**(Week Nineteen) 20 - 24 January 2025**

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| **Standard: LET II – Health and Fitness – DDS Training – (U2C6L1) | LET III Portfolios and Interviews (U3L2L3) (Week Nineteen) 20 - 24 January 2025**  [CTAE Curriculum Resources Government\_And\_Public\_Administration Army JROTC Leadership Education and Training Guidelines](https://rcboe.instructure.com/courses/195466/pages/ctae-army-leadership-education-3)  **Assessment:  Quiz  Unit Test  Project  Lab  None** | | | |
|  | **Learning Target**  **(What)** | **Work-Session** | **Criteria for Success**  **(How)** |
| *(Include at least one/two Formatives\*in any part of the lesson as needed)* |
| **Monday** | **MLK Holiday** | MLK Holiday | **LET II**  Create a Double Bubble Map. **(was due on Friday)**  Brief summary about your negative behaviors that impact on your health.  Current Event  (health and Nutrition Focus)  Complete Chief Jenkins challenge and provide reflection on fitness level.  **LET III**  Written version of One-Minute Speech **(was due Friday)**  Current Event  (health and Nutrition Focus)  Complete PT challenge and provide reflection .  **Tool(s) for Success Criteria:**  Rubric  Self-Assessment  Checklist  Peer Assessment  Exemplars/Non-Exemplars  Other: \_\_\_\_\_\_\_\_\_\_\_ . |
| **Tuesday** | **LET II’s** I will learn how to apply learned knowledge of health and fitness.  **LET III’s** I will be able to demonstrate mastery of interview procedures. | **Asynchronous Learning:** Complete Tab’s One and Two in Cadet Portfolio  **Turn in:** Current Event  (health and Nutrition Focus) |
| **Wednesday** | **Cadets:** I will apply knowledge of Physical Training preparation | **Asynchronous Learning:** Complete Chief Jenkins Challenge. Cadets will perform one eight-count Chief Jenkins routine and a 1-min plank.  **Turn-in:** video of routine and record the time it took to complete. Write a paragraph about how you feel and what you could do to make the routine easier. |
| **Thursday** | I will demonstrate how to properly maintain my uniform. | **Roll, Cadet Creed, Battalion Motto, Review Company**  Cadets will learn how to sew a button on their uniform and how to tie a tie.  **In the event of Asynchronous Learning.** Cadets will take a picture of themselves in uniform along with an item showing the date. |
| **Friday** | **Cadets:**  I will demonstrate knowledge of Drill | **Roll, Cadet Creed, Battalion Motto, Review Company**  Cadets will conduct drill and ceremony lab. | **Schedule of events:**  Uniform Wear (Thurs)  Ball Money Due (Fri)  Color Guard Event at the Marriott (Parents must provide transportation to and from. ) |

***Formatives* \*** Exit Ticket/Final Stretch Check  Quick Write  Dry Erase Boards – quick checks  Think-Pair-Share

Clip-board  I-Chart Concept Chart  Other\_\_\_\_\_\_\_\_\_\_\_

***Literacy Strategies***  Anticipation Guide  Extended Writing  Socratic Seminar  Jigsaw  Thinking Maps

Fishbowl  World Cafe  Interactive Note-book  Other\_\_\_\_\_\_\_\_\_\_\_\_\_