

Terrace Manor Elementary School
Eye of the Tiger
Comprehensive School Counseling Program

"The flower that
blossoms in adversity
is the most rare and
beautiful of all." -
Disney Movie

Eye of the Tiger Counseling Services

- Short Term Individual Counseling
- Small Group Counseling
- Classroom Guidance Lessons
- Crisis Intervention
- Consultation with Parents and Teachers
- Coordination with Outside agencies & therapist
- Referrals for Community Services



Common Issues

- Anxiety
- Lack of Anger Management
- Lack of Friendship Skills
- Stress Overload
- Lack of Conflict Resolution
- Unable or Unwilling to Manage Feelings



Request for Services

You may request Counseling Services for your child or children during School.

As the school Counselor I am able to provide short term counseling.

If you are interested in your child receiving individual or Group Counseling, please complete this form and have your child to return it to his or her Homeroom Teacher.

I will contact you and arrange a schedule with your child.

Child's Name: _____

Child's Teacher: _____

Parent's Name: _____

Contact Phone # _____

Best time to Contact _____

Briefly Describe Your concerns:

Why do Children Need Counseling?

- Children learn best when they feel good about themselves and their relationships with other.
- Children who understand their feelings are better able to control their behaviors.
- We know that stress affect focus and learning, but its impact can be reduced with proven self-regulation strategies.
- School, Parents, and Communities that communicate and collaborate provide the most effective support for children.
- Attitudes formed during elementary school shapes future attitudes towards learning self and society.

About Mrs. Williams

I have over 20 years of experience working with children & adolescent. I have Master of Science Degree in Mental Health Counseling and Psychology, and working on a 2nd Master Degree in Education Specialist- School Counseling.

Contact Information

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