Words to Use (Instead of "says" or "shows")

writes observes notes remarks adds declares claims states comments thinks portrays depicts conveys implies reveals demonstrates exemplifies illustrates explains elucidates clarifies paints alleges affirms asserts argues repudiates refutes dispels reverts embodies inspires regales empowers constrains constructs creates pervades foreshadows predicts suggests hints

manipulates enhances discerns masters meanders transforms solidifies transcends informs sustains intimates epitomize