

# Richmond County: Middle School Lunch Menu

Spring  
March-May, 2017

**Student Recipe Winners:**  
**Aydrion Scruggs: Honey Roasted Red Potatoes from Garrett Elementary**  
**Anniyah Thompkins: Squash Stir-Fry from Murphy Middle School**

## Served the week of: March 6th, March 27th, April 24th, May 15th

Monday	Tuesday	Wednesday	Thursday	Friday
Salisbury Steak w/ Gravy, Rice, and Roll* Cheeseburger Southern Style Chicken Sandwich* Seasoned Carrots Richmond Crispy Fries Chilled Fruit Flavored Applesauce	Popcorn Chicken Bowl Cheese Pizza PBJ* Lemon Pepper Broccoli Mixed Vegetables Seasonal Fresh Fruit* Peach Delight	Tangerine Chicken w/ Fried Rice French Bread Pizza Cheeseburger* Romaine Salad* Seasoned Fries (March 29th: Honey Roasted Red Potatoes) Apple Slices Chilled Fruit	Meatballs w/ Rotini Pasta, Marinara Sauce & Breadstick Chicken Tender Box Chicken Quesadilla Pizza Fresh Veggies Tomatoes and Cucumbers* Potato Wedges Seasonal Fresh Fruit* Chilled Fruit	Hot Italian Sub Fish Sandwich* Southwestern Pizza Baked Beans Richmond Crispy Fries Tangerines Slices Chilled Fruit Brownies

## Served the week of: March 13th, April 10th (Holiday April 10th and 14th), May 1st, May 22nd

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Pork Sandwich* Oven Roasted Chicken w/ Roll* Stuffed Crust Pepperoni Pizza Pinto Beans Seasoned Fries Chilled Fruit Frozen Smooth Juice Cup	Chicken Alfredo w/ a Twist and Breadstick Buffalo Chicken Pizza Spicy Chicken Sandwich* Baby Carrots Seasoned Fries Chilled Fruit Seasonal Fresh Fruit*	BBQ Chicken w/ Roll* Chicken Parm Sandwich* PBJ* Green Beans Loaded Mashed Potatoes w/ Gravy Chilled Fruit Fresh Honeydew	Ham and Mac Bake w/ Roll* Chicken Trio Box: Popcorn Chicken, Bites, and Tenders Chicken Quesadilla Pizza Garden Salad* Potato Wedges Chilled Fruit Seasonal Fresh Fruit*	Cherry Blossom Chicken w/ Fried Rice Southwest Chicken Salad* PBJ* Sweet Potato Bites Cheesy Broccoli Grapes Chilled Fruit Sugar Cookies (March 17th St. Patrick's Day Treats; May 5th Cinco de Mayo Churros)

## Served the week of: March 20th, April 17th, May 8th

Monday	Tuesday	Wednesday	Thursday	Friday
Spicy Ranch Tenders on Flatbread Cheeseburger* Southern Style Chicken Sandwich* Seasoned Fries Seasoned Corn Chilled Fruit Seasonal Fresh Fruit*	Baked Penne w/ Meat Sauce and Breadstick* Stuffed Crust Pizza PBJ* Garden Salad* Green Beans Chilled Fruit Cinnamon Apples	Nachos Supreme Cheeseburger* Southwest Pizza Cheesy Bean Dip Seasoned Fries Chilled Fruit Seasonal Fresh Fruit*	Fiesta Hamburger Mac and Bake w/ Chips Cheese Pizza Turkey Wrap Box Seasoned Broccoli Fresh Veggie Sticks w/ Dip Chilled Fruit Fresh Cantaloupe April 20th Soft Pretzels National Soft Pretzel Day	Teriyaki Chicken w/ Fried Rice Fish Tacos Sausage Pizza Seasoned Fries Glazed Carrots (*March 24th Squash Stir-Fry) Seasonal Fresh Fruit* Chilled Fruit Double Chocolate Chip Cookie

MILK IS SERVED DAILY AT LUNCH. THIS IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.

\* Represents use of locally grown products when available