

# Pre-K

## At home learning activities

### -Music and Movement

Bunny Dance and Freeze with Jack Hartman Bunny Dance  
Can't Stop the Feeling- Go Noodle Can't Stop the Feeling

### Phonological Awareness

Using plastic eggs fill each container with different objects that make sounds such as bells, buttons, rocks, rice or beans. Leave out one piece of each type of filler. Have your child shake the container and identify the type of object inside, using the pictures as clues.

### Literacy

**Read** The Good Egg. In this story, the egg focuses all his energy on helping others and making sure everything is going right. When the eggs around him are misbehaving, he tries to intervene and get everyone back on track. But the other eggs don't really listen to him. This is a great story to use to help children understand they aren't in control of other children's behaviors. After reading the book, talk about what is in and out of our control. You can trace your child's hand and have them tell you things he can control while you write what he says inside the hand or you can also use an outline of an egg and have your child draw pictures of what is in his control and write the words he says by each picture.

### Science

Soak hard-boiled eggs in soda/flavored drink mix overnight. The next day, talk with your child about what happened to the egg. Tell her that the food we eat, particularly sugar can stain our teeth just like it stained the egg. Ask your child how she might be able to remove the stain. Give your child a toothbrush and toothpaste to remove the stain. Talk to her about how she must get all the stain off the egg just like we do when we brush our teeth because when the stain stays on our teeth, it causes cavities. Integrate this with a discussion of "GO" healthy and "NO" non-healthy foods.

Extension: Soak an egg in vinegar for a few days and notice how it changes each day. The shell will become soft after a few days because the vinegar pickles the egg.