

JANUARY 2025 – BREAKFAST HIGH SCHOOLS

*Assorted milk and lactose-free milk are served daily.
All students in Richmond County eat at no cost.

Offer vs Serve - Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

This institution is an equal opportunity provider.

The menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Learn more about Richmond County's Wellness Policy plans & how to participate at Nutrition Services / Wellness Policy (rcboe.org)	*Georgia-grown and locally sourced products and ingredients are offered regularly Vegetarian options offered daily.	1 Student Holiday	2 Student Holiday	3 Student Holiday
6 Chicken Biscuit PBJ Uncrustable Cereal Assorted Fresh Fruit Assorted Chilled Fruit Juice	7 Cinnamon Roll Mini Pancakes Poptarts Chilled Peach Cup Assorted Chilled Fruit Juice	8 Bacon Grilled Cheese Belgian Waffles Cereal Bar w/ Breakfast Cracker Fresh Pears Assorted Chilled Fruit Juice	9 Apple Frudel Chocolate Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	10 Sausage Biscuit Poptarts Assorted Fresh Fruit Assorted Chilled Fruit Juice
13 Chicken Biscuit Muffins Cereal Assorted Fresh Fruit Assorted Chilled Fruit Juice	14 French Toast Sticks Breakfast Bento Box Poptarts Assorted Applesauce Assorted Chilled Fruit Juice	15 Bacon, Egg & Cheese Croissant Twin Dunkin Bars Cereal Bar w/ Breakfast Cracker Orange Wedges Assorted Chilled Fruit Juice	16 Orange Dream Smoothie w/ Breakfast Cracker Mini Powdered Sugar Donuts Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	17 Sausage Biscuit Poptarts Assorted Fresh Fruit Assorted Chilled Fruit Juice
20 Student Holiday	21 Cinni Mini Breakfast Snack Bag Poptarts Rosy Pear Cup Assorted Chilled Fruit Juice	22 Pancake Sausage Wrap Strawberry Breakfast Danish Cereal Bar w/ Breakfast Cracker Apples Assorted Chilled Fruit Juice	23 Breakfast Flatbread Pizza Blueberry Glazed Donut Holes Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	24 Sausage Biscuit Muffin Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
27 Chicken Biscuit PBJ Uncrustable Cereal Assorted Fresh Fruit Assorted Chilled Fruit Juice	28 Cinnamon Roll Mini Pancakes Poptarts Chilled Peach Cup Assorted Chilled Fruit Juice	29 Bacon Grilled Cheese Belgian Waffles Cereal Bar w/ Breakfast Cracker Fresh Pears Assorted Chilled Fruit Juice	30 Very Berry Parfait w/ Granola Chocolate Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	31 Sausage Biscuit Poptarts Assorted Fresh Fruit Assorted Chilled Fruit Juice