

JANUARY 2025 – LUNCH HIGH SCHOOLS

*Assorted milk and lactose free milk is served daily.
All students in Richmond County eat at no cost.

Offer Vs Serve – Must have 3 different components, at least ½ cup fruit or vegetable. May have meat and grain, 2 veggies, 2 fruits, milk.

This institution is an equal opportunity provider.

The menu is subject to change due to product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Georgia-grown and locally sourced products and ingredients are offered regularly Vegetarian options offered daily.	Learn more about Richmond County's Wellness Policy plans & how to participate at Nutrition Services / Wellness Policy (rcboe.org)	1 Student Holiday	2 Student Holiday	3 Student Holiday
6 Cheeseburger or Hamburger BBQ Sandwich PBJ Baked Beans, Curly Fries, Fresh Fruit, Rips Fixins for Burgers	7 Drums and Thighs w/ Roll Pepperoni Pizza Yogurt and Muffin Box Green Beans, Baby Carrots, Fresh Fruit, Strawberry Delight	8 Brunswick Stew w/ Batter Bread Chicken Salad on Croissant Cheese Pizza Kale Caesar Salad, California Blend, Sliced Kiwi, Applesauce Cups	9 Chicken Tenders w/ Roll Garlic Bread Pizza Bento Box Glazed Sweet Potato, Cucumber Slices, Fresh Apples, Rosy Pears	10 Fish Sandwich County Fried Steak Sandwich PBJ Collard Greens, French Fries, Fresh Fruit, Chilled Fruit, Chocolate Chip Cookie
13 Sausage Dog Buffalo Chicken Pizza PBJ Seasoned Fries, Carrot Sticks, Orange Wedges, Diced Pears	14 Rotini w/ Meatballs BBQ Riblet on Bun Yogurt and Muffin Box Ranch Broccoli, Seasoned Cauliflower, Fresh Fruit, Applesauce Cups	15 Chicken And Rice Casserole Hot Ham and Cheese Pimento Cheese Sandwich Sautéed Cabbage, Sweet Glazed Carrots, Fresh Fruit, Strawberry Delight	16 Walking Taco: Beef or Vegetarian Fiesta Flatbread Bento Box Seasoned Corn, Seasoned Black Beans, Fresh Apples, Rips	17 Fish Nuggets w/ Cornbread Chili w/ Cornbread PBJ Romaine Spinach Salad Baked Potato, Fresh Fruit, Chilled Fruit
20 Student Holiday	21 Meatloaf w/ Roll Mega Mini Chicken Chunks w/ Roll Yogurt and Muffin Box Mashed Potato, Peas and Carrot, Fresh Grapes, Sidekicks	22 Nachos Supreme: Chicken or Beef Bean and Cheese Burrito Lactose Free Bento Box Mexican Corn, Mexican Pickled Carrots, Fresh Pears, Applesauce Cups	23 Salisbury Steak w/ Gravy, Roll Turkey Corn Dog Bento Box Baked Potato, Season Broccoli, Fresh Apples, Diced Peaches	24 Fish Nuggets w/ Roll PBJ Cheese Dunkers Roasted Seasoned Carrots, Pinto Beans, Diced Pears, Mixed Fruit
27 Cheeseburger or Hamburger BBQ Sandwich PBJ Baked Beans, Curly Fries, Fresh Fruit, Rips Fixins for Burgers	28 Drums and Thighs w/ Roll Pepperoni Pizza Yogurt and Muffin Box Green Beans, Baby Carrots, Fresh Fruit, Strawberry Delight	29 Brunswick Stew w/ Batter Bread Chicken Salad on Croissant Cheese Pizza Kale Caesar Salad, California Blend, Sliced Kiwi, Applesauce Cups	30 Chicken Tenders w/ Roll Garlic Bread Pizza Bento Box Glazed Sweet Potato, Cucumber Slices, Fresh Apples, Rosy Pears	31 Fish Sandwich County Fried Steak Sandwich PBJ Collard Greens, French Fries, Fresh Fruit, Chilled Fruit, Chocolate Chip Cookie

