**(Week Nineteen) 20 - 24 January 2025**

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| **Standard: LET II – Health and Fitness – DDS Training – (U2C6L1) | LET III Portfolios and Interviews (U3L2L3) (Week Nineteen) 20 - 24 January 2025**[CTAE Curriculum Resources Government\_And\_Public\_Administration Army JROTC Leadership Education and Training Guidelines](https://rcboe.instructure.com/courses/195466/pages/ctae-army-leadership-education-3)**Assessment:** [ ]  **Quiz** [ ]  **Unit Test** [x]  **Project** [x]  **Lab** [ ]  **None** |
|  | **Learning Target****(What)** | **Work-Session** | **Criteria for Success****(How)** |
| *(Include at least one/two Formatives\*in any part of the lesson as needed)* |
| **Monday** | **MLK Holiday** | MLK Holiday | **LET II**[ ]  Create a Double Bubble Map. **(was due on Friday)** [ ]  Brief summary about your negative behaviors that impact on your health.[ ]  Current Event (health and Nutrition Focus)[ ]  Complete Chief Jenkins challenge and provide reflection on fitness level.**LET III**[ ]  Written version of One-Minute Speech **(was due Friday)**[ ]  Current Event (health and Nutrition Focus)[ ]  Complete PT challenge and provide reflection .**Tool(s) for Success Criteria:**[ ]  Rubric[x]  Self-Assessment[x]  Checklist[ ]  Peer Assessment[x]  Exemplars/Non-Exemplars[ ]  Other: \_\_\_\_\_\_\_\_\_\_\_ . |
| **Tuesday** | **LET II’s** I will learn how to apply learned knowledge of health and fitness.**LET III’s** I will be able to demonstrate mastery of interview procedures. | **Asynchronous Learning:** Complete Tab’s One and Two in Cadet Portfolio**Turn in:** Current Event (health and Nutrition Focus) |
| **Wednesday** | **Cadets:** I will apply knowledge of Physical Training preparation | **Asynchronous Learning:** Complete Chief Jenkins Challenge. Cadets will perform one eight-count Chief Jenkins routine and a 1-min plank.**Turn-in:** video of routine and record the time it took to complete. Write a paragraph about how you feel and what you could do to make the routine easier. |
| **Thursday** | I will demonstrate how to properly maintain my uniform. | **Roll, Cadet Creed, Battalion Motto, Review Company**Cadets will learn how to sew a button on their uniform and how to tie a tie.**In the event of Asynchronous Learning.** Cadets will take a picture of themselves in uniform along with an item showing the date. |
| **Friday** | **Cadets:**  I will demonstrate knowledge of Drill | **Roll, Cadet Creed, Battalion Motto, Review Company**Cadets will conduct drill and ceremony lab. | **Schedule of events:**[ ]  Uniform Wear (Thurs)[ ]  Ball Money Due (Fri)[ ]  Color Guard Event at the Marriott (Parents must provide transportation to and from. ) |

***Formatives* \***[ ]  Exit Ticket/Final Stretch Check [ ]  Quick Write [x]  Dry Erase Boards – quick checks [x]  Think-Pair-Share [ ]

 Clip-board [ ]  I-Chart [ ] Concept Chart [ ]  Other\_\_\_\_\_\_\_\_\_\_\_

***Literacy Strategies*** [ ]  Anticipation Guide [x]  Extended Writing [ ]  Socratic Seminar [ ]  Jigsaw [x]  Thinking Maps [x]

Fishbowl [ ]  World Cafe [ ]  Interactive Note-book [ ]  Other\_\_\_\_\_\_\_\_\_\_\_\_\_