

Suicide and NSSI Risk Assessment Results

Student Name: _____

Date of Assessment: _____

Please mark the level of risk and follow the action steps noted.

LOW RISK

None or passing ideation that does not interfere with activities of daily living; reports no desire to die (i.e. intent), has no specific plan, exhibits few risk factors and has identifiable protective factors.

- Contact the parent regarding the assessment**
- Recommend they make an appointment with an outside MH professional/agency
- Have the parent sign a *Suicide & NSSI Risk Review and Release of Information* for communication with MH professional/agency
- Assist with connecting student/family with community resources
- Create a *Safety Plan*
- Document the risk assessment was conducted in [Microsoft Forms](#)

MODERATE RISK

Reports frequent suicide ideation with limited intensity and duration; has some specific plans to die by suicide, but no reported intent. Demonstrates some risk factors, but is able to identify reasons for living and other protective factors.

- Contact the parent regarding the assessment**
- Secure/Remove any weapons or items from student's plan
- Interview Parent/Assess for changes in the school environment
- Recommend parent make an appointment with an outside MH professional/agency
- Have the parent sign a *Suicide & NSSI Risk Review and Release of Information* for communication with MH professional/agency
- Create a *Safety Plan & Schedule Re-entry Meeting*
- Initiate Rtl process to develop interventions to address social/emotional concerns
- Complete *Suicide & NSSI Risk Assessment Follow-Up* and document in [Microsoft Forms](#)

HIGH RISK

Reports frequent, intense, and enduring suicidal ideation. Has written suicide note or reports specific plans, including choice of lethal methods and availability/accessibility of the method. Student presents with multiple risk factors and identifies few, if any, protective factors.

- Contact the parent regarding the assessment**
- Parent (or other trusted adult with parent permission) must come to the school to meet in person
- Secure/Remove any weapons or items from student's plan
- Interview Parent/Assess for changes in the school environment
- Have the parent sign a *Suicide & NSSI Risk Review and Release of Information* for communication with MH professional/agency
- Arrange for parent to take student to an outside MH professional/agency **immediately (student should not be left unsupervised until he/she has been evaluated by a professional and deemed safe)**
- Fax risk assessment to identified MH professional/agency
- Create a *Safety Plan & Schedule a Re-entry Meeting*
- Initiate Rtl process to develop interventions to address social/emotional concerns
- Complete *Suicide & NSSI Risk Assessment Follow-Up* and document in [Microsoft Forms](#)

** If all options to contact the parent have been exhausted, contact the school's SRO

RCSS MHT Members who completed the assessment (Name/Title/Signature):
