



Richmond County School Nutrition Program

November 2015, K-8 and Middle School Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 French Toast Sticks w/ Syrup Cheese Grits Peanut Butter Wafer Cereal w/ Breakfast Cracker Breakfast Crackers Chilled Fruit Chilled Fruit Juice Milk	03 Breakfast Pizza Cereal w/ Breakfast Cracker Cereal Bar w/ Breakfast Cracker Breakfast Crackers Chilled Fruit Chilled Fruit Juice Milk	04 Muffin & Sausage Patty Cheese Grits Peanut Butter Wafer Cereal w/ Breakfast Cracker Breakfast Crackers Fresh Fruit Chilled Fruit Juice Milk	05 Cinni Minis Cheese Grits Cereal w/ Breakfast Cracker Cereal Bar w/ Breakfast Cracker Breakfast Crackers Fresh Fruit Chilled Fruit Juice Milk	06 Belgian Waffles w/ Syrup Cheese Grits Cereal w/ Breakfast Cracker Cereal Bar w/ Breakfast Cracker Breakfast Crackers Chilled Fruit Chilled Fruit Juice Milk
09 Whole Grain Rich Ring Cheese Grits Peanut Butter Wafer Cereal w/ Breakfast Cracker Breakfast Crackers Chilled Fruit Chilled Fruit Juice Milk	10 Cheese Toast Cereal w/ Breakfast Cracker Cereal Bar w/ Breakfast Cracker Breakfast Crackers Chilled Fruit Chilled Fruit Juice Milk	11 NO SCHOOL	12 Breakfast Bagel Peanut Butter Wafer Cereal w/ Breakfast Cracker Breakfast Crackers Fresh Fruit Chilled Fruit Juice Milk	13 Pancakes w/ Syrup or Flavored Pancakes w/ Syrup Cheese Grits Cereal w/ Breakfast Cracker Cereal Bar w/ Breakfast Cracker Breakfast Crackers Chilled Fruit Chilled Fruit Juice Milk
16 Pancake Wrap w/ Syrup Cheese Grits Peanut Butter Wafer Cereal w/ Breakfast Cracker Breakfast Crackers Chilled Fruit Chilled Fruit Juice Milk	17 Breakfast Taco Cereal w/ Breakfast Cracker Cereal Bar w/ Breakfast Cracker Breakfast Crackers Chilled Fruit Chilled Fruit Juice Milk	18 Jumbo French Toast w/ Syrup Cheese Grits Peanut Butter Wafer Cereal w/ Breakfast Cracker Breakfast Crackers Fresh Fruit Chilled Fruit Juice Milk	19 Sausage Bites w/ Syrup Peanut Butter Wafer Cereal w/ Breakfast Cracker Breakfast Crackers Fresh Fruit Chilled Fruit Juice Milk	20 Fruit Turnover Cheese Grits Cereal w/ Breakfast Cracker Cereal Bar w/ Breakfast Cracker Breakfast Crackers Chilled Fruit Chilled Fruit Juice Milk
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
<div style="border: 1px solid red; display: inline-block; padding: 5px;">Thanksgiving Holiday</div>				
30 Whole Grain Rich Ring Cheese Grits Peanut Butter Wafer Cereal w/ Breakfast Cracker Breakfast Crackers Chilled Fruit Chilled Fruit Juice Milk				

*Oatmeal and Yogurt Parfaits are occasionally offered at breakfast.