekly Nutrient Guideline			0 - 0				<=0					

Wednesday - 08/27/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990525 CARROTS, BABY, DOD 3/4 CUP	3/4 cup	1	40	88	5	*N/A*	0.15	0.00	0	9.34	3.29	0.73
991073 DRESSING, RANCH 1 OZ SERVINGS	1oz PORTION	1	79	264	1	*N/A*	7.80	0.12	6	1.87	0.09	0.60
991198 CHEESE STRING MOZ	1oz	1	0	1	0	*N/A*	0.04	0.00	0	0.01	0.00	0.04
Weighted Daily Average			119	354	7	*N/A*	7.98	0.12	6	11.23	3.38	1.36
% of Calories					23.5%	*N/A*	60.4%	0.9%		37.7%		4.6%
Weekly Nutrient Guideline			0 - 0				<=0					

Thursday - 08/28/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990276 CHIPS, TORTILLA IND. BAGS	1 BAG	1	210	170	0	*N/A*	12.00	0.00	0	25.00	2.00	3.00

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Portion Values

Aug 4, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991189 PEACHES, DICED 3/4C	3/4 cup	1	59	7	4	*N/A*	0.00	0.00	0	18.49	1.32	0.00
Weighted Daily Average			269	177	4	*N/A*	12.00	0.00	0	43.49	3.32	3.00
% of Calories					5.9%	*N/A*	40.1%	0.0%		64.7%		4.5%
Weekly Nutrient Guideline			0 - 0				<=0					

Friday - 08/29/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991207 MUNCHIES, SNACK MIX	1oz	1	121	200	*1	*N/A*	4.50	0.00	0	17.21	1.02	2.01
991208 FRUIT COCKTAIL 3/4C	3/4 cup	1	1	0	0	*N/A*	0.00	0.00	0	0.32	0.02	0.00
Weighted Daily Average			122	200	*1	*N/A*	4.50	0.00	0	17.53	1.04	2.01
% of Calories					*3.3%	*N/A*	33.2%	0.0%		57.5%		6.6%
Weekly Nutrient Guideline			0 - 0				<=0					

	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	*123	*129	*6	*1	*3.67	*0.01	*1	*22.00	*2.12	*1.88
% of Calories			*19.5%	*3.3%	*26.9%	*0.1%		*71.5%		*6.1%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.