

## June 2025 – Seamless Summer High School Menu

\*Assorted milk and lactose free milk are served daily.  
All children 18 and under eat at no cost.

Offer Vs Serve – Must have 3 different components, at least ½ cup fruit or vegetable. May have meat and grain, vegetables, fruit, milk.

This institution is an equal opportunity provider.

The menu is subject to change due to product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Learn more about Richmond County's Wellness Policy plans & how to participate at <a href="http://rcboe.org">Nutrition Services / Wellness Policy (rcboe.org)</a>	*Georgia-grown and locally sourced products and ingredients are offered regularly.	Peanut Butter Sandwich offered an alternate entrée daily.		
2 BBQ Sandwich Cole Slaw Roasted Carrots Fresh Strawberries Applesauce	3 Chicken Sandwich Lettuce and Tomato Boat Seasoned Green Beans Fresh Peach Rips	4 Pizza Farm Fresh Garden Salad Apples Fresh Fruit	5 Bar-B-Que Chicken w/ Roll Corn on the Cob Baked Beans Fresh Melon Side Kicks	6 Hamburger Lettuce and Tomato Boat Baby Carrots Fresh Berries Fresh Nectarine
9 BBQ Sandwich Cole Slaw Roasted Carrots Fresh Strawberries Applesauce	10 Chicken Sandwich Lettuce and Tomato Boat Seasoned Vegetables Fresh Peach Rips	11 Pizza Farm Fresh Garden Salad Apples Fresh Fruit	12 Bar-B-Que Chicken Corn on the Cob Baked Beans Fresh Melon	13 Hamburger Lettuce and Tomato Boat Baby Carrots Fresh Berries Fresh Nectarine
16 BBQ Sandwich Cole Slaw Roasted Carrots Fresh Strawberries Applesauce	17 Chicken Sandwich Lettuce and Tomato Boat Baked Beans Seasoned Vegetables Fresh Peach Rips	18 Pizza Farm Fresh Garden Salad Corn Apples Fresh Fruit	19 Closed	20 Hamburger Lettuce and Tomato Boat Baby Carrots Fresh Berries Fresh Nectarine
23 BBQ Sandwich Cole Slaw Roasted Carrots Fresh Strawberries Applesauce	24 Chicken Sandwich Lettuce and Tomato Boat Seasoned Vegetables Fresh Peach Rips	24 Pizza Farm Fresh Garden Salad Apples Fresh Fruit	26 Bar-B-Que Chicken w/ Roll Corn on the Cob Baked Beans Fresh Melon Side Kicks	27 Hamburger Lettuce and Tomato Boat Baby Carrots Fresh Berries Fresh Nectarine