

ENGAGEMENT:

BELL RINGER: Make a list of your five favorite foods and explain why you enjoy these delicacies so very much!

1.

2.

3.

4.

5.

While food is necessary for survival and often a source of joy for most of us, for individuals that have eating disorders, food is often a complicated issue.

ABNORMAL PSYCHOLOGY:

EATING DISORDERS

Georgia Standard of Excellence

SSPVB3 Identify psychological disorders and treatment.

I Can Statement:

I can analyze and describe various eating disorders and suggested treatments for these numerous ailments.

Vocabulary: Define the following terms

Body Dysmorphic Disorder

Anorexia Nervosa

Bulimia Nervosa

Binge Eating Disorder

EXPLORE, EXPLAIN, AND ELABORATE:

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Food for Thought:

Advertising and other media images are all around us. Companies spend a lot of time and money creating these images to sell us their goods and services, but sometimes they also promote negative ideas about what's healthy or attractive. Now it’s time to turn the tables. We're each going to create a poster or infographic called “A Healthy Dose of Reality.” You don’t have to be a gifted artist to do this, but you do have to do some research. Use prior knowledge and search the Internet or magazines for images that you think promote unhealthy eating habits or a starved or unhealthy appearance. Next, find images that represent the opposite: good nutrition and healthy bodies. Then use these images to start a poster or infographic. You can add your own drawings, and text to explain your message.



<https://study.com/academy/topic/eating-disorders-in-abnormal-psychology-lesson-plans.html>

EVALUATION:

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Ticket out the Door:

Write a summary that describes one of the four eating disorders listed in our vocabulary terms.